

Contemplative Series

Fall 2021



A short presentation will be followed by a meditation practice (participation is optional).

Mindfulness Meditation

September 29, 4:00 PM
Smith Hall (Old Main)

November 17, 4:00PM
Smith Hall (Old Main)

Christian Labyrinth Meditation

September 9, 4:00 PM
Oesterle Library South Lawn (or Smith
Hall if weather does not permit)

October 25, 4:00 PM
Stevenson Hall (Wentz Science Center)

Organized by the Department of Religious Studies. Mindfulness Meditation is co-sponsored by the Dyson Wellness Center. The Christian Labyrinth is co-sponsored by the Office of Faith and Action. For more information, contact Professor Polinska at wdpolinska@noctrl.edu.