



"Learn by Doing" Track & Field Series & Pole Vault Safety Clinic

Coaching Staff

Kurt Hasenstein (High Jump) - Glenbrook South High School

Hasenstein was a multi All-American and 1988 graduate of North Central College. He coached the multi events and throws at North Central College and Mankato State. Hasenstein is the head cross country and track & field coach. He has served as a clinician and instructor for numerous track & field clinics

Kate Hillman (Pole Vault) - Batavia High School

Hillman was a standout athlete for Elmhurst College, she competed in the pole vault, heptathlon, and sprint/relay events. As the boys' and girls' pole vault coach, she has produced several conference champions, 3 state finalists, and the 2006 IHSA Girls' State champion.

James Houston (Pole Vault) - Plainfield South High School

Houston currently serves as the boys' and girls' assistant coach. He has produced several conference champions, 2 IHSA State Champions, 6 All-State athletes, and 2 National level all-Americans. Houston was a CCIW Conference champ and 3-time All-American in the pole vault for NCC. He has served as an instructor for several pole vault instruction camps.

Chuck Morgan (Hurdles) - Schaumburg High School

As an assistant coach for the girls' track & field team, Morgan coaches the hurdles and jumps. He has coached numerous athletes that were conference and sectional champions, along with many state qualifiers in the 100m and 300m hurdles. He has served as an instructor and clinician for several track & field clinics and camps. Morgan is in the ITCCCA Coaches Hall of Fame.

Josh Stumpenhorst (Long Jump & Triple Jump) - Lincoln Junior High School

Stumpenhorst was a multiple CCIW Indoor and Outdoor champion and NCAA qualifier in the triple jump for North Central College. He is currently on the NCC Top-10 triple jump performance list. He begins his 3rd year as the boys' and girls' assistant coach. Stumpenhorst has also served as a clinician for several track & field clinics.

Jon Schweighardt (Hurdles) - North Central College

Schweighardt currently serves as an assistant coach for the football staff. He was a standout athlete for the Northwestern University football program, as a member of a Big-10 Championship team. He was also a standout hurdler, sprinter and multiple IHSA State Champion. Schweighardt was also a member of an IHSA State Championship team with Wheaton-Warrenville South High School.

Anna Swisher (Shot Put and Discus) - University of Chicago

Swisher recently threw discus, shot, and hammer for Williams College. She has won ECAC Conference title in the discus. Swisher placed 9th and 14th in the discus and shot put, respectively at the 2004 NCAA Division III National Championships. She is currently the assistant track field coach University of Chicago. Swisher has served as an instructor and lecturer at several track & field clinics and camps.

Schedule

Sunday, December 10th

(10am-12:30pm)

Triple Jump

High Jump

Shot Put

(1:30pm-4pm)

Hurdles

Discus

Long Jump

Sunday, December 17th

(Noon-4pm)

Pole Vault/Safety

(Coaches only)