

Supporting Every Student Center for Student Success

What the Best College Students Do



"No one can guarantee your long-term success in any sense of the word, but you can equip yourself with the skills for lifelong learning and adaptability, no matter what surprises the future has in store for you."

Bain

What type of learner is your student?

- Surface: the student who does as little as possible to get by
- Strategic: the student who aims for top grades rather than true understanding
- Deep Learners: the student who leaves college with a real, rich education

What the Best College Students Do

- Focus on self-esteem, self-compassion, and their role in success
- Use a growth mindset
- Have a plan
- Practice
- Ask for help
- Make connections
- Have fun
- Self-advocacy



Watch Out for these First Year Issues

- Time management
- Lack of sleep
- Academic rigor is higher
- Distraction and procrastination
- Not asking for help when help is needed

Center for Student Success

Advising

Tutoring

BURST Workshops

BURST Structured Study

Disability Services

Honors Society



Tutoring on Campus

- Math Resource Center
- Writing Center
- Individual Tutoring via online scheduler at <u>https://cardinalnet.northce</u> <u>ntralcollege.edu/student-</u> <u>life/tutor-schedules</u>



BURST Workshops

- Building Up Rigorous Study Techniques
- Study skills
- Critical reflection
- Non-cognitive skills
- Writing skills
- Reading skills



BURST Structured Study

- Structured study environment in Wentz Science Center open to all students
- Quiet area with reduced distractions
- Group area with accountability

Disability Services

- Requesting accommodations
- Documentation
 - <u>https://cardinalnet.northcentralcollege.edu/student-</u> life/access-and-accommodations-registration-process
- Faculty notification
- Student's role
- Support system's role

Delta Alpha Pi

Honors society

- Students invited to participate if they reach elegibility criteria:
 - Self-identify as a student with a disability
 - Demonstrate interest in disability issues
 - Undergrad-complete minimum 24 credits; GPA of 3.1 or higher
 - Grad-complete minimum of 18 credits; GPA of 3.3 or higher



In Addition....

- Academic Outreach
- Unexpected absences
- Early Alert System



What You Can Do!

- Discuss a plan
- Encourage students to visit advisors and professors
- Remind students to take care
- Ask questions!
- Listen to your students!

The best insight can come through the process of questioning <u>and</u> listening.

Center for Student Success

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Questions????

