

Patricia Mitchell Schacht*, Ph.D.

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Naperville, IL 60540
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PROFESSIONAL POSITIONS

North Central College, Naperville, IL

Associate Professor in Psychology, Tenure Track, September 2008 – present;
Received tenure on May 17, 2014

Project H.E.L.P., Naperville, IL

Board Member, February 2009 – 2012
Chair of Program Development Committee, March 2009 – 2012

University of Notre Dame, Notre Dame, IN

Postdoctoral Research Associate in Psychology, June 2007 – May 2008
Supervisor: E. Mark Cummings, Ph.D.

Robinson Community Center, South Bend, IN

Take Ten Violence Prevention Program Statistical/Research Consultant, August 2006 – May 2008

University of Notre Dame Kaneb Center for Excellence in Teaching, Notre Dame, IN

TA Associate, August 2006 – May 2008

EDUCATION

University of Notre Dame, Notre Dame, IN

Ph.D. in Developmental Psychology, 2007
Dissertation: *The effects of paternal conflict behavior, parenting, and psychopathology on children*
Supervisor: E. Mark Cummings, Ph.D.

University of Cardiff, Wales, UK

Diploma in Social Science Research, 2002
M.A., Developmental Psychology, 2005
Thesis: *Family factors and children's smoking and drinking behaviours: A process-oriented model*
Supervisor: Gordon Harold, Ph.D.

University of Notre Dame, Notre Dame, IN

B.A., *Cum Laude*, 2001

Majors: Psychology & English

University of Notre Dame London Program

London, England, 2000

GRANTS

Junior Faculty Enhancement Grant (Fall 2011)

Awards given by Faculty Professional Development Committee

Research Grant (Summer 2011)

Awards given by Faculty Professional Development Committee

General Education Curriculum Grant (Summer 2010)

Awards given by Faculty Professional Development Committee

Research Grant (Summer 2009)

Awards given by Faculty Professional Development Committee

Graduate Research Assistantship (2002-2007)

National Institute of Child Health and Human Development (PIs: E. Mark Cummings & Patrick T. Davies)

Graduate Student Travel Awards (2003, 2004, 2005, 2006)

Awards given by Department of Psychology for presentations at national conferences

Graduate Student Union Travel Grants (2003, 2004, 2005, 2006)

Awards given by University Graduate Student Union for presentations at national conferences

Kaneb Center for Excellence in Teaching Grant (2006)

Award given to select graduate students to attend the Wakonse Conference on improving teaching skills

Joseph P. Downes Memorial Travel Grant (2007)

Competitive award given by the University of Notre Dame's Graduate School to cover travel expenses for a statistical training workshop in Charlottesville, VA

American Psychological Association Travel Award (2007)

Competitive scholarship given by the American Psychological Association to cover travel and lodging expenses for a statistical training workshop in Charlottesville, VA

AWARDS

Research Award (2003)

Award given by the Indiana Psychological Association during judged poster sessions at annual conference

Kaneb Center Award for Striving for Excellence in Teaching (2006)

Award given by graduate student teaching center upon completion of training workshops for improving teaching methods

Kaneb Center Award for Excellence in Graduate Student Teaching (2005)

Award given by University Teaching Center for excellence in graduate student teaching

Department of Psychology, Developmental Teaching Award (2005)

Award given by Psychology department for excellence in teaching based on evaluations from students

PUBLICATIONS

Schacht, P.M., Cummings, E.M., & Davies, P.T. (2009). Fathering in family context and child adjustment: A longitudinal analysis. *Journal of Family Psychology*, 23, 790-797.

Cummings, E.M., Faircloth, W. B., Mitchell, P.M., Schermerhorn, A.C., Cummings, J.S. (2007). Evaluating a brief prevention program for improving marital conflict in community families. *Journal of Family Psychology*.

Mitchell, P. M., McCoy, K. P., Cummings, E. M., W. Brad Faircloth, W. F., & Cummings, J. S. (2009). *Prevention of the Negative Effects of Marital Conflict: A Child-Oriented Program*. In E. Cuyler and M. Ackhart (Eds.), *Psychology of Relationships* (pp.303-317). Hauppauge, NY: Nova Science Publishers, Inc.

Mitchell, P.M. (2007). Review of Daly, E. & Sarkin, J. Reconciliation in divided societies: Finding common ground. *Journal of Moral Education*.

Mitchell, P.M. (2007). The effects of paternal conflict behavior, parenting, and psychopathology on children. *Dissertation Abstracts International*.

Cummings, E.M., Faircloth, W.B., Mitchell, P.M., McCoy, K.P., & Schermerhorn, A.C. (2007). Translating basic research about marital conflict and children into a psycho-educational program for parents. Invited for publication in H.R. Schaffer & K. Durkin (Eds.), *Blackwell Handbook of developmental psychology in action: Opportunities and obstacles in giving developmental psychology away*. Malden, MA: Blackwell Publishing, Inc.

Mitchell, P., Faircloth, W.B. & Keller, P.S. (2006). Marital conflict and the aftermath of

divorce: Prevention programs for children. In J. Borkowski & C. Weaver (Eds.). *The culture of prevention: Using science and art to promote healthy development*. Brookes Publishing.

Keller, P.S., Cummings, E.M., Davies, P.T., & Mitchell, P.M. (2007). Longitudinal relations between parental drinking problems, family functioning and child adjustment. *Developmental Psychopathology*.

PUBLICATIONS UNDER REVIEW

Faircloth, W.B, Cummings, E.M., Mitchell, P.M, & Schermerhorn, A.C. Testing the long-term efficacy of a prevention program for improving marital conflict in community families. *Journal of Family Psychology*.

UNPUBLISHED DOCUMENTS

Mitchell, P.M. & Faircloth, W.B. (2005). *Twilight at Twyckenham*. Children's book written as educational tool for prevention project.

Keller, P. S., Mitchell, P. M., Cummings, E. M., Davies, P. T. Problem drinking and negativity during marital interactions: A test of reciprocal relations.

Mitchell, P.M. (2005). Family factors and children's smoking and drinking behaviours: A process-oriented model. Unpublished master's thesis, University of Cardiff, Cardiff, Wales, United Kingdom.

PRESENTATIONS

Schacht, P. & Garthe, R. (2013). The Effects of Marital Conflict and Parenting on Children's Bullying, Victimization and Coping Behaviors. Poster presented at the Biennial Conference for the Society of Research in Child Development, Seattle, WA.

Rivera, N., Schacht, P.M., & Mark-Hummel, Cynthia. (2013, July). Museums as a place of inquiry and student learning. Power point presentation given at the Association of Midwest Museums annual conference in Madison, WI.

Schacht, P.M. (2011, October). The benefits of working at a liberal arts college. Talk given at Northwestern University's Department of Psychiatry and Behavioral Sciences, Chicago, IL.

Mitchell, P.M., Cummings, E.M., & Davies, P.T. (2009, April). Family processes and children's representations of family security. Poster presented at the Biennial Conference for the Society of Research in Child Development, Denver, CO.

- Mitchell, P.M., Cummings, E.M., & Davies, P.T. (2008, April). The effects of father conflict, parenting, & psychological symptoms on adolescent emotional security & development. Poster presented at the 12th Biennial Conference for the Society of Research on Adolescence, Chicago, Illinois.
- Mitchell, P.M. (Chair). *Contexts of the Influence of Marital Relationships on Child Adjustment*. Symposium conducted at the Biennial Meeting of the Society for Research in Child Development, Boston, MA.
- Mitchell, P.M., Merrilees, C. E., Cummings, E. M., & Davies, P. T. (2007, March). Marital conflict, positive and negative parenting, and child adjustment: A longitudinal analysis. In P. Mitchell (Chair), *Contexts of the Influence of Marital Relationships on Child Adjustment*. Symposium conducted at the Biennial Conference of the Society for Research in Child Development, Boston, MA.
- Kouros, C.D., Keller, P.S., Mitchell, P.M., Davies, P.T., & Cummings, E.M. (2007, March). Parental problem drinking and children's emotional security. In C. Kouros & P.S. Keller (Chairs), *The Role of Family Processes in Links between Parental Psychopathology and Child Outcomes*. Symposium conducted at the Biennial Meeting of the Society for Research in Child Development, Boston, MA.
- McCoy, K.P, Mitchell, P.M., Merrilees, C.E., George, Melissa, R.W., & Cummings, E.M. (March, 2006). Marital conflict and adolescent social competence: A process-oriented approach. Poster presented at the 11th Biennial Conference for the Society of Research on Adolescence, San Francisco, California.
- Merrilees, C.E., Mitchell, P.M., McCoy, K.P., George, Melissa R.W., & Cummings, E.M. (March, 2006). Do differences in perception matter? Poster presented at the 11th Biennial Conference for the Society of Research on Adolescence, San Francisco, California.
- Mitchell, P.M., Schermerhorn, A.C., Cummings, E.M., & Davies, P. (April, 2005). Marital conflict, children's representations, and child adjustment: A longitudinal analysis. Poster presented at the 71th Biennial Conference for the Society of Research in Child Development, Atlanta, GA.
- Faircloth, W.B., Mitchell, P. M., Cummings, C. M., Harty, K. M., Keller, P., Cummings, J., & Cummings, E. M. (April, 2005). Preventing the adverse effects of marital conflict: Testing the long-term effectiveness of a parent education program. Poster presented at the 71th Biennial Conference for the Society of Research in Child Development, Atlanta, GA.
- Schermerhorn, A.C., Goeke-Morey, M., Mitchell, P.M., & Cummings, E.M. (March, 2004). Children's agency in the context of interparental conflict during adolescence: A developmental perspective. Poster presented at the 10th Biennial Conference for the Society of Research on Adolescence, Baltimore, Maryland.

Mitchell, P. M. (April, 2003). Family factors and their effects on adolescent smoking and drinking behaviour. Poster presented at the 70th Biennial Conference for the Society of Research in Child Development, Tampa, FL.

Keller, P. S., Mitchell, P. M., DeCarlo, K., Jacob, M., & Dunn, M. (November, 2002). Emotions during marital interactions: Links to depression and marital conflict. Poster presented at the Indiana Psychological Association, Indianapolis, IN.

RESEARCH PROJECTS & EXPERIENCE

A Prevention Program to Improve Coping Skills and Bullying Behaviors

PI: Patricia M. Schacht

Children's Museum Frequent Visitor Study

PIs: Patricia Schacht and Nicole Rivera

Adolescents and their Parents: The Effects of Parenting on Adolescent Outcomes & Relationships

PI: Patricia M. Schacht

Prevention of Negative Family Contexts on Children's Development, March 2011

PI: Patricia M. Schacht

Adolescents and their Parents, North Central College, March 2010-present

PI: Patricia M. Schacht

Work-Family Dynamics: Facilitating Parent-Child Communication, Summer 2009

PI: Patricia M. Schacht & Karl Kelley

Family Process, Emotional Security and Child Adjustment, University of Notre Dame Renewal Grant

Supervisor: E. Mark Cummings, Ph.D.

Postdoctoral Research Associate, June 2007 – May 2008

Interpersonal Skills and Relationship Training for the Sake of Marital, Adolescent and Family Well-Being, University of Notre Dame

Supervisor: E. Mark Cummings, Ph.D.

Research Assistant, September 2002 – May 2008

Family Process, Emotional Security and Child Adjustment, University of Notre Dame Renewal Grant

Supervisor: E. Mark Cummings, Ph.D.

Graduate Research Assistant, August 2006 – May 2007

Family Process, Emotional Security and Child Adjustment, University of Notre Dame Supervisor: E. Mark Cummings, Ph.D.

Graduate Research Assistant, September 2002 – April 2006**SUPERVISED STUDENT PRESENTATIONS & PUBLICATIONS**

Lang, Jessica. (2013). College Students' Views on Teen Pregnancy in Relation to their Religious Devotion. Poster presentation to be given at Rall Symposium at North Central College.

Garthe, Rachel. (2012). The Effects of Self-Esteem and Aggression in Scottish Young Adults on Depression. Psi Chi Journal of Undergraduate Research, supervisor Patricia Schacht.

Garthe, Rachel & Cook, Jen. (2012). A Prevention Program to Improve Coping Skills and Bullying Behaviors. Poster to be given at annual conference of Midwestern Psychological Association in Chicago, IL.

Garthe, Rachel. (2012). The Effects of Parenting on Late Adolescent Aggression, Bullying Behaviors and Peer Victimization. Poster to be given at annual conference of Midwestern Psychological Association in Chicago, IL.

Garthe, Rachel. (2011). A Pathway to Depression: The Effects of Self-Inefficacy and Peer Victimization on Scottish Children. Poster to be given at annual conference of Midwestern Psychological Association in Chicago, IL.

Reynolds, Jessica. (2011). The Effects of Parent-Child Relationships on Adolescent Dating Behaviors. Poster to be presented at annual National Conference of Undergraduate Research in Ithaca, NY.

Garthe, Rachel, John, Jen, Kalafut, Carolyn, & Reynolds, Jessica. (2011). The Effects of Parenting Styles on Adolescent Depression, Anxiety, and Substance Use. Poster to be presented at annual National Conference of Undergraduate Research in Ithaca, NY.

John, Jen. (2010). Perceptions of Parenting Styles and Personality. Poster to be given at annual conference of Midwestern Psychological Association in Chicago, IL.

Garthe, Rachel, Reynolds, Jessica, Kalafut, Carolyn, John, Jen. (2010). Adolescents and their Parents: The Effects of Parenting on Adolescent Outcomes & Relationships. Oral presentation to be given at Rall Symposium at North Central College.

John, Jen. (2009). Adolescent and Young Adult Personality and Self-Esteem. Poster presentation to be given at Rall Symposium at North Central College.

TEACHING EXPERIENCE**Assistant Professor, North Central College, Fall 2008 – present**

- Child Development
- Psychology of Adolescence

- Science of Behavior
- Child Psychopathology
- Family Systems Seminar
- LEV Seminar: Children and Conflict
- The Politics and Psychology of Northern Ireland
- First Year Experience
- Honors Thesis Practicum
- The Psychology of Religion in Italy and Greece
- Bullying Seminar

Summer Scholars Psychology Professor, University of Notre Dame, Summer 2008, 2009

Co-Instructor of Record, Family Research Methods, Spring 2008

Instructor of Record, Undergraduate Special Studies, Fall 2007

Teaching Assistant, Developmental Psychology, Spring 2006

Teaching Assistant, Abnormal Psychology, Fall, 2005

Instructor of Record, Children and Poverty Seminar, Spring 2005

Teaching Assistant, Physiological Psychology, Spring, 2005

Teaching Assistant/Lecturer, Experimental Psychology II: Methods, Fall 2004

TRAINING & COUNSELING EXPERIENCE

Project Help Parent Staff Trainer, Fall 2010, Winter 2011

- Trained mentors to work with parents of high risk families

Camp Kesem Staff Trainer, Spring, 2005, 2006

- Trained counselors for a camp for children affected by cancer

Camp Kesem Staff Psychologist, Summer, 2006

- Attended camp for a week to serve as on-site developmental psychologist for children participants

TEACHER TRAINING

Wakonse Conference on College Teaching, Shelby Michigan, Summer, 2006

Preparing for an Academic Career in the Social Sciences, University of Notre Dame, Summer 2006

Effective and Exciting Teaching in the Social Sciences, University of Notre Dame, Summer,

2005

Kaneb Center for Excellence in Teaching: Multiple Workshops on Improving Teaching Skills,
University of Notre Dame, 2002-2007

AFFILIATIONS

Midwestern Psychological Association (MPA), 2009-present

Association for Psychological Science (APS), 2007, 2008, 2009

The Society for Research of Adolescence (SRA), 2004, 2006 – present

The Society for Research in Child Development (SRCD), 2003 - present

American Psychological Association (APA), 2000 -2001, 2007

STATISTICAL TRAINING

American Psychological Association: Advanced Training Institute: Structural Equation
Modeling in Longitudinal Research (SEM), University of Virginia, Summer, 2007

Structural Equation Models, University of Notre Dame, Audit, 2007

Quantitative Minor, University of Notre, 2005

Dynamical Systems, University of Notre Dame, 2005

Structural Equation Models, University of Notre Dame, 2005

Longitudinal Data Analysis, University of Notre Dame, 2004

Multivariate Analysis, University of Notre Dame, 2003

Quantitative Methods II, University of Notre Dame, 2003

Quantitative Methods I, University of Notre Dame, 2002

**Please note: Name changed from Patricia M. Mitchell to Patricia M. Schacht*