

Waste Reduction Tips

Caring for our planet is about more than just recycling. In fact, before we even think about recycling, we need to take steps to Reduce our Waste, and Reuse the items we have before buying new! Here are some great ways to Reduce waste in your home or dorm!



Use reusable cloth towels in your kitchen to dry your dishes and hands, rather than using paper towels, which create paper waste that can't be recycled. You'll also save money on paper towels!

If you bring your lunch to school or work, instead of using a brown paper bag and plastic baggies, you can save paper by using a Tupperware container. They come in a variety of different sizes and shapes and also are less likely to leak than a paper bag!



When buying new clothes, consider donating your old, gently used items to a thrift shop to keep them out of the landfill. You can also shop at thrift stores to save money and reduce demand for manufacturing new clothes.

At the grocery store, skip paper AND plastic bags, and bring your own reusable bags! Some stores even offer a small discount when you bring your own bag.



Buy in bulk and avoid single serving or single use items. This reduces the amount of packaging that ends up in landfills. Plus, it's generally cheaper to buy in bulk, so you save money as well!