

# TAYLOR S. ARMAN, MSEd, ATC

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## EDUCATION

### **DOCTOR OF HEALTH SCIENCE**

August 2017-Present

**University of Indianapolis**, Indianapolis, Indiana

**Doctoral Project:** *Perceptions of a Skills-Based Continuing Education Activity Experience for Athletic Trainers: A Qualitative Study*

### **MASTERS OF SCIENCE IN EDUCATION**

August 2011

**Old Dominion University**, Norfolk, Virginia

**Thesis:** *Perceptions of Post-Professional Athletic Training Education Program Graduates Related to Program Content and Competency*

NATA Accredited Post-Professional Athletic Training Program

### **BACHELORS OF ARTS**, Athletic Training

June 2009

**North Central College**, Naperville, Illinois

**Minor:** Psychology

## PROFESSIONAL TEACHING EXPERIENCE

### **COORDINATOR OF CLINICAL EDUCATION**

August 2016- Present

**North Central College**, Naperville, Illinois

- Successfully completed the CAATE comprehensive review process during 2016-2018 academic years that resulted in the granting of 10 years of re-accreditation
- Develop and oversee clinical education for students of the Athletic Training Program, including on and off-campus clinical rotations and internships
- Created website and programming to mentor on and off-campus preceptors
- Assist Program Director with managing the program and educational standards to maintain accreditation from the CAATE

### **ASSISTANT PROFESSOR OF ATHLETIC TRAINING**

December 2011-Present

**North Central College**, Naperville, Illinois

Assistant Professor of Kinesiology, September 2018-August 2019

Instructor of Kinesiology, September 2017-August 2018

Instructor of Health and Physical Education, October 2012-August 2017

Adjunct Instructor of Health and Physical Education, December 2011-October 2012

#### ***Courses Taught:***

- KIN 147: First Aid
- KIN 156: Medical Terminology (100% Online)
- KIN 157: Acute Care and Management
- KINE 220: Clinical Experience in Athletic Training I (Blended and In-Person)
- KIN 225: Introduction to Athletic Training I
- KIN 247: Human Anatomy
- KIN 299: Medical Terminology (Independent Study)
- KIN 325: Introduction to Athletic Training II
- KINE 330: Clinical Experience in Athletic Training II (Blended and In-Person)
- KINE 340: Assessment: Lower Extremity and Back Injuries
- KINE 440: Clinical Experience in Athletic Training III (Blended and In-Person)
- Academic advisor for students in the Kinesiology Department (athletic training, exercise science, and sport management)

***Courses Taught:***

- ESPER 340: Advanced Prevention and Care of Injuries Related to Physical Activity
- HE 224: Advanced First Aid and Emergency Care

**PROFESSIONAL CLINICAL EXPERIENCE**

**ATHLETIC TRAINER**

October 2012-July 2016

**North Central College, Naperville, Illinois**

- Assistant athletic trainer responsible for the care of the Women's Volleyball, Men's and Women's Cross Country, and Men's and Women's Track and Field teams; previous experience with Football, Men's Basketball, and Women's Lacrosse teams
- Interim head athletic trainer (October 2012-July 2013)
- Coordinated medical services for the 2013 Division III National Men's and Women's Indoor Track and Field Championships and multiple CCIW Conference Championship Cross Country and Track and Field Meets
- Developed sickle cell trait and concussion policy; annual review of policies and procedures
- Coordinator for the athletic insurance program
- Organized and managed annual pre-participation exams
- Preceptor for Athletic Training Program

**ATHLETIC TRAINER**

August 2011-October 2012

**Athletico, Oakbrook, Illinois**

- PRN athletic trainer from of October 2012-September 2015
- Athletic trainer at North Central College responsible the care for the Women's Volleyball, Junior Varsity Football, Men's and Women's Swimming, Men's and Women's Tennis, Men's Basketball, and Women's Lacrosse teams
- Preceptor for North Central College's Athletic Training Program
- Worked in the physical therapy clinic assisting patients with rehabilitative exercise and performed front office duties
- Provided athletic training services at outreach events including high school events, club tournaments, Special Olympics, and local races

**ATHLETIC TRAINER**

August 2009-June 2011

**Lake Taylor High School, Norfolk, Virginia**

- Managed one athletic training facility and cared for 20 varsity and junior varsity girls' and boys' sports
- Wrote emergency action plans and operating policies and procedures for athletic training and athletic facilities
- Administered budget and inventory for the athletic training facility

**CERTIFICATIONS**

- BOC Certification *2000001230*
- National Provider Identifier *1962818971*
- Illinois State Licensure *096003284*
- Stop the Bleed Instructor 2019-Present
- American Heart Association BLS Instructor 2011-Present
- Graston Technique Module 1 Trained 2009-Present
- Virginia State Licensure 2009-2011
- American Red Cross First Aid/CPR/AED Instructor 2009-2011
- VHSL Certified Weight Measurer 2009-2011

## **PROFESSIONAL AFFILIATIONS**

- National Athletic Trainers' Association 2007-Present
- Great Lakes Athletic Trainers' Association 2007-2009, 2011-Present
- Illinois Athletic Trainers' Association 2007-2009, 2011-Present
- Golden Key Honors Society 2010-Present
- Psi Chi National Honors Society 2009-Present
- Mid-Atlantic Athletic Trainers' Association 2009-2011
- Virginia Athletic Trainers Association 2009-2011

## **PRESENTATIONS AND RESEARCH**

- **Arman, TS.** *Stop the Bleed Training*, North Central College, September 2019, Naperville, IL.
- **Arman, TS, & Selsky, KL.** *Exertional Heat Stroke: Recognition and Management*, Invited Speaker, Northwestern Medicine Athletic Training Department, July 2019, Warrenville, IL.
- **Arman, TS.** *Adnominal Injuries in the Athletic Population*, Invited Speaker, Southwestern Conference Summer Seminar, July 2019, Edwardsville, IL.
- **Arman, TS.** *Medial Tibial Stress Syndrome: Can We Prevent It?* Invited Speaker, Southwestern Conference Summer Seminar, July 2019, Edwardsville, IL.
- **Arman, TS.** *Putting EBP into AT Practice*, Invited Speaker, Central Suburban League Seminar, April 2019, Winnetka, IL.
- **Arman, TS & Statitis, A.** *Medial Tibial Stress Syndrome: So Much More than Shin Splits*, BOC Approved EBP Featured Presentation, Great Lakes Athletic Trainers' Association Annual Symposium, March 2019, Wheeling, IL.
- **Arman, TS,** and Walker, T. *Differential Diagnosis*, Presenter, Illinois Athletic Trainers Association Annual Symposium, November 2016, Lisle, IL.
- **Arman, TS.** *Putting Evidence Based Practice into Practice*, BOC EBP Online Continue Education Programming, Innovative CEUs, 2015-Present.
- **Arman, TS.** *Putting Evidence Based Practice into Practice*, BOC EBP Approved Workshop Presenter, Great Lakes Athletic Trainers' Association Annual Symposium, March 2015, Wheeling, IL.
- **Arman, TS.** *Putting Evidence Based Practice into Practice*, BOC EBP Approved Featured Presenter, Great Lakes Athletic Trainers' Association Annual Symposium, March 2014, Wheeling, IL.
- **Arman, TS, & Hankemeier, DA.** *From the Classroom to the Clinic: Putting Evidence Based Practice into Practice*, Presenter, Great Lakes Athletic Trainers' Association Annual Symposium, March 2013, Wheeling, IL.
- Catalano, NA, **Arman, TS,** Walter, JM, Hankemeier, DA, Manspeaker SA, & Van Lunen BL. *Clinical Satisfaction Levels of National Athletic Trainers' Association Accredited Post-Professional Athletic Training Graduates*, Poster Presentation, 2012 NATA Annual Meeting and Clinical Symposium, St. Louis, MO.
- Great Lakes Athletic Trainers' Association Annual Symposium, Student Session: *Professional Roundtable Discussion*, Panel Member, March 2012, Wheeling, IL.
- Glauser, S, **Arman, TS,** & Gonzalez, P. (2011). Intramuscular hemangioma of the left gastrocnemius muscle in a high school basketball player: A case report, *PM&R*, 3(10 Supplement 1), S237-S238.
- **Arman, TS,** & Catalano, NA. *Implementation of Ankle Disablement Model*, Presenter, Old Dominion University Clinical Preceptor Meeting, May 2010, Norfolk, VA.
- **Arman, TS.** *The "L" Word*, Presenter, Illinois Athletic Trainers Association Annual Symposium, November 2009, Lisle, IL.

## **SUPERVISED RESEARCH**

- Undergraduate Research Project: Mary Chapman 2018-2019
  - *Suboccipital Release and Hamstring Length*
  - Submitted for presentation at NCUR and presented at the Rall Symposium
- Graduate Capstone Project: Michelle Lazowski, ATC 2016-2017
  - *Prevention of Anterior Cruciate Ligaments in Female Soccer Athletes*

- Graduate Capstone Project: Robert Smith, ATC 2016-2017
  - *Sustainability Practices in Athletic Training*
- Undergraduate Honor's Thesis: Morgan Mason 2016-2017
  - *Longevity in Athletics: Can Sport Specialization Change the Game?*
  - Poster presentation at NCUR and oral presentation at the Rall Symposium

## **ACTIVITIES AND AWARDS**

- UIndy Doctor of Health Science Peer Mentor Spring and Fall 2019
- NATA Research and Education Foundation Scholarship March 2019
- Faculty Mentor, Women's Track and Field 2017-Present
- Chicago Marathon Medical Volunteer 2006-2008, 2011, 2018-2019
- Gael D. Swing Creativity Grant February 2017
- CAFÉ Technology Innovation Grant January 2017
- North Central College Search Committee Member
  - PA Founding Program Director 2019
  - DPT Founding Program Director 2019
  - Masters of Occupational Therapy Field Work Coordinator 2017
  - First Aid Program Coordinator 2017
  - Exercise Science Program Director and Clinical Coordinator 2016
  - Assistant Athletic Trainer 2015, 2016
  - Athletic Training Clinical Education Coordinator 2013
  - Head Athletic Trainer 2012
- Faculty Professional Development Committee August 2016-Present
- GLATA President's Excellence Award March 2015
- Cleo Tanner National Gender and Women's Day in Sport Award February 2015
- GLATA Education Committee Member 2014-Present
- North Central College Cardinal Athletic Training Students Advisor 2012-Present
- Illinois Athletic Trainers Association Student Congress Advisor 2011-Present
- Relay for Life Participant 2007-2016
- NATA iLead Attendee 2009
- NATA Hit the Hill Attendee 2009