

NORTH CENTRAL COLLEGE ATHLETIC TRAINING PROGRAM

ATHLETIC TRAINING PROGRAM INTRODUCTION (2018-2019 ADMISSION CLASS)

The Athletic Training program is a major track within the Kinesiology department, leading to a Bachelor of Arts or Bachelor of Science degree in Athletic Training. The student will complete the North Central College general education requirements, the course requirements within the athletic training education program, and the clinical hour requirement assigned to each level of the program.

The Athletic Training program extends over the entire undergraduate career. A student may transfer into the program as an upper classman. The minimum time commitment to complete the program is three years. This time period includes the selection year plus two additional years. Transfer students who have met similar admissions requirements at comparable schools will be evaluated on a case-by-case basis. If accepted, he/she will have to complete the required competencies and proficiencies at North Central College.

Program Admission Prerequisites and Procedures

Entrance Requirements

The prospective athletic training student will complete the specific requirements during his/her first term of attendance at North Central College. Applications to the athletic training program will be made following the fall term of the freshman year (or fall of the first year of attendance). The athletic training staff will observe the candidate throughout the fall term, observing performance, attitude, desire, and dependability. Prospective candidates for the athletic training program will be evaluated for admittance according to:

1. Academic performance as measured by GPA.
2. Number of recorded observation hours.
3. Performance during observation hours.
4. Demonstrated desire and motivation to enter the curriculum and pursue athletic training as a career, as evidenced by work habits, promptness, etc.
5. Demonstrated appropriate clinical performance and conduct:
 - a. Demonstrated professional habits.
 - b. Demonstrated ability to communicate with others (athletes, coaches, peers, certified athletic training staff, and/or administrators).
 - c. Demonstrated ability to be self-motivated in completion of tasks.
 - d. Demonstrate ability to carry out responsibilities as assigned.
 - e. Demonstrates willingness to assist others in completion of responsibilities.
 - f. Professional in appearance and dress.
 - g. Exhibits professional conduct appropriate with level.

Application Process and Prerequisites (Revised for the 2018-2019 Academic Year)

1. There are two distinct criteria to fulfill for prospective athletic training students: Admission and Retention. Both must be successfully completed during the 2018-2019 year. To apply for acceptance into the professional program in athletic training, prospective students must satisfactorily complete the following prerequisites:
 - a. Completion of one term of attendance at North Central College with a minimum overall GPA of 2.5 or above (including transfer credits) and a 2.75 GPA or better in all KIN and athletic training courses.
 - b. Complete 15 hours of supervised observation in the North Central College athletic training facilities. See “Clinical Education Guidelines” for details.
 - c. Registration for KIN 225, KIN 325, and KIN 157.
 - d. Completion of or registration for a 100 level BIO course and Lab with a grade of “C” or better (BIO 100 or 104 and BIO 147 or BIO 147 only if student is prepared).
 - e. Completion of fall pre-admission skill competencies and proficiencies.
 - f. Complete the North Central College written “Athletic Training Education Program Application.”
 - g. Write a brief essay discussing his/her reasons for pursuing a career in athletic training and what his/her professional goals are.
 - h. Submit two letters of recommendation. These letters must come from sources outside the North Central College Athletic Training Staff.
 - i. Complete the interview with the Athletic Training Program Committee.
2. Following the completion of the above-listed pre-requisites, the prospective athletic training student candidate will be interviewed. The interview will be conducted during the D-term of the student’s first academic year at North Central College. The committee will consist of the athletic training program director, the athletic training clinical education coordinator, and may consist of other departmental or athletic department faculty or staff. If students are not in the local geographic area, a video conference interview will be arranged.
3. Determination of admission or dismissal from the North Central College athletic training program will be the responsibility of the committee listed in Item 2 above. This group will review applications, conduct interviews of candidates, and render a final decision.

4. The interview is the final step in the application process. Following the interview, each candidate will receive written notification from the program director as to his/her acceptance into or rejection from the program. Candidates who are accepted into the program will be officially admitted the first day of the following academic term (winter term 2019) .

5. The deadline for applications is December 1st, 2018.

Competitive Admission Statement:

Admission to the North Central College Athletic Training Program is competitive. Due to enrollment limitations, students who have completed the pre-athletic training program at North Central College cannot be assured of admission to the professional and clinical education phase of the program.

Candidates will be admitted based on the “Athletic Training Program Admission Evaluation”. In order to be eligible for admission the student must accumulate a minimum of 30 points. From the pool of eligible applicants, no more than 15 students will be admitted per year.

Students admitted during the 2018-2019 academic year will be granted admission during the winter term. At the conclusion of the spring term, the Retention Requirements must be satisfactorily met or the student will be dismissed from the program or placed on probation for a period of up to one term. During any probationary term, certain clinical and/or academic requirements and limitations may be imposed on the student.

Retention Criteria to be maintained during the 2018-2019 Academic Year:

- a. Successful completion of KIN/KINE 157, 225, 325 by the end of first year.
- a. Minimum overall GPA of 2.5 or above (including transfer credits) and a 2.75 GPA or better in all KIN/KINE and athletic training courses at the end of the first year, and each term thereafter.
- b. Complete 50 hours of supervised observation in the North Central College athletic training facilities by the end of the first year. See “Clinical Education Guidelines” for details.
- c. Completion of BIO 147/Lab with a grade of “C” or better by the end of the first year.
- d. Completion of fall, winter, and spring term pre-admission skill competencies and proficiencies by the end of the first year.
- e. Submission of (1) background check results, (2) immunization records, (3) verification of liability insurance coverage.

Once accepted into the program, students must submit a signed copy of the technical standards, which requires a physician signature. It is the responsibility of the student to schedule the examination and obtain this signature prior to the beginning of their first term in the program. The “Technical Standards for Admission to the Athletic Training Program” form must be signed by both the applicant and the physician completing the physical examination and submitted to the ATP Director.

Students are also expected to obtain all required immunizations (Hepatitis B, Measles, Mumps, Rubella, Tetanus, and Diphtheria). The immunization record must be signed by the physician conducting the physical examination or a record must be obtained from the health care provider. The cost of any physical examination, follow-up tests, and/or immunizations is the responsibility of the student. Failure to provide proof of immunizations will result in removal of the student from the clinical portion of the program.

Once admitted to the athletic training program, students will be required to purchase a liability insurance policy. The students will be provided with this information with the admission policy. This policy must be on file in the student's clinical education file prior to beginning any clinical assignments. The policy must be renewed annually while in the athletic training education program.

The student will undergo a background check once admitted to the program. Specific information will be given to the student with the admission materials. The student is responsible for the costs associated with this, and future, background checks. Students may not begin clinical experiences until the background check is completed.

Student Athlete/Athletic Training Student Policy

Many students are interested in participating in one or more intercollegiate sports during their college years. The athletic training education program is committed to encouraging students to explore the co-curricular activities available on campus. The program is also dedicated to ensuring that students fulfill the requirements for the athletic training major.

Because the athletic training major has a significant clinical component which often requires the student to complete rotations during the afternoons, evenings, and weekends, the following guidelines are in place to help students achieve these goals.

- a. Students admitted to the athletic training program may participate in intercollegiate athletics.
- b. Students admitted to the athletic training program shall limit their participation to one intercollegiate team.
- c. Athletic training students who are members of an intercollegiate team shall participate during their team's traditional season only. Participation in non-traditional seasons is not encouraged. Only the traditional season will be taken into consideration when scheduling clinical experiences. Student-athletes will not be assigned clinical experiences for a period of 10 weeks, which may be contained within one term, or may span two terms, depending on the sport schedule.
- d. Athletic Training students who are following the transfer academic plan who are student-athletes must complete clinical experiences during each of their 6 terms (or a minimum of the equivalent of two academic years) admitted to the program. A summer internship may be used as one of these terms.
- e. Athletic training students participating in intercollegiate athletics must fulfill all the didactic and clinical education program requirements, like all other students.

- f. All athletic training students must complete at least one “equipment intensive” clinical experience (e.g. football). Athletic training students who participate in a fall sport will be required to a) complete a rotation with men’s lacrosse, b) return for an additional fall term in which they will be assigned to football, c) gain clinical experience with an equipment intensive sport during their high school rotation, or d) make another arrangement for an equipment intensive experience with the program director.

Fees

There are additional expenses associated with the Athletic Training Program. These include:

Required Annual Costs: background check (\$35.00-\$50.00), liability insurance (\$35.00)

Required Junior & Senior Year: Transportation to and from rotation sites (within 15 mile radius), internship site (varies), Drug Screen Test and TB Test (\$0-\$50.00)

Optional Annual Costs: clothing costs (\$25.00+), attendance at conferences and professional memberships (\$75.00)

Appeal Process

The student has the right to appeal the admission decision made by the Athletic Training Program Committee. The student must submit a letter to the program director of Athletic Training within seven days after receiving notification. The contents of the letter should summarize the reason(s) that the student is appealing the decision and why the decision should be reversed. A conference will be held with the student, the athletic training program director, the staff certified athletic trainers, and the KIN department chair to discuss the decision and the student appeal.

Course Progression

The coursework required for the Athletic Training major is listed in the Athletic Training Student Handbook and on the website. The athletic training coursework must be taken in the order suggested (KIN/KINE 225, 325, 220, 247/285, 280, 340, 330, 341, 430, 425, 350/351, 440). Transfer students may require adjustments to the sequence. These will be dealt with on an individual bases by the Program Director. When a student receives the grade of "F" the course must be remedied before progression to the next course in the sequence. Academic standing and program probation are explained in the Athletic Training Student Handbook.

Program Retention Standards and Graduation Requirements

- A. Graduation from the Athletic Training Program will be contingent upon the following:
 1. Completion of the course requirements (as evidenced by an approved 'Graduation Application').
 2. Completion of a minimum of 950 clinical experience hours (including hours required for KIN 220, 330, and 440; internship)
 3. GPA standards are maintained.
- B. The GPA standards identified in paragraph II(B) must be maintained in order to remain in the program.

1. In the event that academic performance (GPA) or athletic training clinical performance becomes substandard, the student will be placed on probation. The student will have one term to meet established criteria. While on probation the student may not enroll in any athletic training courses nor may they gain clinical experience in North Central College's athletic training facilities. If the student fails to meet the required GPA or clinical experience performance criteria by the end of the probationary term, he/she will be dismissed from the program. Students who are dismissed will not be permitted to take any additional athletic training courses or gain clinical experiences in the North Central College athletic training facilities or affiliated sites.
 2. A student who has been dismissed from the program may apply for reacceptance into the program. All of the standards set forth in the original admissions process remain in place (see paragraph II-B) and must be met. Final acceptance into the program will be based on the criteria in paragraph II (B-E).
- C. Students will complete assessment criteria as required in both the didactic and clinical coursework.
1. Program admission will be the first form of assessment. The student must complete the process as outlined.
 2. Competency evaluation will be administered at the conclusion of each term (3) while enrolled in the Clinical Experience in Athletic Training sequence (I-III). A student who is not making adequate progress toward mastery of clinical skills will be required to follow a Clinical Education Remediation Plan developed for that student by program faculty.
 3. The cumulative grade point, in athletic training courses and overall, will be evaluated at the conclusion of each term.
 4. The final assessment criteria will be the graduation application. This application will be filed during the fall term of the student's final year of attendance. The student will obtain the application and, with the assistance of his/her advisor, fill it out and submit it to the registrar's office.

FOR ADDITIONAL INFORMATION CONTACT:

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The Four Year plan for Athletic Training includes the following:
(Following the 2019-2020 catalog)

Year One (2018-2019):

BIO 100/100L if needed as PR for BIO 147/147L
BIO 147/147L; Anatomy Physiology
PSY 100: Science of Behavior
KIN 157: Acute Care and Management
KIN 225: Introduction to Athletic Training I
KIN 325: Introduction to Athletic Training II
(MTH 118: PR as needed for PSYC 250: Statistics)

Year Two (2019-2020):

KINE 220: Clinical Experiences In Athletic Training I (two semesters)
KINE 247/247L: Human Anatomy (Section 1)
KINE 280: Human Physiology
KINE 317: Kinesiology
KINE 340: Assessment of Lower Extremity and Back Injuries and Conditions
PSYC 250: Statistics

Year Three (2020-2021):

KINE 341: Assessment of Upper Extremity, Head, and Neck Inj. and Conditions
KINE 347: Physiology of Exercise
KINE 425: Therapeutic Interventions I
KINE 430: Therapeutic Interventions II
KINE 451: Management and Administration in Athletic Training
KINE 330: Clinical Experiences in Athletic Training II (two semesters)
BCHM 140 and 140L: Nutrition
PSYC 255/255L: Research Methods

Year Four (2021-2022):

KINE 440: Clinical Experiences in Athletic Training III (two semesters)
KINE 450: Medical Aspects of Athletic Training

The Transfer Academic Plan for the Athletic Training Student includes the following: (Following the 2019-2020 catalog)

Year One (2018-2019):

BIO 100/100L if needed as PR for BIO 147/147L
BIO 147/147L; Anatomy Physiology
PSY 100: Science of Behavior
KIN 157: Acute Care and Management
KIN 225: Introduction to Athletic Training I
KIN 325: Introduction to Athletic Training II
(MTH 118: PR as needed for PSYC 250: Statistics)

KIN 247/247L: Human Anatomy (Section 1)

KIN 280: Human Physiology
KINE 340: Assessment of Lower Extremity and Back Injuries and Conditions

Year Two (2019-2020):

KINE 220: Clinical Experiences In Athletic Training I (two semesters)
KINE 330: Clinical Experiences in Athletic Training II (two semesters)
KINE 317: Kinesiology
KINE 425: Therapeutic Interventions I
KINE 430: Therapeutic Interventions II
KINE 341: Assessment of Upper Extremity, Head, and Neck Inj. and Conditions
KINE 450: Medical Aspects of Athletic Training
PSYC 250: Statistics

Year Three (2020-2021):

KINE 347: Physiology of Exercise
BCHM 140 and 140L: Nutrition
PSYC 255/255L: Research Methods
KINE 440: Clinical Experiences in Athletic Training III (two semesters)
KINE 451: Management and Administration in Athletic Training

TECHNICAL STANDARDS FOR ADMISSION TO THE ATHLETIC TRAINING PROGRAM

The Athletic Training Program at North Central College is a rigorous and intense program that places specific requirements and demands on the students enrolled in the program. An objective of this program is to prepare graduates to enter a variety of employment settings and to render care to a wide spectrum of individuals engaged in physical activity. The technical standards set forth by the Athletic Training Program establish the essential qualities considered necessary for students admitted to this program to achieve the knowledge, skills, and competencies of an entry-level athletic trainer, as well as meet the expectations of the program's accrediting agency, the Commission on Accreditation of Athletic Training Education (CAATE). All students admitted to the Athletic Training Program must meet the following abilities and expectations. In the event a student is unable to fulfill these technical standards, with or without reasonable accommodation, the student will not be admitted into the program. Compliance with the program's technical standards does not guarantee a student's eligibility for the BOC certification exam.

Candidates for selection to the Athletic Training Program must demonstrate:

1. The ability to assimilate, analyze, synthesize, integrate concepts and problem solve to formulate assessment and therapeutic judgments and to be able to distinguish deviations from the norm.
2. Sufficient postural and neuromuscular control, sensory function, and coordination to perform appropriate physical examinations using accepted techniques; and accurately, safely and efficiently use equipment and materials during the assessment and treatment of patients.
3. The ability to communicate effectively and sensitively with patients and colleagues, including individuals from different cultural and social backgrounds; this includes, but is not limited to, the ability to establish rapport with patients and communicate judgments and treatment information effectively. Students must be able to understand and speak the English language at a level consistent with competent professional practice.
4. The ability to record the physical examination results and a treatment plan clearly and accurately.
5. The capacity to maintain composure and continue to function well during periods of high stress.
6. The perseverance, diligence and commitment to complete the athletic training program as outlined and sequenced.
7. Flexibility and the ability to adjust to changing situations and uncertainty in clinical situations.

8. Affective skills and appropriate demeanor and rapport that relate to professional education and quality patient care.

Candidates for selection to the Athletic Training Program will be required to verify they understand and meet these technical standards, with or without reasonable accommodations. The Director of Student Disability Services in the Center for Student Success will evaluate a student who states he/she could meet the program's technical standards with accommodation and confirm that the stated condition qualifies as a disability under applicable laws.

If a student states he/she can meet the technical standards with accommodation, then the College will determine whether it agrees that the student can meet the technical standards with reasonable accommodations, taking into account whether accommodations would jeopardize clinician/patient safety, or the education process of the student or the institution, including all coursework, clinical experiences and internships deemed essential to graduation.

I certify that I have read and understand the technical standards for selection listed above, and I believe to the best of my knowledge that I meet each of these standards without accommodation. I understand that if I am unable to meet these standards I will not be admitted into the program.

Signature of Applicant

Date

Signature of Physician

Date

I certify that I have read and understand the technical standards of selection listed above and I believe to the best of my knowledge that I can meet each of these standards with certain accommodations. I will contact the Director of Student Disability Services in the Center for Student Success to determine what accommodations may be available. I understand that if I am unable to meet these standards with or without accommodations, I will not be admitted into the program.

Signature of Applicant

Date

Signature of Physician

Date