

Contemplative Series

Fall 2018



A short presentation will be followed by a meditation practice (participation is optional).

Mindfulness Meditation

September 26, 4:00 PM and October 18, 4:00 PM
Smith Hall (Old Main)

Jewish Meditation

October 25, 12:00 PM
WAC Fireside Lounge

Christian Labyrinth Meditation

November 5, 4:15 PM and 4:45 PM
WAC Fireside Lounge