

**Tammy S. Wynard**  
**Curriculum Vitae**  
**tswynard@noctrl.edu**

Education

2021-Present: Ph.D., Health Sciences, Northern Illinois University, DeKalb, Illinois

2001 M.S., Applied Health Sciences, Indiana University, Bloomington, Indiana

- Concentration – School & College Health Education & Grades 6-12 Teaching Certificate
- Thesis: Efficacy of Normative Education in the Health Classroom

1997 B.S., Illinois State University, Normal, Illinois

- Major: Community Health Education
- Minor: Speech Communications
- Concentration: Drug Education

Professional Positions

<b>Position</b>	<b>Organization</b>	<b>Years</b>
Associate Professor of Health Science	North Central College, Naperville, IL	2021-Ongoing
Department Chair of Health Sciences, Assistant Professor	North Central College, Naperville, IL	2020-2022
Interim Director, Graduate Leadership Programs	North Central College, Naperville, IL	2020-2021
Director, Trauma-Informed Practice Graduate Programs	North Central College, Naperville, IL	2019-Ongoing
Department Chair of Kinesiology, Assistant Professor	North Central College, Naperville, IL	2016-2020
Teaching Physical Education and Health Education Coordinator	North Central College, Naperville, IL	2014-2018
Visiting Instructor of Health & Physical Education – Full-Time	North Central College, Naperville, IL	2011-2016
Master of Public Health Adjunct Faculty	Benedictine University, Lisle, IL	2008-2011
Health Education Adjunct Faculty	Aurora University, Aurora, IL	2006-2010
Health Education Adjunct Faculty	Northern Illinois University, DeKalb, IL	2005-2016
Health Education Teacher - Half-Time	Roselle Middle School, Roselle, IL	2005-2007
Well at Work Coordinator - Half-Time	Edward Hospital, Naperville, IL	2004-2005

Smoking Cessation Facilitator - PRN	Rush Copley Hospital, Aurora, IL	2004-2004
Health Education Teacher – Full-Time	West Aurora High School, Aurora, IL	2002-2004
Sexual Health Educator – Full-Time	DuPage County Health Department, Wheaton, IL	1998-2000
Tobacco Health Educator - Half-Time	DuPage County Health Department, Wheaton, IL	1997-1997

#### Undergraduate Courses Taught at North Central College

- Advanced Concepts of Health Promotion
- Community Health
- Curriculum Development and Methods of Evaluation in Health Education
- First Year Seminar – Health and Media
- Foundations of Community Health Promotion
- Health Behavior and Health Promotion
- Human Sexuality
- Personal Health & Wellness
- Special Topics in Health Promotion
- Strategies to Address Trauma, Health and Physical Activity in Schools

#### Graduate Courses Taught at North Central College

- Health Care Systems & Advocacy
- Trauma and Its Effects on Health and Learning
- Trauma-Informed Practice Research Seminar
- Trauma-Informed Practice Capstone

#### Scholarship

##### Selected Publications

- Clucas Walter, M., & Wynard, T. (2025). Preparing educators to support SEL: The foundational role of trauma-informed training. *Social and Emotional Learning: Research, Practice, and Policy*, 5, 1–9.
- Wynard, T., Voss, M., McCann, N., & McCleave, N. (2024). A case study example to train interprofessional teams in addressing the social determinants of health in older adults. *Home Healthcare Now*, 42, 277–284.
- Ellison, D., Wynard, T., Walton Fisette, J., & Benes, S. (2020). Preparing the next generation of health and physical educators through trauma-informed programs. *Journal of Physical Education, Recreation & Dance*, 91, 30–40.
- Wynard, T. (2020). The Quiver of the pandemic unknowns: Trauma-informed resources. *Journal of Physical Education, Recreation & Dance*, 91, 56–67.
- Wynard, T., Benes, S., & Lorson, K. (2020). Trauma-sensitive practices in health education. *Journal of Physical Education, Recreation & Dance*, 91, 22–29.

## Selected Presentations

- Wynard, T. (2024). *Inclusion of diverse voices: Incorporating social media posts*. St. Louis, MO: Society for Public Health Education.
- Wynard, T. (2024). *Trauma-informed practices: The landscape of application*. Virtual: LEAP (Liberal Education and America's Promise) Indiana.
- Wynard, T., & Clucas Walter, M. (2023). *Addressing mental health and neurodiversity in the classroom with a trauma-informed approach*. Northern Illinois University, DeKalb, IL: Faculty Academy on Cultural Competence and Equity.
- Wynard, T., Glynn, N., & Allen, L. (2023). *Voices & voids: Feedback from participants of trauma-informed trainings*. Virtual: Trauma Informed Educators Network.
- Arman, T., Selsky, K., & Wynard, T. (2023). *Trauma-informed care and pedagogy in athletic training education: A learning lab*. Wheeling, Illinois: Great Lakes Athletic Trainers Association.
- Wynard, T. (2022). *Do 'know' harm: trauma-informed approaches and considerations*. Elgin, IL: Associated Colleges of the Chicago Area Conference.
- Wynard, T., Engimann, E., & Keleghan, J. (2021). *Trauma-informed educational practices for children & adolescents certification*. Virtual: Safe States Alliance Conference.
- Wynard, T., Benes, S., & Lorson, K. (2021). *Facilitating trauma-informed practices in health education*. Virtual: Society for Public Health Education (SOPHE).
- Wynard, T. & Walton Fisette, J. (2021). *Critical conversations #1 - Preparing the next generation of health and physical educators through trauma-informed programs*. Virtual: Society of Health & Physical Educators (SHAPE) America.
- Wynard, T. (2020). *Constructing evidence based teaching in higher education and professional development on adverse childhood experiences and trauma informed practices: Influences from literature and experience*. Virtual: Society for Public Health Education.
- Benes, S., Lorson, K., & Wynard, T. (2020). *Strategies on becoming a trauma-informed health education classroom*. Virtual: Society of Health & Physical Educators (SHAPE) America.
- Wynard, T. (2019). *Prioritizing adverse childhood experiences (aces) and trauma informed practice education in professional preparation programs: Identified gaps and essential action needed*. Salt Lake City, UT: Society for Public Health Education.
- Wynard, T. (2019). *You got an ace! Is it high or is it low?* St. Louis, MO: American School Health Association.

## Grants

- Title: A Qualitative Study Examining the Voices of Self-Identified Individuals from Marginalized Groups and Their Perspectives on Trauma-Informed Training Components for PK-12 Teachers  
Sponsor: Northern Illinois University - Center for the Interdisciplinary Study of Language and Literacy PoP Grant  
Start Date: 2024-10-14  
End Date: 2025-05-31  
Total Funding: \$1518.00
- Title: The Continued Investigation of Identified Gaps in Preparing Future Education & Health Professionals in Trauma Informed Responsive Strategies and the Requirements of Teaching about ACEs and TIPs in Midwest Institutions of Higher Education Teacher Preparation Programs  
Sponsor: North Central College Center for Faculty Excellence

Start Date: 2019-06-10  
End Date: 2019-07-31  
Total Funding: \$5880.00

- Title: Examining the Gap of Teaching about Adverse Childhood Experiences and Trauma Informed Practices to Elementary Education Teacher Candidates  
Sponsor: North Central College Center for Faculty Excellence  
Start Date: 2018-06-11  
End Date: 2018-08-03  
Total Funding: \$5926.00

#### Institutional Committees

- Committee Name: Teacher Education Committee  
Start Term: Spring 2017  
End Term: Ongoing  
Unit Name: North Central College  
Responsibility: Member
- Committee Name: Faculty Welfare Committee  
Start Term: Fall 2020  
End Term: Spring 2022  
Unit Name: North Central College  
Responsibility: Member

#### Institutional Service

- Start Term: Fall 2024 End Term: Spring 2025 - Interim Health Science Major Program Director
- Start Term: Fall 2024 End Term: Fall 2024 - Mid-term Review Committee
- Start Term: Fall 2024 End Term: Fall 2024 - 6th Year Review Committee
- Start Term: Fall 2024 End Term: Fall 2024 - Trauma-Informed Care Presentation for the Occupational Therapy Advocates for Diversity (COTAD) Bridging the Gap: Embracing Diversity Conference
- Start Term: Spring 2024 End Term: Spring 2024 - Provided a 2-hour staff workshop on Do 'Know' Harm: How Trauma-Informed Approaches Are Strength-Based and Student-Centered
- Start Term: Fall 2023 End Term: Fall 2023 - Tenure Review Committee
- Start Term: Fall 2022 End Term: Fall 2022 – Assisted in finding a Trauma-Informed Opening Week Faculty Plenary Speaker
- Start Term: Fall 2021 End Term: Spring 2022 - Search Committee Chair, Sport Management
- Start Term: Fall 2020 End Term: Spring 2022 - Nutrition Science Accreditation Committee Member
- Start Term: Spring 2019 End Term: Spring 2021 - Honorary Doctorate Committee
- Start Term: Fall 2020 End Term: Fall 2020 - Faculty Presenter, Annual CAFE Grant Funding Faculty Workshop
- Start Term: Fall 2020 End Term: Fall 2020 - Presenter, Opening Department Chair Meeting
- Start Term: Fall 2020 End Term: Fall 2020 - Search Committee Member, Physical Therapy Faculty
- Start Term: Summer 2020 End Term: Summer 2020 - Search Committee Member, Nutrition Science Program Director
- Start Term: Spring 2020 End Term: Spring 2020 - Search Committee Member, School of Education & Health Sciences Dean's Administrative Assistant

- Start Term: Fall 2016 End Term: Spring 2020 -Athletic Training Major Assessment Committee
- Start Term: Summer 2019 End Term: Fall 2019 - Chair, Exercise Science Tenure Track Search
- Start Term: Fall 2017 End Term: Spring 2019 - Chair, MOT Faculty Search
- Start Term: Fall 2018 End Term: Winter 2019 - Chair, Exercise Science Program Director
- Start Term: Summer 2017 End Term: Fall 2017 -Athletic Training CAATE Accreditation Internal Reviewer
- Start Term: Winter 2017 End Term: Spring 2017- Chair, Health Science Program Director Search
- Start Term: Fall 2016 End Term: Spring 2017 - Chair, Exercise Science Clinical Coordinator Faculty Search
- Start Term: Fall 2016 End Term: Winter 2017 - Chair, Exercise Science Tenure Track Program Director Search

#### Task Forces

- Start Term: 2017/04 End Term: 2018/04  
Task Force: Partnered with administration from the Illinois Education Association, University of St. Francis, and the Center for High Needs Schools to plan ongoing professional development opportunities for educators in PreK-12th grade and in higher education related to Trauma Informed Practices.
- Start Term: 2017/02 End Term: 2018/01  
Task Force: Assisted in determining the criteria for the Well-being requirements for the new General Education curriculum at North Central College

#### Professional Service

- Start Term: Fall 2024 End Term: Fall 2024  
Title: Guest Lecturer  
Organization: North Central College  
Description: Provided a guest lecture presentation regarding Trauma-Informed Approaches to the Fall PSYC 325 Child Psychopathology course
- Start Term: Fall 2023 End Term: Fall 2023  
Title: Guest Lecturer  
Organization: North Central College  
Description: Provided a two-day guest lecture presentation regarding Trauma-Informed Approaches in HTSC 230 Community Health
- Start Term: Fall 2023 End Term: Fall 2023  
Title: Virtual Guest Presenter  
Organization: Saint Francis University, Loretto, PA  
Description: I was invited by a colleague to provide a 60-minute virtual presentation on trauma-informed care to twenty-five Doctor of Physical Therapy students.
- Start Term: Spring 2022 End Term: Fall 2022  
Title: Guest Lecturer  
Organization: North Central College  
Description: Provided 4 guest lecture presentations regarding Trauma-Informed Practice and NCC's Trauma-Informed Programs in HTSC 200 Personal & Family Wellness, HTSC

230 Community Health, PSYC 325 Child Psychopathology, and PSYC 360 Psychological Assessment

- Start Term: Summer 2021 End Term: Summer 2021  
Title: Media Interviewee  
Organization: Elgin-Courier News  
Description: How Using Humor Can Help You Cope with Traumatic Event Or Tragedy
- Start Term: Spring 2020 End Term: Spring 2020  
Title: Media Interviewee  
Organization: Various Organizations  
Description: Provided an interview to television (NC17), radio (WBBM-AM), and print (NCC Spring 2020 Magazine) on trauma informed practices during the pandemic.
- Start Term: Fall 2018 End Term: Spring 2020  
Title: Online Module Creator  
Organization: North Central College  
Description: Created an Online Learning Module for students enrolled in EDN 200 K12 and High School Teaching about Trauma Informed Practices.
- Start Term: Fall 2019 End Term: Fall 2019  
Title: ACES: It is Not Rocket Science, It is Brain Science  
Organization: Evangelical Lutheran Church in America  
Description: Invited presentation on adversity in childhood and trauma informed faith communities to 15 south suburban ELCA pastors.
- Start Term: Fall 2019 End Term: Fall 2019  
Title: Presenter, Symposium on Adversity & Healing  
Organization: Good Shepard Lutheran Church, Naperville  
Description: Co-presented with two community therapists and a Pastor on childhood trauma and the avenues of healing.
- Start Term: Fall 2019 End Term: Fall 2019  
Title: Resilience: The Biology of Stress and the Science of Hope  
Organization: North Central College  
Description: Curated a community wide event with seven other local organizations to host a viewing of the documentary Resilience followed by a question and answer session with the audience. Approx 140 people were in attendance at the event
- Start Term: Spring 2019 End Term: Spring 2019  
Title: ACES: It is Not Rocket Science, It is Brain Science  
Organization: Metea Valley High School  
Description: Invited presentation for parent education night
- Start Term: Fall 2016 End Term: Spring 2019  
Title: Key Informant and Advisory Board Member  
Organization: Robert Crown Center for Health Education (now Candor Health Education)  
Description: Candor Health Education is a nonprofit organization that educates students, their trusted adults and communities on the topics of drug and sex education. They provide science- based information in a safe, engaging environment so students gain age-appropriate knowledge which prepares them to make informed decisions that positively impact their health. Hinsdale, IL
- Start Term: Winter 2018 End Term: Winter 2019  
Title: Guest Lecturer, Intro to Health Sciences  
Organization: North Central College

Description: Provided an hour-long presentation in the Introduction to Health Sciences course on professional avenues that one can pursue that are non-clinically based.

- Start Term: Fall 2018 End Term: Winter 2019  
Title: Presenter  
Organization: Center for Success in High Needs Schools  
Description: Provide 60-90 minute on-going Professional Development webinars (2 a term) for the members of the Center for Success in High Needs schools. Topics include the role of childhood trauma education in higher education, as well as in the current landscape in Pre-K-12th grade settings.
- Start Term: Fall 2018 End Term: Fall 2018  
Title: Presenter  
Organization: North Central College, Education Department  
Description: Presented on Adverse Childhood Experiences in the Education setting to attendees at the annual NCC Education Homecoming dinner.
- Start Term: Summer 2018 End Term: Summer 2018  
Title: Co-Coordinator Conference Event  
Organization: The Kinesiology Department and the Center for Success in High Needs Schools  
Description: Planned and hosted an all-day Live-Stream event in the Wentz Science Center for 60 community participants on Childhood Trauma and the impact in the school classroom.
- Start Term: Summer 2018 End Term: Summer 2018  
Title: Presenter at the Summer Institute  
Organization: Center for Success in High Needs Schools  
Description: Invited presenter at annual statewide education conference. Presented a 60-minute session on childhood trauma and the impact it has on learning.
- Start Term: Spring 2018 End Term: Spring 2018  
Title: Presenter at Project LEAD Conference  
Organization: Center for Success in High Needs Schools  
Description: Invited presenter at the annual leadership conference for students enrolled in Teacher Ed programs affiliated with the Center and their faculty members. Presented a 90-minute session on Adverse Childhood Experiences and Trauma Informed Practices in the school setting.
- Start Term: Winter 2018 End Term: Winter 2018  
Title: Faculty Interviewer  
Organization: NCC Graduate and Professional Studies Office  
Description: Assisted for two days of the Masters in Occupational Studies student entrance interviews for the new graduate program.
- Start Term: Spring 2017 End Term: Spring 2017  
Title: Health Education Curriculum Reviewer  
Organization: Hinsdale Middle School
- Start Term: Spring 2017 End Term: Spring 2017  
Title: Human Trafficking: Community Awareness Event  
Organization: North Central College  
Description: Coordinated and facilitated an on-campus panel discussion event on Human Trafficking. Panel members included an FBI Agent & Victim Specialist, a Police Sergeant, Police Department Social Worker, and a Director of a Recovery Home for Human

Trafficking. They each provided a brief overview of their professional roles and responded to questions.

- Start Term: Fall 2014 End Term: Winter 2017  
Title: Professional Development Committee Member  
Organization: American School Health Association  
Description: Participated in the ongoing planning, assessment, and implementation of conference sessions and speakers, as well as year-round webinar topic selection.
- Start Term: Fall 2014 End Term: Summer 2016  
Title: Peer Reviewer  
Organization: Journal of Health Education Teaching Techniques
- Start Term: Fall 2013 End Term: Spring 2015  
Title: Committee Member  
Organization: Aurora-Naperville Substance Use and Abuse Prevention Coalition  
Description: Invited member of a grassroots effort to design and implement environmental strategies to prevent substance use and abuse to the areas serving school districts 203-204.

#### Recent Professional Development

- Start Term: Fall 2024 End Term: Fall 2024  
Title: Artificial Intelligence (AI) and Health Education: Understanding Future Implications  
Description: A virtual session was provided via a webinar by The Society for Public Health Education.
- Start Term: Fall 2024 End Term: Fall 2024  
Title: Illinois Association for Infant Mental Health Conference  
Description: A virtual conference on trauma-informed approaches and resilience.
- Start Term: Fall 2024 End Term: Fall 2024  
Title: The Power of Polyvagal Theory with Dr Stephen Porges and Peter A. Levine PhD  
Description: A virtual session was provided via a webinar by The Polyvagal Institute.
- Start Term: Fall 2024 End Term: Fall 2024  
Title: The Three Es of Teaching With AI: Ethics, Equity, and Empowerment  
Description: A virtual session was provided via a webinar by The Association of College and University Educators.
- Start Term: Spring 2024 End Term: Spring 2024  
Title: Society for Public Health Education  
Description: Attended the annual SOPHE conference.
- Start Term: Summer 2023 End Term: Summer 2023  
Title: Trauma Informed Educator Network Conference  
Description: Attended a virtual three-day virtual conference on trauma informed educational practices in the schools and community.
- Start Term: Summer 2023 End Term: Summer 2023  
Title: University of Michigan Summer Institute in Survey Research Techniques  
Description: Participated in a one-week virtual Introduction to Focus Group Interviewing Research Methods course.
- Start Term: Fall 2022 End Term: Fall 2022  
Title: Associated Colleges of the Chicago Area Pedagogy Symposium  
Description: Attended the annual Associated Colleges of the Chicago Area Pedagogy Symposium.
- Start Term: Fall 2022 End Term: Fall 2022  
Title: Finding Hope in Hard Places: Stories to Inspire Future Healing

Description: Attended the annual Illinois Association for Infant Mental Health online conference focused on trauma-informed practice and education.

- Start Term: Summer 2022 End Term: Summer 2022  
Title: National Research Conference on Early Childhood  
Description: Attended the online three-day National Research Conference on Early Childhood offered by the U.S. Department of Health & Human Services Office of the Administration for Children & Families.
- Start Term: Spring 2022 End Term: Spring 2022  
Title: Leading Inclusive Teams  
Description: Participated in 75 min NCC Training on Leading Inclusive Teams
- Start Term: Spring 2022 End Term: Spring 2022  
Title: Society for Public Health Education  
Description: Attended the annual three-day online Society for Public Health Education conference.
- Start Term: Spring 2022 End Term: Spring 2022  
Title: Trauma Presentation - Building the Movement in Education and Health Care  
Description: Attended the online four-hour session Trauma-Informed Practice centered on Building the Movement in the Education and Health Care Systems.
- Start Term: Summer 2021 End Term: Summer 2021  
Title: Trauma Informed Educator Network Conference: Enacting Equity  
Description: Attended a three-day virtual conference on trauma-informed educational practices in the schools and community.
- Start Term: Spring 2021 End Term: Spring 2021  
Title: Society for Public Health Education Conference  
Description: Attended the three-day annual, online conference.
- Start Term: Spring 2021 End Term: Spring 2021  
Title: SXSW EDU 2021 Conference  
Description: Attended online sessions that addressed public health, trauma, social justice and innovation in P-20 education, which increased knowledge on systems change and evidenced based practices.
- Start Term: Spring 2021 End Term: Spring 2021  
Title: University of Oregon TeachIN Online Workshops - Educational Equity & Anti-  
Description: UOTeach TeachIN was organized to bring together current UOTeach master's students, k-12 teacher alumni, teaching and research faculty, and community leaders interested in sharing educational ideas and projects with a focus on anti-oppressive pedagogies and transforming teaching. Attended workshops on trauma informed teaching, equity, and culturally responsive systems.
- Start Term: Winter 2021 End Term: Winter 2021  
Title: Caste Reading Roundtable  
Description: Participated in the internal grant received by NCC to have faculty and staff read and discuss CASTE: The Origins of Our Discontents by Isabel Wilkerson.
- Start Term: Spring 2020 End Term: Summer 2020  
Title: Society for Public Health Education Conference  
Description: Attended the annual SOPHE conference sessions online that were distributed over five months in spring, summer and fall due to the pandemic.
- Start Term: Spring 2020 End Term: Spring 2020  
Title: Trauma-Informed Pedagogy

Description: Attended an online session by Dr. Mays Imad on trauma informed pedagogy in higher education. The session was provided in response to the pandemic and online learning.

- Start Term: Fall 2019 End Term: Fall 2019  
Title: Bandwidth Recovery Presentation  
Description: Attended a NCC session on Bandwidth Recovery presented by Dr. Cia Verschelden, Vice President Academic & Student Affairs at City Colleges of Chicago-Malcolm X College.
- Start Term: Fall 2019 End Term: Fall 2019  
Title: Replanted Conference  
Description: Attended an 8-hour training on prenatal drug exposure effects and a two day training on trauma informed strategies.
- Start Term: Summer 2019 End Term: Summer 2019  
Title: Participant - Diversity Discussion Series: bell hooks' Teaching Community: A Pedagogy of Hope  
Description: Participated in the Diversity Discussion Series at North Central College
- Start Term: Spring 2019 End Term: Spring 2019  
Title: Society for Public Health Education  
Description: Attended the annual SOPHE conference.
- Start Term: Winter 2019 End Term: Winter 2019  
Title: Workshop Attendee, Trauma is a Word, Not a Sentence  
Description: Attended a 6-hour workshop on Trauma Sensitive Schools at Alexian Brothers Hospital.

### Consulting

- Start Term: Summer 2022 End Term: Summer 2022  
Client Name: LEAP Indiana Faculty Learning Community Meeting  
Estimated Hours Involved: 5  
Description: Provided a one-hour presentation to the faculty members from Indiana's LEAP (Liberal Education & America's Promise) organization. Faculty from around the state from various institutions come together to learn how to address Managing Stressors and Traumas in College Students. My presentation centered on Trauma Informed approaches and Consideration.
- Start Term: Summer 2019 End Term: Fall 2019  
Client Name: Dominican University  
Estimated Hours Involved: 15  
Description: Planned and provided a three-hour education seminar on Adverse Childhood Experiences and Trauma Informed Practices to current faculty, undergraduate, and graduate students at Dominican University.
- Start Term: Summer 2018 End Term: Fall 2018  
Client Name: Dominican University  
Estimated Hours Involved: 15  
Description: Planned and provided a three-hour education seminar on Adverse Childhood Experiences and Trauma Informed Practices to current faculty, undergraduate, and graduate students at Dominican University.
- Start Term: Fall 2016 End Term: Winter 2017  
Client Name: Robert Crown Center for Health Education

Estimated Hours Involved: 6

Description: Acting as a key informant by providing assets and barriers related to the functionality of a community health education organization working within the school district setting. Providing direction related to funding source options other than just the regularly used 'per student' fees.

- Start Term: Spring 2013 End Term: Spring 2013

Client Name: Oswego School District 308

Estimated Hours Involved: 5

Description: Provided consultation with the district junior high Health and Physical Education teaching team in establishing priorities of how to best align their curricula to support the Common Core literacy and mathematics expectations.

### Honors

- 2020 Alpha Eta Society, National Honor Society for The Allied Health Professions Inductee, North Central College, Naperville, IL
- 2011 Illinois School Health Association, Honor Award Winner, Bristol, IL
- 2008 Illinois School Health Association, Honor Award Winner, Bristol, IL
- 2001 American School Health Association, Health Education Student Scholarship Recipient, Albuquerque, NM
- 1995 Eta Sigma Gamma, National Health Education Honor Society Inductee, Illinois State University, Normal, IL

### Professional Memberships

Term: January 2024-Present

- Organization: Illinois Association for Infant Mental Health

Term: January 2016- Present

- Organization: Society for Public Health Education

Term: January 2020-January 2021

- Organization: Society of Health & Physical Educators (SHAPE) America

Term: January 2020-January 2021

- Organization: Safe States Alliance

Term: January 1997-January 2017

- Organization: American School Health Association

Term: January 1996-January 2017

- Organization: Illinois School Health Association