

Caitlin E. Luetger-Schlewitt

Curriculum Vitae

North Central College
30 N. Brainard St.
Naperville, IL 60540

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EDUCATION

- 2021 **Master of Arts, Clinical Mental Health Counseling**
The Family Institute, Northwestern University / Evanston, IL
- 2011 **Master of Arts, Liberal Studies**
North Central College / Naperville, IL
- 2009 **Bachelor of Arts, History**
DePaul University / Chicago, IL

FACULTY APPOINTMENTS

- 8/2023-Present Lecturer in Leadership & Career Readiness (full time)
Leadership, Ethics, & Values Program, School of Business & Entrepreneurship
North Central College / Naperville, IL
- 8/2022-12/2025 Adjunct Professor in Arts & Humanities
Art Department
McHenry County College / Crystal Lake, IL
- 1/2014-12/2016 Lecturer in Humanities (visiting)
Humanities Department, Liberal Arts Division
College of DuPage / Glen Ellyn, IL
- 10/2012-Present Adjunct Professor in Humanities
Humanities Department, Liberal Arts Division
College of DuPage / Glen Ellyn, IL
- 4/2012-6/2021 Adjunct Professor in Humanities
Humanities Department, Liberal Arts & Sciences
Waubensee Community College / Sugar Grove, IL
- 3/2012-7/2016 Associate Faculty in History and Humanities
Humanities Department, College of Humanities & Sciences
University of Phoenix / Chicago, IL

TEACHING EXPERIENCE

Undergraduate

North Central College (22-30 credit hours per academic year)

2026-Present	Leadership for Changemaking [Blended]
2024-Present	Designing Your Life [Asynchronous online]
2023-Present	Cardinal Careers [F2F, hybrid, asynchronous online]
2023-Present	Cardinal Internship Lab [asynchronous online]
2023-Present	Cardinal Internship [F2F, synchronous online, asynchronous online]
2023-2024	Cardinal Directions Senior Seminar [F2F, synchronous online, asynchronous online]

McHenry County College (3-15 credit hours per academic year)

2022-2025	Humanities Through the Arts [Asynchronous online] [Traditional and dual credit courses]
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College of DuPage (12-32 credit hours per academic year)

2017-Present	Women in Arts: Cultural and Artistic Expressions of Gender [Asynchronous online]
2015-Present	Humanities Beyond the US & Europe (previously called Non-Western Humanities) [F2F and asynchronous online]
2014	Windy City Humanities [F2F]
2014-Present	Introduction to World Mythology [F2F, asynchronous online, and synchronous online]
2013-Present	The Arts & Cultural Diversity [F2F, asynchronous online, and synchronous online]
2012-Present	Introduction to Humanities: The Arts [F2F, hybrid, asynchronous online, and synchronous online]
2012-Present	Introduction to Humanities: Ideas & Values [F2F, asynchronous online, and synchronous online]

Waubensee Community College (3-12 credit hours per academic year)

2013-2021	Survey of the Humanities [F2F, hybrid, and asynchronous online]
2012-2021	The Global Village [F2F and asynchronous online] [Traditional and dual credit courses]

University of Phoenix (3-15 credit hours per calendar year)

2014-2016	Critical Thinking & Creative Problem Solving [F2F]
2012-2014	US History since 1945 [F2F]
2012-2016	European History, the French Revolution to Present Day [F2F]

Graduate

Northwestern University (1 unit hour per quarter)

2021	Theories of Counseling (As TA to Dr. Nona Wilson) [Synchronous online]
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PROFESSIONAL EXPERIENCE

10/2022- 8/2023	Assistant Director of Career Coaching & Education (8/23) Assistant Director of Career Services (10/22-7/23) Career Management Center, Kellstadt Graduate School of Business DePaul University / Chicago, IL
1/2022-10/2022	Staff Therapist Mindful Psychology Associates PC / Evanston, IL
1/2021-3/2021	Teaching Assistant in Clinical Mental Health Counseling

Counseling Department and The Family Institute
Northwestern University / Evanston, IL

10/2020-12/2021	Staff Therapist (6/21-12/21) Clinical Counseling Intern (10/20-5/21) Evolution Counseling, Inc. / Naperville, IL
12/2019-7/2020	Clinical Counseling Intern Motivent Total Health / Westmont, IL
9/2019-3/2021	Graduate Assistant, The Family Institute Northwestern University / Evanston, IL
6/2017-9/2017	Program Coordinator, Community College Initiative Program College of DuPage / Glen Ellyn, IL

AREAS OF INTERESTS

Career motivation
Vocational behavior
Professional identity formation
Scholarship of teaching & learning
Employee well-being/work stress/burnout
Leadership & career development
Faculty development & training

HONORS & AWARDS

2023	Chi Sigma Iota-Nu Upsilon Omega chapter, Inductee; <i>Chi Sigma Iota</i>
2023	The Shared Coin, Recipient; <i>DePaul University</i>
2021	Counseling at Northwestern University Emerging Scholar Award (Winter QT); <i>The Family Institute at Northwestern University: \$9,000.00</i>
2020	Counseling at Northwestern University Emerging Scholar Award (Fall QT); <i>The Family Institute at Northwestern University: \$9,000.00</i>
2020	Counseling at Northwestern University Emerging Scholar Award (Summer QT); <i>The Family Institute at Northwestern University: \$9,000.00</i>
2020	Counseling at Northwestern University Emerging Scholar Award (Spring QT); <i>The Family Institute at Northwestern University: \$9,000.00</i>
2020	Counseling at Northwestern University Emerging Scholar Award (Winter QT); <i>The Family Institute at Northwestern University: \$9,000.00</i>

2019	Counseling at Northwestern University Emerging Scholar Award (Fall QT); <i>The Family Institute at Northwestern University: \$9,000.00</i>
2018	Northwestern University Merit Scholarship; <i>The Family Institute at Northwestern University: \$5,000.00</i>
2017	Outstanding Adjunct Faculty Award, Nominee; <i>College of DuPage</i>
2015	College-Wide Outstanding Faculty Award, Recipient; <i>College of DuPage</i>
2015	Outstanding Part Time Faculty Award, Honorable Mention; <i>Illinois Community College Trustees Association</i>

INSTITUTIONAL SERVICE

North Central College

College

FA2025-Present	Mentor, Center for the Advancement of Faculty Excellence (Café)
FA2025-Present	Project Manager-Faculty Mentorship Network, Center for the Advancement of Faculty Excellence (Café)
FA2025	Search Committee, Tenure Track Assistant Professor of Accounting (2 positions)
SU2025-Present	Associate Fellow, Center for the Advancement of Faculty Excellence (Café)
SP2025-FA2025	Assessor, Career Readiness Assessment
SP2025	Campus Partner, Student Disabilities Coordinator Search
SP2025	Campus Partner, Associate Director of Career Education Search
SP2025	Reviewer, Julia Nagashima Midterm Review
FA2024-SP2025	Search Committee, Tenure Track Assistant Professor of Accounting
FA2024-SU2025	Associate, Center for the Advancement of Faculty Excellence (Café)
SP2024-Present	Member, Faculty Career Champions Network
SP2024-FA2024	Curriculum Development, Cardinal Career Initiative
8/2023-Present	Cardinal Internship (Card 300) Lab Coordinator

Division

FA2025-Present	Member, BBA Curriculum Task Force
FA2024-SP2025	Member, SBE Assurance of Learning Committee

Department/Program

SP2025	Program Representative, Honor's Convocation
SP2025	Program Representative, Changemaker Challenge
SP2025	Application Reviewer, Changemaker Challenge Committee
FA2024-Present	Contributor, LEV Program Review
FA2024	Program Representative, Academic Departments Fair
FA2024-Present	Faculty Advisor, Breakaway
SU2024	Search Committee, LEV '24-26 Graduate Assistant
SP2024	Program Representative, Honor's Convocation
SP2024	Program Representative, Engaged Learning Fair
FA2023	Program Representative, Academic Departments Fair

Other

SP2025 Emma Norman Faculty Panel, MGT 305 Professional Profile Presentation

DePaul University*University*

2023 Member at Large, DePaul Women's Network
 2023 Planning Committee, International Student Career Panel

College/Division

2023 Campus Partner, Driehaus College of Business Events Manager Search Committee

College of DuPage*College*

2016-Present Member, Safe Zone
 2016-2023 Faculty Advisor, Feminist Alliance
 2016-2017 Member, Global Education Committee
 2016-2018 Co-Chair, European Studies Committee
 2015-2016 Co-Director, Study Abroad-Germany
 2014-2017 Member, Women's Studies Committee
 2013-2019 Member, European Studies Committee

Department/Division

2017 Co-Chair, COD Humanities Festival Committee

OTHER SERVICE
Center for Career Workforce Transitions at University of Wisconsin-Madison

2025-Present CCWT Affiliate

Illinois Career Development Association

2025-Present Chair, Awards Committee
 2025-Present Director, Board of Directors (elected position)

The Family Institute at Northwestern University

2022-Present Board Member, Alumni Advisory Board
 2020-2021 Organizer, Psychodynamic Collaborative Work Group
 2018-2021 Co-Leader, LGBTQ Counseling Society

Chicago Cares

2013-2018 Lead Volunteer

Literacy DuPage

2012-2013 Member, Marketing Committee

The Newberry Library

2008 Center for Renaissance Studies Intern

DuPage County Historical Museum

2007-2009

Museum Educator & Special Collections Intern/Volunteer

PUBLICATIONS**Peer Reviewed Articles**

[Accepted 10/2025] Luetger-Schlewitt, C. (TBD). Mock interviews as a tool to help students better market themselves to employers. *The Journal of Scholarship of Teaching and Learning*.

Luetger-Schlewitt, C. (2025). An Adlerian approach to working with first-generation college students: Encouraging student success through social interest. *Journal of Professional Counseling: Practice, Theory & Research*, 52(1), 19-35. <https://doi.org/10.1080/15566382.2025.2462487>

Book Reviews

Luetger, C. (2021). [Review of *The Graduate School Mess* by Leonard Cassuto]. *Interdisciplinary Humanities*, 38(2), 115-117.

Luetger-Schlewitt, C. (2019). [Review of *Beauty: The Fortunes of an Ancient Greek Idea* by David Konstan]. *Interdisciplinary Humanities*, 36(2), 136-138.

Luetger, C. (2015). [Review of *Italian Renaissance Art* by Stephen J. Campbell and Michael W. Cole]. *Interdisciplinary Humanities*, 32(2), 97.

Luetger, C. (2015). [Review of *The Collaboration: Hollywood's Pact with Hitler* by Ben Urwand]. *The Digital Review*, 2(2), 67.

Web-Based Publications

Luetger-Schlewitt, C. (2019). *Four ways to manage high stress levels at work*. Retrieved from Nutrafol Blog.

Luetger, C. (2016). Articles about cultural appropriation. (What I'm reading). *The Chronicle of Higher Education*, 62(23), A18-.

Luetger, C. (2015). *A brief history of the birth control pill in America*. Retrieved from xoVain.com.

Luetger, C. (2015). *On beauty, bathing & being a Victorian era woman*. Retrieved from xoVain.com.

Luetger, C. (2015). *When beauty was a duty: Cosmetic appeal during WWII*. Retrieved from xoVain.com.

Non-Peer Reviewed, Internally Distributed Materials

Luetger-Schlewitt, C. (2025). *NACE career competencies in action: Techniques for helping students develop professional skills and awareness in the classroom* [Teaching guide]. Center for the Advancement of Faculty Excellence, North Central College.

SELECTED PRESENTATIONS

- Luetger-Schlewitt, C. (11/2025). *A Look at North Central College's All-College Career Initiatives Requirement* [Conference Presentation]. Center for Research on College-Workforce Transitions Fall Conference 2025, University of Wisconsin-Madison, Madison, WI.
- Smith, J., Bushman, B., **Luetger-Schlewitt, C.**, & Rivera, N. (10/2025). *Career Readiness Assessment—Part II* [Campus Talk]. North Central College, Naperville, IL.
- Luetger-Schlewitt, C. (7/2025). *Human Insight, Digital Tools: Helping Clients Build Better Resumes with AI* [Professional Development Workshop]. Illinois Career Development, Online.
- Luetger-Schlewitt, C. (4/2025). *Career ready campus: Encouraging a culture of career development in college communities* [Conference Presentation]. Illinois Career Development Association Spring Conference 2025, Northern Illinois University, Naperville, IL.
- Luetger-Schlewitt, C. (3/2025). *NACE career competencies in action: Techniques for helping students develop professional skills and awareness in the classroom* [Professional Development Presentation]. North Central College, Naperville, IL.
- Luetger-Schlewitt, C.** & Bushman, B. (9/2024). *Incorporating career readiness tools into your courses* [Professional Development Workshop]. North Central College, Naperville, IL.
- Luetger-Schlewitt, C. (2023). *Resume tips & personal value propositions* [Synchronous Online Workshop]. Kellstadt Graduate School of Business, Bahrain, DePaul University, Chicago, IL.
- Luetger-Schlewitt, C. (2021). *Dealing with trauma: A review of the literature on virtually supporting college students experiencing trauma during COVID-19 and beyond* [Conference Presentation]. American College Counseling Association Virtual Conference, Online.
- Luetger-Schlewitt, C. (2021). *Cultivating compassion in the classroom* [In-Service Presentation]. College of DuPage, Glen Ellyn, IL.
- Wilson, N. & **Luetger-Schlewitt, C.** (2020). *On the Defensive: Destigmatizing Self-Protection* [Conference Presentation]. Clinical Mental Health Counseling and Beyond Virtual Conference, Online.
- Luetger-Schlewitt, C. (2020). *LGBTQIA Counseling Competencies: Take Aways from Training at the Center on Halsted* [Department Talk]. Motivent Total Health, Westmont, IL.
- Luetger, C. (2017). *Building Communities in the Classroom* [Campus Talk]. Critical Conversations: Dialogue, Diversity & Campus Environment Symposium, College of DuPage, Glen Ellyn, IL.
- Luetger, C. (2017). *The Value of the Humanities* [Conference Presentation]. COD Humanities Festival, College of DuPage, Glen Ellyn, IL.

MEDIA APPEARANCES & INTERVIEWS

- O'Connell, B. (2025, November). *Snubbed for a job you deserved? Don't get mad, get focused.* *Quartz*.
<https://qz.com/job-promotion-snub-careers>

- Zackal, J. (2025, October). How to transition between group and solo work in a competitive workplace. *HigherEdJobs*.
<https://www.higheredjobs.com/Articles/articleDisplay.cfm?ID=4419&Title=How%20To%20Transition%20Between%20Group%20and%20Solo%20Work%20in%20a%20Competitive%20Workplace>
- Zackal, J. (2025, August). 3 Steps to really consider a career in higher ed. *HigherEdJobs*.
<https://www.higheredjobs.com/Articles/articleDisplay.cfm?ID=4389&Title=3%20Steps%20To%20Really%20Consider%20a%20Career%20in%20Higher%20Ed>
- O'Connell, B. (2025, August). 5 Reasons a master's degree isn't worth the trouble in 2025. *Quartz*.
<https://qz.com/masters-degree-job-market-careers>
- McCormick, C. (2025, July 1). Writing a strong teaching statement: A beginner's guide. *HigherEdJobs*.
<https://www.higheredjobs.com/Articles/articleDisplay.cfm?ID=4333&Title=Writing%20a%20Strong%20Teaching%20Statement%3A%20A%20Beginner%E2%80%99s%20Guide>
- Salai, S. (2025, June 25). Employers feel dumped by Gen Z applicants 'ghosting' job offers. *The Washington Times*. <https://www.washingtontimes.com/news/2025/jun/25/employers-feel-dumped-generation-z-applicants-ghosting-job-offers/>
- Lake, S. (2025, May 3). Gen Z is actually the most enthusiastic generation about working in the office and are there 3 days a week. *Fortune*. <https://fortune.com/2025/05/03/gen-z-most-enthusiastic-in-person-working-return-to-office-work-from-home-wfm-hybrid/>
- Maguire, E. (2025, April 30). Job search secrets: 9 Strategies to land your ideal role in 2025. *Reflections Career Coaching*. <https://www.reflectionscareercoaching.co.uk/post/job-search-secrets>
- Garcia, M. (2025, April). The power of volunteering: 4 ways volunteering can shape you and your college career. *How2College*.
- Case, T. (2025, January 22). Recent college grads are not ready for work—and HR leaders are fed up. *WorkLife*.
- Harland, N. (2024, December 20). Is it time for business schools to dress down? *AACSB Insights*.
<https://www.aacsb.edu/insights/articles/2024/12/is-it-time-for-business-schools-to-dress-down>
- Cosimo, R. (2018, November 7). Abstinence-only sex ed is hurting the youth in more ways than you think. *The Courier*.
- O'Keefe, B. (2015, May 9). Outstanding faculty. *COD Happenings*. WDCB.
- Kleeman, B. (2015, May). Caitlin Luetger named overall outstanding part time faculty for 2014-2015. College of DuPage.
- Wynne, K. (2015, March). Humanities professor awarded part-time faculty award. *The Courier*.

LICENSURE/CERTIFICATIONS & ADDITIONAL TRAINING

Professional Credentials

Board Certified Coach (CCE) #LUET-4L6618

Licensed Professional Counselor (IL) #178.017218

National Certified Counselor (NBCC) #1601482

Certificates

Coaching for Counselors; 30-hour CCE approved training program (Loyola University Maryland), January 2025
ACUE Certificate in Effective Teaching Practices (McHenry County College), July 2024
Micro-credential 1: Creating an Inclusive and Supporting Learning Environment, December 2023
Micro-credential 2: Promoting Active Learning, February 2024
Micro-credential 3: Inspiring Inquiry and Preparing Lifelong Learners, April 2024
Micro-credential 4: Designing Learner Centered and Equitable Courses, July 2024
Values Centered Leadership Level 2 Certificate (DePaul University), November 2023
Values Centered Leadership Level 1 Certificate (DePaul University), June 2023

Continuing Education & Earned CEs

How Learning Works (Center for the Advancement of Faculty Excellence, North Central College), May-June 2025
ICDA Spring Conference. Innovation in Action: Transforming Career Development for the Modern World (Illinois Career Development Association), 6 CEs, April 2025.
COD Connects (College of DuPage), 15 Professional Development Hours, November 2024
Challenging Clients and Counselor Interpersonal Stress (American Counseling Association), 1.5 CEs, November 2024
Expanding Perspectives: Systemic Approaches to College Students Experiencing Depression (American Counseling Association), 1 CE, September 2024
Like It or Not, Online Education is Here to Stay: Best Practices for Online Teaching (American Counseling Association), 1.5 CE, September 2024
NCDA 2024 Global Career Development Conference (National Career Development Association), 10 CEs, August 2024
Back-stabbers, Throat-Cutters, Sabotage, Oh My! Bullying in the Workplace (American Counseling Association), 1.5 CE, January 2024
National Career Development Day Celebration Virtual Conference (National Career Development Association), 8 CEs, November 2023
Certified Clinical Trauma Professional Two-Day Trauma Competency Training (PESI), January 2022
2-Day Certified Clinical Telemental Health Provider Training: A Therapist Guide for Ethical, Legal and Technology Concerns when using Teletherapy (PESI), 12.5 CEs, January 2022
LGBT300-LGBT: Psychological Realities and Culturally Competent Therapy with LGBT Clients and their Families (Zur Institute), October 2020
Victim Assistance Training Online- Level 1, 43-hour training (National Advocate Credentialing Program), October 2020
Understanding Human Trafficking (Office for Victims of Crime Training & Technical Assistance Center), July 2020
Developing Competence in Working with LGBTQI+ Communities: Awareness, Knowledge, Skills, and Action (American Counseling Association), June 2020
Clinical Work with LGBTQ Clients (The Center on Halsted, Chicago), January 2020
Psychological First Aid (NCTSN), 2019
Mental Health First Aid (NAMI-DuPage), 2018
Safe Zone Training (College of DuPage), 2016

TECHNICAL SKILLS

Learning Management Software: Canvas, Blackboard, Merlin, Moodle, 2U, Google Classroom, Adobe Connect

Talent Management Software: PeopleAdmin

University Career Services Software: 12Twenty, Handshake, VMock, Rezi.Ai, JobScan

PROFESSIONAL AFFILIATIONS

2025-Present Illinois Career Development Association
2023-Present National Employment Counseling Association
2023-Present National Career Development Association
2023-Present National Association of Colleges and Employers
2021-Present Illinois Counseling Association
2019-Present American Counseling Association