# TRANSFER PLANNING WORKSHEET: 2020-2021



### FOR PLANNING USE ONLY - NOT AN OFFICIAL DEGREE AUDIT

Student Name:	North Central ID#	College Representative:	Date:
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### Your guide for transferring:

- Some courses may have pre-requisites; please consult the course catalog.
- At least 64 credit hours must be taken at a four-year institution; at least 128 credit hours are required for graduation.
- One course may fulfill a requirement in up to three different designations.
- Transfer students with an earned Associate of Arts or Associate of Science will only need to fulfill the Transfer Seminar, Well-Being, and Senior Seminar (indicated with \*).

# GENERAL EDUCATION

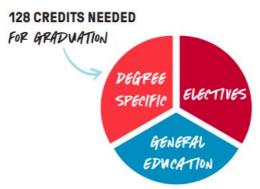
	Requirement	Course Number/Title	Credit	Grade
	Composition	ENGL 1101 @ COD		
Ş	Writing Intensive	Completed in major		
urse	Public Speaking	SPEE 1100 @ COD		
er cc	Fine Arts	Any "ART" in guide		
ansf	Humanities	Any "HUM" in guide		
<b>S</b> red tr	Social Science	Any "SOC" in guide		
<b>ient</b>	Science	Completed in major		
ren th ap	Quantitative Analysis	Completed in major		
e <b>dui</b>	Power Structures	Any "POW" in guide		
Core Requirements	Ethical Dimensions	Completed in major		
<b>5</b> 0	Global Understanding	Any "GLO" in guide		
<b>Core Requirements</b> May be fulfilled at NCC or through approved transfer courses	Icons Transfers with 28 or more transferable credit hours at entry are exempt	Exempt if transferring with more than 28 credit hours		
Ma	Well Being*	BUSI 1120, ECON 1110, or PE 2251 @ COD		
ည နှ	Transfer Seminar* Must be taken at NCC			
NCC Reqs.	Senior Seminar* Must be taken at NCC			

# ELECTIVES

Course Number/Title	Credit	Grade

## DEGREE-SPECIFIC REQUIREMENTS

B.A. – Foreign Language	<ul> <li>3 years H.S. with "B" average or</li> <li>MCL 102 or equivalent or</li> <li>Designated Study Abroad or</li> <li>LANG 390 or CLSS 190 (available only to transfers entering with a minimum of 51 transferable credits)</li> <li>Some majors may require courses in addition to foreign language</li> </ul>
B.S.	Determined by individual major
B.B.A.	Determined by individual major
B.M.E.	Determined by individual major



Additional Notes: COD course substitution guide: https://www.northcentralcollege.edu/sites/default/files/C\_DuPage2020.pdf

Total Notes. Code Course Substitution guide. https://www.northochtu.docinege.com/sites/vertaily/intes/verbuil-ugezozo.pdi

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### **Exercise Science, B.S.**

Exercise Science is broad discipline that studies the effects of physical activity on the human body. Exercise Science includes topics such as kinesiology, biomechanics, exercise physiology, fitness assessment, exercise training techniques and exercise programming for healthy and special populations. Exercise Science is a degree that prepares graduates to work in wide range of careers related to health, fitness and human performance.

### **Major Requirements**

Course Name	Equivalent	Credit	Grade
EXSC 101 - Foundations of Exercise Science			
EXSC 345 - Training Techniques			
EXSC 347 - Physiology of Exercise			
EXSC 410 - Fitness Evaluation			
EXSC 420 - Exercise Program Design			
EXSC 490 - Internship Seminar			
EXSC 497 - Internship			
KINE 147 - First Aid	PE 2254 @ COD		
KINE 247 - Functional Anatomy			
KINE 317 - Kinesiology			
BCHM 140 - Introduction to Nutrition	PE 2258 @ COD		
PSYC 255 - Research Design and Experimentation	PSYC 1180 @ COD		

### Practicum/Topics

One of the following:

Course Name	Equivalent	Credit	Grade
EXSC 295 - Research Practicum			
EXSC 390 - Special Topics			

#### **Electives**

A minimum 12 credit hours from the following:

Course Name	Equivalent	Credit	Grade
EXSC 354 - Applied Nutrition			
EXSC 440 - Athletic Conditioning			
EXSC 447 - Exercise Medicine			
EXSC 450 - Exercise in Extreme Environments			
KINE 280 - Human Pathophysiology			
SMGT 220 - Sport Budgeting and Finance			
BUSN 170 - Entrepreneurship Exploration	BUSI 1161 @ COD		
CHEM 121 - General Chemistry I	CHEM 1551 @ COD		
CHEM 122 - General Chemistry II	CHEM 1552 @ COD		
PHIL 213 - Health Care Ethics	PHIL 1112 @ COD		
PHYS 131 - Physics I (Non-Calculus)	PHYS 1201 @ COD		
PHYS 132 - Physics II (Non-Calculus)	PHYS 1202 @ COD		
PSYC 235 - Lifespan Development	PSYC 2237 @ COD		
PSYC 282 - Stress and Coping			
PSYC 385 - Health Psychology			
SOCI 343 - Health, Illness and Care			

# Additional Requirements for the B.S. Degree

Course Name	Equivalent	Credit	Grade
BIOL 201 - Anatomy and Physiology I	ANAT 1551 or ANAT 1571 @ COD		
BIOL 202 - Anatomy and Physiology II	ANAT 1552 or ANAT 1572 @ COD		
PSYC 250 - Statistics	MATH 1635, PSYC 2280, or SOCI 2205 @ COD		