



North Central College

Alcohol and other Drug Prevention Program Biennial Review

January 1, 2023-December 31, 2024

Compiled in compliance with the Drug-Free Schools and Campuses
Regulation (34 CFR Part 86)

By

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INTRODUCTION/OVERVIEW

Background on the Drug-Free Schools and Campuses Regulations [Edgar Part 86] Requirements

The Department of Education Higher Education Act of 1965 (as amended by the Safe and Drug-Free Schools and Communities Act (DFSCA) of 1994 and as articulated in the Education Department General Administrative Regulations – EDGAR), requires that any institute of higher education receiving federal financial aid must adopt and implement a program to prevent the use of illicit drugs and the abuse of alcohol by students and employees. The Department of Education's regulations at 34 C.F.R. Part 86 ("Part 86") implement this provision, requiring that colleges and universities must 1) distribute certain drug and alcohol prevention information to students and employees every year; and 2) conduct a review of their drug and alcohol prevention programs every other year (a "biennial review").

For more detailed information, see the links below:

<https://www.govinfo.gov/content/pkg/USCODE-2009-title20/pdf/USCODE-2009-title20-chap28-subchapl-partB-sec1011i.pdf>

<https://www.govinfo.gov/content/pkg/CFR-2024-title34-vol1/pdf/CFR-2024-title34-vol1-part86.pdf>

<https://safesupportivelearning.ed.gov/sites/default/files/hec/product/dfscr.pdf>

<https://uscode.house.gov/view.xhtml?req=granuleid:USC-2000-title20-section1011i&num=0&edition=2000>

Annual Distribution of Drug and Alcohol Prevention Information to Students and Employees

The regulations do not specify how this information must be distributed – other than it must be in writing.

The Department has noted that some institutions ensure distribution by including the information in required materials such as orientation packets or student handbooks. While the Department has not developed an official policy on whether electronic dissemination of this information satisfies the regulatory requirements, the Department has stated in guidance that institutions using electronic dissemination must be able to provide reasonable assurance to the Department (if audited) that this method ensures distribution to all students and employees. Thus, while emailing the information to each student and employee may be acceptable, merely posting it to a publicly available website without further action to inform students and employees of that site likely would not be.

The Biennial Review

The Drug-Free Schools and Communities Act (DFSCA) requires that all educational institutions must conduct a biennial review of its drug and alcohol abuse prevention program in order to determine how effective the program is, and whether the institution needs to implement any changes to the program. Among other things, this requires the institution to determine the number of drug and alcohol-related violations and fatalities that occur on campus or as part of any institutional activity, and the number and type of sanctions imposed as a result of those drug and alcohol-related violations and fatalities. Finally, the institution must ensure through its biennial review that any sanctions are consistently enforced. North Central College cares both about compliance with this federal requirement as well as the importance of reducing harm caused by drug and alcohol abuse on the College campus and in the community at large. North Central College is aware that the well-being of campus community members deeply impacts their success and satisfaction academically, professionally and personally. In order for the campus community to thrive, alcohol and drug related concerns must be consistently addressed and prevented. This Biennial Review covers January 1, 2023 to December 31, 2024 at North Central College.

BIENNIAL REVIEW PROCESS

This Biennial Review covers January 1, 2023 through December 31, 2024 at North Central College.

The following departments participated in a committee to complete this review process:

- Dyson Wellness Center, 630-637-5550, dysonwellness@noctrl.edu
- Office of Student Affairs, 630-637-5151, studentaffairs@noctrl.edu
- Office of Human Resources 630-637-5757, humanresources@hr.noctrl.edu
- Office of Campus Safety 630-637-5911, campussafety@noctrl.edu
- Office of Residence Life 630-637-5858, reslife@noctrl.edu
- Office of Athletics 630-637-5500, athletics@noctrl.edu

Biennial review process began January 2023 and ended December 31, 2024.

Data was collected primarily from the above offices and reviewed and discussed in the monthly alcohol and drug prevention committee.

The Biennial Review Reports are kept on the College's website at:

<https://www.northcentralcollege.edu/drug-free-schools-and-communities-act>. The offices listed above maintain access to the Biennial Review via a shared Box folder as well. A hard copy of the Biennial Review Report may be obtained from the Office of Student Affairs or the Dyson Wellness Center.

Biennial Review reports are kept for three years after the fiscal year in which the record was created. Therefore, this report created on December 31, 2024 shall be kept until December 31, 2027.

ANNUAL POLICY NOTIFICATION PROCESS

North Central College Annual Policy Notification/Distribution to Students, Staff and Faculty

As a requirement of these regulations, North Central College is to disseminate and ensure receipt of the below policy/information to all students, staff, and faculty on an annual basis. This process is formally conducted by email to all new students upon deposit. In addition, there is an email distribution to all enrolled **students, faculty and staff once per fall and spring semester**. Students just need to be enrolled in one or more classes to receive the email. All faculty and staff receive the email. The College may send additional email notification throughout the year if there are significant changes to the current policies in place or if additional information needs to be disseminated. The Biennial Review is available to view on the College's website at: [Health & Safety Reports & Policies | North Central College](#).

A copy of the content of policies, standards of conduct, description of legal sanctions, health risks, drug or alcohol counseling, treatment or rehabilitation, and a clear statement that the institution will impose disciplinary sanctions on students and employees and description of those sanctions can all be found in the appendices within the [Drug and Alcohol Abuse Prevention Program \(DAAPP\) Program Participation Agreement \(PPA\)](#).

Links to the student handbooks and employee policies are included in the DAAPP PPA.

Questions concerning these policies and/or alcohol and other drug programs, interventions and policies may be directed to Tatiana Sifri, Executive Director of the Dyson Wellness Center (tsifri@noctrl.edu; 630-637-5161), Dr. Vicki Williams, Vice President for Student Life and Dean of Students (vwilliams@noctrl.edu; 630-637-5151) and/or Sharon Merrill, Assistant Vice President for Human Resources (semerrill@noctrl.edu; 630-637-5757).

ALCOHOL AND OTHER DRUG Prevalence Rate, Incidence Rate, Needs Assessment and Trend Data

Explanation of Data Measures

There are three ways to measure student conduct data. First, data may be measured in the number of incidents that occur in a given time period. An incident is one event that can involve multiple students violating College policy. The second way to measure is by the number of students violating College policy. This number exceeds the total number of incidents, as more than one student may be involved in each incident. Lastly, data may be measured by violations of policy. Each student may be charged with and/or found responsible for more than one policy violation for behavior that occurred during the same incident.

All data below only includes those cases where offenders were found “in violation.” A person who was found “in violation” of policies for multiple incidents will be counted more than once.

Total Number of Incidents with College Policy Violations per Academic Year

*Total incidents and violations include all Student Handbook policy violations (Not exclusive to Alcohol and Drug related incidents)

2015-2016	2016-2017	2017-2018	2018-2019	2019-2020	2020-2021	2021-2022	2022-2023	2023-2024
122	110	63	95	103	175	147	81	93

Total Number of Unique Students Found “In Violation” of Any College Policy per Academic Year

2015-2016	2016-2017	2017-2018	2018-2019	2019-2020	2020-2021	2021-2022	2022-2023	2023-2024
260	216	116	121	175	330	275	185	173

Total Number of College Policy Violations per Academic Year

2015-2016	2016-2017	2017-2018	2018-2019	2019-2020	2020-2021	2021-2022	2022-2023	2023-2024
410	294	170	188	291	544	456	270	200

Unique Students Found “In Violation” of College Policy by Sex per Academic Year

	2015-2016	2016-2017	2017-2018	2018-2019	2019-2020	2020-2021	2021-2022	2022-2023	2023-2024
Female	79	80	44	58	68	135	111	38	55
Male	181	136	72	63	107	194	162	146	113
Blank	N/A	N/A	N/A	N/A	N/A	1	2	3	2
Total	260	216	116	121	175	330	275	187	170

Unique Students found “In Violation” of College Policy by Class per Academic Year

Classification	2015-2016	2016-2017	2017-2018	2018-2019	2019-2020	2020-2021	2021-2022	2022-2023	2023-2024
Freshman	105	87	58*	42	67	86	104	61	70
Sophomore	68	79	28*	26	47	84	59	62	41
Junior	41	28	20*	27	36	73	52	37	27
Senior	43	22	8*	23	33	67	42	24	23
Graduate	2	0	0	0	1	14	6	1	4
Non-Degree	1	0	2	3	1	1	6	0	0
Blank/Other	N/A	N/A	N/A	N/A	N/A	7	6	2	5
Total	260	216	116	121	175	330	275	187	170

Policy Breakdown of Alcohol and Drug Violations per Academic Year

Violation	2015-2016	2016-2017	2017-2018	2018-2019	2019-2020	2020-2021	2021-2022	2022-2023	2023-2024
Alcohol	161	150	90	68	167	111	122	158	128
Drugs	53	23	21	10	39	8	19	35	38
Total Alcohol/Drug Violations	214	173	111	78	209	119	141	193	166

ALCOHOL AND OTHER DRUG Policy, Enforcement & Compliance Inventory & Related Outcomes/Data

Campus Safety Overview

North Central College's Department of Campus Safety maintains a collaborative relationship with the Naperville Police Department to address issues related to drugs and alcohol on campus. Campus Safety officers are trained professionals available 24/7, authorized to enforce College policies and assist in enforcing state and local laws. While they do not have arrest authority or carry arms, they work closely with the Naperville Police Department, seeking immediate assistance and support when necessary. For all reported crimes, including those involving drugs and alcohol, Campus Safety encourages and assists reporting parties to also notify the Naperville Police Department. This collaboration ensures a comprehensive approach to maintaining a safe campus environment.

Additionally, the Naperville Police Department actively engages with the community by offering educational programs, such as safety presentations for college-bound students and their parents. These programs cover topics like drug and alcohol education and personal safety, aiming to equip students with the knowledge and skills needed to keep themselves and their property safe while on campus.

North Central College is committed to fostering a safe and healthy environment through comprehensive drug and alcohol prevention initiatives. Key components of these initiatives include:

Policy Enforcement and Education

The College enforces strict policies regarding alcohol and drug use, as detailed in the Student Handbook. These policies are in accordance with federal, state, and local laws, and aim to promote responsible behavior within the campus community. Educational programs are conducted to inform students about these policies and the consequences of violations.

Health and Safety Policies

The College maintains a comprehensive set of health and safety policies that address substance use. These policies are designed to protect the well-being of students, faculty, staff, and visitors,

and to create a sustainable campus environment. Resources related to these policies are available to the campus community.

Through these initiatives, North Central College strives to educate its community and prevent substance misuse on campus.

North Central College's Department of Campus Safety is dedicated to fostering a secure and supportive environment that encourages students to seek assistance when needed. The department aims to provide a safe and secure setting conducive to the educational, professional, and personal growth of all campus community members, while fostering community trust, mutual respect, and cooperation.

Campus Safety officers are a friendly, professional, and visible presence on campus 24 hours a day. They are available to assist with various needs, including providing safety escorts, helping with lockouts, and offering general support to ensure students feel comfortable seeking help.

The department also engages with students through proactive educational programs and safety tips, aiming to build strong relationships and promote a culture of safety and trust. By maintaining an approachable demeanor and being readily accessible, Campus Safety encourages students to reach out without hesitation, reinforcing their commitment to a supportive campus environment.

North Central College's Campus Safety Department actively participates in initiatives related to alcohol and drug education, aiming to foster a safe and informed campus environment. Key aspects of their involvement include:

Educational Programs and Events

The College offers a comprehensive program of events and information to educate students about the negative impact of alcohol and drug abuse. Students seeking more information on these topics are encouraged to contact the Dyson Wellness Center. Additionally, students experiencing difficulties with substance use are advised to consult with staff members in Student Affairs, Residence Life, or the Dyson Wellness Center.

Medical Amnesty Policy

To encourage students to seek prompt medical assistance in emergencies involving alcohol or drug use, North Central College has implemented a Medical Amnesty Policy. This policy ensures that students who seek help for themselves or others in such situations will not face disciplinary action for possession or consumption of alcohol or drugs. This initiative underscores the College's commitment to student safety and well-being.

Through these efforts, Campus Safety collaborates with other departments to promote responsible behavior and support services related to alcohol and drug use on campus.

Alcohol and Drug Related Policies as listed in the Student Handbook

Alcohol Policy

North Central College recognizes that personal choices involving the use of alcohol have an impact on both the individual and the community. The College's alcohol policy, written in accordance with Illinois State law, supports the mission of the institution and its academic and student development goals.

North Central College students are subject to all Federal, State, and Local laws pertaining to alcohol. In the event prosecution occurs outside the College, violators also may be subject to the College's Student Conduct Process. Additionally, North Central College, as an educational institution, sets supplementary community standards for its members that are over and above prescribed Federal, State, and Local laws.

North Central College alcohol policies include:

- A. Public Consumption: Consumption of alcohol on College property is prohibited – regardless of age – unless it is being offered as part of an official College program or event in a specially designated location. While alcohol may be safely consumed in residence hall rooms by students and guests who are 21 years of age or over, specific rules apply (see additional policies below). Note - Tailgating: Students, regardless of age, are prohibited from tailgating at sporting events or other functions on College property unless accompanied by a parent or guardian.
- B. Of-Age Alcohol Policy: Students who are 21 years of age or over may possess or consume alcohol in residence hall rooms provided that all other individuals in a room, suite, or apartment are of legal drinking age (see note below), and the door to the room is closed. Alcohol may not be consumed in residence hall balconies, lounges or public areas within the residence hall or apartment building. Please note, any alcohol present when College policies are being violated is subject to confiscation and immediate disposal, even if one or more of the students involved in the incident is 21 years of age or older.
 - 1. Students of the legal age of 21 are prohibited from being present where alcohol is being consumed by individuals under the age of 21. Presence is defined as being in the room, suite, vehicle or other location proximal to the possession or use of alcohol.
 - 2. Students who are 21 years of age or older who wish to transport alcohol on campus may do so only if the alcohol is in an unopened, sealed container(s), and covered from open view.
 - 3. The atmosphere of a room in which there is possession and/or consumption of alcohol must not create significant noise or disturbances, and the door of this room must be closed.
 - 4. Students who live off-campus at a local residence are expected to abide by all local laws and ordinances related to alcohol. Of-age students who host underage students at an off-campus gathering where alcohol is present may be found in violation of this policy.

C. Underage Alcohol Policy:

1. Students under the age of 21 are prohibited from possessing, distributing, or consuming alcohol.
2. Students under the age of 21 are also prohibited from being present where alcohol is being consumed, even if the individual(s) possessing or consuming the alcohol are of the legal age of 21, and are following all other guidelines. Presence is defined as being in the room, suite, vehicle, or other location proximal to the possession or use of alcohol.
3. It is expected that underage students abide by local laws and ordinances related to alcohol, whether on or off campus. If it is determined that an underage student consumed alcohol at an off-campus location, the student may be found in violation of this policy.

Note: Presence of Underage Roommates. Underage students whose roommates, apartment mates or suitemates are 21 years of age or older may be present when alcohol is possessed or consumed in the student's residence hall room, suite, or apartment. However, underage roommates are not permitted to consume alcoholic beverages themselves. If guests who are under the age of 21 are found anywhere in a room, suite, or apartment where alcohol is being consumed, all of the individuals will be subject to disciplinary action regardless of age.

Note: College Sponsored Events. Alcohol is occasionally served as part of an official College program or event in a specifically designated location (for example: Homecoming in the Residence Hall/Recreation Center). In situations like this, underage students may be present where alcohol is being consumed by of-age students or guests, but may not consume alcohol themselves.

- D. Intoxication and Behavioral Responsibility: Students who choose to consume alcohol are expected to do so responsibly. Intoxication itself is a violation of the North Central College alcohol policy. In addition, students who are highly intoxicated, in the opinion of the College staff member present at the time, will be transported to the hospital via ambulance at cost to the student.
- E. Substance Free Halls: A substance-free designation is given to any living environment where alcohol and alcohol paraphernalia are prohibited. Any room in which all residents are under the age of 21, in addition to all rooms in Geiger Hall, Seager Hall, and Rall Hall, are substance-free.

Additionally, rooms or floors in other residence halls may be designated as substance-free by the Office of Residence Life.

F. Drinking Games

1. Games that are centered around alcohol, focused on drinking large quantities of alcohol, or promote unsafe consumption are prohibited.
2. Drinking games played with non-alcoholic beverages are also prohibited.
3. Being in the presence of, or being in possession of any device or paraphernalia commonly used to play drinking games is prohibited. These devices, including beer pong supplies and "Beirut" tables, are also subject to confiscation and/or disposal.

G. Alcohol Containers and Paraphernalia:

1. Alcohol containers, regardless of the content, are prohibited in substance-free residence halls and in rooms or suites where all roommates are underage.
2. Kegs and any other containers over two gallons in capacity – whether empty or full – are prohibited anywhere on campus, and are subject to confiscation and disposal, regardless of the age of the person(s) possessing them.
3. Alcohol paraphernalia including beer bong, funnels and beer boots are not permitted on campus and are subject to confiscation and disposal.

H. Powdered Alcohol:

The consumption, possession or distribution of any powder or crystalline substance containing alcohol, as defined by state/local law, is prohibited by College policy and Illinois state law.

Drug Policy

North Central College recognizes that personal choices involving the use of drugs have an impact on both the individual and the community. The College's drug policy, written in accordance with Federal law, is more restrictive than State law while supporting the mission of the institution and its academic and student development goals.

Federal Law prohibits the possession and/or distribution of illegal drugs. Criminal controlled substances penalties include fines, imprisonment, and, in certain cases, the seizure and forfeiture of the violator's property. Penalties are increased for second time offenses. In addition, financial aid (particularly Federal aid) may be forfeited. North Central College students are subject to all Federal, State, and Local laws pertaining to the use, possession, and presence of illegal drugs and controlled substances. The College cooperates fully with law enforcement officials in the prosecution of cases involving illegal drugs and controlled substances.

Additionally, North Central College sets additional and more restrictive rules regarding the use and possession of legal and illegal drugs and/or controlled substances on campus than prescribed by Federal, State, and/or Local laws. Violations of these policies may also subject the involved party to disciplinary action through the College's Student Conduct Process.

North Central College Drug Policy:

Students are prohibited from the unlawful use, possession, or distribution of any illegal drug or illegal drug paraphernalia, whether on or off campus. Students are also prohibited from being in the presence of illegal drugs or illegal drug paraphernalia. Presence is defined as being in the room, suite, vehicle, or other location proximal to the possession or use of illegal substances, activities or paraphernalia. Illegal drug and/or illegal drug paraphernalia may be subject to confiscation and/or disposal.

The North Central College drug policy covers illegal and illicit use of controlled substances, including marijuana, stimulants, depressants, hallucinogens, opiates/narcotics, inhalants, synthetic drugs, or any other intoxicating compound. The unauthorized possession or use of prescription drugs is also prohibited. If a significant quantity of drugs, or items suggesting drug distribution are found (for example: scale, small self-sealing baggies, etc.), the College may refer the case directly to the hearing panel process to consider suspension or dismissal.

Recreational and Medical Marijuana:

North Central College prohibits the possession, use, or distribution of all cannabis, cannabis products, or any substances containing THC (tetrahydrocannabinol) on campus, or at any College sponsored event or activity off campus regardless of whether such use is allowed by law. The Cannabis Regulation and Tax Act and the Compassionate Care Act, are Illinois laws that permits the recreational and medical use of marijuana, respectively, and states: "Nothing in this Act shall prevent a university, college, or other institution of post-secondary education from restricting or prohibiting the use of medical or recreational cannabis on its property." The Cannabis Regulation and Tax Act states, "Nothing in this Act shall require an individual or business entity to violate the provisions of federal law, including colleges or universities that must abide by the Drug-Free Schools and Communities Act Amendments of 1989, that require campuses to be drug free." North Central College is required to certify that it complies with the Drug-Free Schools and Communities Act (20 U.S.C. 1145g part 86 of the Drug and Alcohol Abuse Prevention Regulations). The federal government regulates drugs through the Controlled Substances Act (21 U.S.C. A 811) which classifies marijuana as a Schedule I controlled substance. Thus to comply with the Federal Drug-Free School and Communities Act, North Central College prohibits all cannabis use, possession, manufacture or distribution.

ALCOHOL AND OTHER DRUG Comprehensive Program/Intervention Inventory & Related Process and Outcomes/Data

Alcohol and Drug Related Consequences as listed in the Student Handbook

Consequences of Alcohol and Drug Violations

All incidents involving drugs and alcohol will be processed through the College's Student Conduct Process. Students found in violation of alcohol and/or drug policies may be subject to sanctions deemed appropriate by the College, such as counseling assessments, educational projects, fines, parental notification, community service, campus engagement, reprimand, restitution, residence hall removal, suspension, probation, or dismissal. Standard sanctions include:

Sample Illinois Sanctions for Violation of Alcohol Control Statutes

(See Illinois Compiled Statutes for more specific information)

It is a Class A Misdemeanor:

- A. to possess or sell alcohol if you are under 21;
- B. for any person under 21 years of age to consume alcohol;
- C. to alter, or deface an identification card; use the identification card of another; carry or use a false or forged identification card; or obtain an identification card by means of false information;
- D. to sell, give, or deliver alcohol to individuals under 21 years of age.

Class A Misdemeanors are punishable with a fine of no less than \$75 and up to \$2,500 and less than one year in the county jail. Local ordinances may also be enforced.

Class A Misdemeanors are punishable with a fine of \$75 to \$2,500 and up to 1 year in the county jail. Federal statutes and penalties are separate and different than State penalties. The possession and use of certain cannabis remains a violation of Federal law.

Sample Illinois Sanctions for Violation of Drug Control Statutes

(See Illinois Compiled Statutes for more specific information regarding civil and/or criminal penalties)

Possession of Cannabis - Under 21 Years of Age

- A. It is a Civil Law Violation to possess from 0 to 9 grams of Cannabis. The civil law violation is punishable by a minimum fine of \$100 and a maximum fine of \$200.
- B. It is a Class B Misdemeanor to possess from 10 to 29 grams of Cannabis. For additional sanctions, please see below.

Possession of Cannabis – 21 Years of Age and Older

An Illinois resident (21 years old and older) may possess up to 30 grams of cannabis, 5 grams of cannabis concentrate or edibles containing up to 500 milligrams of THC. Non-residents (21 years old and older) may possess only half of these amounts.

- A. It is a Class A Misdemeanor to possess from 30 to 99 grams of Cannabis (first offense).
- B. It is a Class 4 Felony to possess from 30 to 99 grams of Cannabis (subsequent offense).
- C. It is a Class 4 Felony to possess 100 grams to 499 grams of Cannabis.
- D. It is a Class 3 Felony to possess 500 grams to 1,999 grams of Cannabis.
- E. It is a Class 2 Felony to possess 2,000 grams to 4,999 grams of Cannabis.

It is a Class 1 Felony to possess more than 5,000 grams of Cannabis.

Possession of Cocaine:

- A. It is a Class 4 Felony to possess 0-14 grams
- B. It is a Class 1 Felony to possess 15-99 grams.
- C. It is a Class 1 Felony to possess 100-399 grams.
- D. It is a Class 1 Felony to possess 400-899 grams.
- E. It is a Class 1 Felony to possess 900+grams.

Possession of Heroin/LSD:

- A. It is a Class 4 Felony to possess 0-14 grams
- B. It is a Class 1 Felony to possess 15-99 grams.
- C. It is a Class 1 Felony to possess 100-399 grams.
- D. It is a Class 1 Felony to possess 400-899 grams.
- E. It is a Class 1 Felony to possess 900+grams.

Class 4 Felony sentence may be from 1 to 3 years in a state penitentiary.

Class 3 Felony sentence may be from 2 to 5 years in a state penitentiary.

Class 2 Felony sentence may be from 3 to 7 years in a state penitentiary.

Class 1 Felony sentence may be from 4 to 15 years in a state penitentiary.

The fine for a Class 4 Felony Controlled Substance violation shall not be more than \$25,000.

The fine for a Class 1 Felony Controlled Substance violation shall not be more than \$200,000.

This is not an exhaustive list of narcotics and controlled substances that are subject to Illinois Compiled

Statutes and which may have local, state, and/or federal sentencing guidelines.

Federal Drug Possession Penalties (21 USC 844)

Persons convicted on Federal charges of possessing any controlled substance face penalties of up to 1 year in prison and a mandatory fine of no less than \$1,000 up to a maximum of \$100,000. Second convictions are punishable by not less than 15 days but not more than 2 years in prison and a minimum fine of \$2,500. Subsequent convictions are punishable by not less than 90 days but not more than 3 years in prison and a minimum fine of \$5,000. Possession of drug paraphernalia is punishable by a minimum fine of \$750.

Special sentencing provisions for possession of crack cocaine impose a mandatory prison term of not less than 5 years but not more than 20 years and a fine up to \$250,000, or both if:

- A. It is a first conviction and the amount of crack possessed exceeds 5 grams;
- B. It is a second conviction and the amount of crack possessed exceeds 3 grams;
- C. It is a third or subsequent crack conviction and the amount exceeds 1 gram.

Civil penalties of up to \$10,000 may also be imposed for possession of small amounts of controlled substances, whether or not criminal prosecution is pursued.

Medical Amnesty

The safety and wellbeing of students is of primary importance to North Central College. Each student plays an important role in creating a safe, healthy and responsible community. The College understands that the potential for disciplinary action may be a deterrent to students who might seek emergency medical assistance for themselves or others or those involved in COVID-19 associated contact tracing.

Because the College wants students to seek assistance promptly in the event of a health or safety emergency involving alcohol or drug use and for students to be fully honest when participating in COVID-19 contact tracing, a policy of medical amnesty has been adopted as part of a comprehensive approach to reduce the harmful effects of substance use and to mitigate risk of COVID-19 to the campus community.

- A. If a student seeks help in a medical emergency (by calling 911 or Campus Safety at 630-637-5911), the College will not take disciplinary action for possession, consumption, or being in the presence of alcohol or drugs against:
 - ☐ A student who initiates a request for medical assistance for oneself;
 - ☐ A student who initiates a request for medical assistance for another student; and/or
 - ☐ The student for whom medical assistance is sought.

- B. If a student discloses, during the course of COVID-19 related contact tracing, that the student has participated in activity which may violate College policy, the College will not take disciplinary action for possession, consumption, or being in the presence of alcohol or drugs, or the presence of unauthorized guests or gatherings, against:
- ☐ A COVID-19 confirmed/presumed positive student;
 - ☐ A close, physical, or proximate contact of a COVID-19 confirmed/presumed positive student.
- C. Any student(s) afforded amnesty under this policy will be required to meet with staff from the Office of Student Affairs or the Office of Residence Life for a formal review of the incident. Failure to attend this required meeting will result in the revocation of the amnesty. The outcome of this meeting may be a counseling or health assessment, or other educationally appropriate interventions.
- D. While no formal disciplinary action will be taken in cases that meet the conditions of this policy, College staff will document the incident and follow up accordingly. Repeated incidents or intentional abuse of this policy may result in parental notification and/or disciplinary action.
- E. This policy does not preclude disciplinary action regarding other behaviors prohibited in the Student Handbook and/or deemed to have considerable negative community impact, including but not limited to sexual misconduct, hazing, conduct that endangers, damage, vandalism, and the unlawful provision or distribution of alcohol or drugs.

Campus Sanctions for Alcohol And Drug Policy Violations

ALCOHOL Violations	Typically Heard By:	Typical Sanction:
1st Alcohol	Residents - Area Hall Director Commuters - Asst. Dir. Res Life or Area Hall Director	<ul style="list-style-type: none"> • \$100 Fine • Other sanctions as appropriate • (no parent notification, but see exceptions) • 5 hours of community service
2nd Alcohol	Director of Residence Life Assistant Dir. of Residence Life	<ul style="list-style-type: none"> • \$200 Fine • Parent Notification (if under 21) • Probation for 1 calendar year • Next Disciplinary Steps: "...likely removal from campus residence halls." • Other sanctions as appropriate • 10 hours of community service

3rd Alcohol	Assistant Dean of Students	<ul style="list-style-type: none"> • \$200 Fine • Parent Notification (if under 21) • Probation extended for 1 calendar year • 15 hours of community service • Next Disciplinary Steps: ‘...a hearing panel to consider probable suspension or possible dismissal from the College.’ • Other sanctions as appropriate
4th. Alcohol	Hearing Panel	<ul style="list-style-type: none"> • Probable suspension or possible dismissal • Other sanctions as appropriate
1st Marijuana	Residents - Area Hall Director Commuters - Asst. Dir. Res Life or Area Hall Director	<ul style="list-style-type: none"> • \$100 Fine • Other sanctions as appropriate • Parent Notification (if under 21) • 5 hours of community service
2nd Marijuana	Director of Residence Life Assistant Dir. of Residence Life	<ul style="list-style-type: none"> • \$200 Fine • Parent Notification (if under 21) • Probation for 1 calendar year • Next Disciplinary Steps: “...likely removal from campus residence halls.” • 10 hours of community service • Other sanctions as appropriate
3rd Marijuana	Assistant Dean of Students	<ul style="list-style-type: none"> • \$200 Fine • Parent Notification (if under 21) • Probation extended for 1 calendar year • 15 hours of community service • Next Disciplinary Steps: ‘...a hearing panel to consider probable suspension or possible dismissal from the College.’ • Other sanctions as appropriate
4th Marijuana	Hearing Panel	<ul style="list-style-type: none"> • Probable suspension or possible dismissal • Other sanctions as appropriate
1st Drug	Director of Residence Life Assistant Dir. of Residence Life	<ul style="list-style-type: none"> • \$100 Fine • Parent Notification (if under 21) • Probation for 1 calendar year • Next Disciplinary Steps: “...likely removal from campus residence halls.” • 5 hours community service • Other sanctions as appropriate

2nd Drug	Associate/Assistant Dean	<ul style="list-style-type: none"> • \$200 Fine • Parent Notification (if under 21) • Probation extended for 1 calendar year • Next Disciplinary Steps: ‘...a hearing panel to consider probable suspension or possible dismissal from the College.’ • Removal from campus residence halls • 10 hours of community service
3rd Drug	Hearing Panel	<ul style="list-style-type: none"> • \$200 Fine • Parent Notification (if under 21) • Probation extended for 1 calendar year • Probable suspension or possible dismissal • Other sanctions as appropriate

Exceptions/Notes:

- Alcohol/Drug fine, parent notification, probationary status, and next disciplinary steps – as outlined above - are *standard* for all alcohol/drug violations. Should an administrative hearing officer believe that an exception to the standard sanctions be warranted, they should first seek approval from their direct supervisor and the Director of Residence Life (Assistant Dean of Students for Student Care and Community Standards in absence of DRL). If granted, a clear rationale for the exception must be documented in the Maxient case file.
- In the case of a medical transport due to alcohol overconsumption (or similarly severe incidents), a first violation would be heard by the Director/Asst. Director of Residence Life, and a parent notification letter would be sent (if under 21).
- “Next Disciplinary Steps” may differ depending on the previous hearing officer’s sanctions and warning regarding future behavior – be sure to check the previous case file.
- In drug cases where it is suspected that drug distribution may have taken place, the case will typically be forwarded directly to a hearing panel for adjudication.
- Depending on the severity and details of the case, the College reserves the right to forward any case to a hearing panel for adjudication, no matter the disciplinary history of those involved.

ALCOHOL & DRUG PROTOCOLS AT THE DYSON WELLNESS CENTER

The Dyson Wellness Center medical and counseling appointments include a screening tool, the AUDIT-C, and a Marijuana screening tool. All protocol versions for this Biennial Review period are below as well as statistics collected from the screenings.

Medical Policy	Created 08/14/2017 Updated 02/26/2021 Reviewed 07/19/2022
Title: AUDIT-C	

Purpose:

The Alcohol Use Disorders Identification Test-Consumption (AUDIT-C) screening tool incorporated within the Dyson Wellness Center (DWC) today's medical visit and returning medical visit forms has been selected to assist with identifying clients with risky drinking behaviors and/or active alcohol disorders, including alcohol abuse or dependence. With utilization of the tool, the goal is to better identify, counsel, support, and refer clients at risk or who identify as having a substance disorder to prevent complications and improve outcomes.

Procedure:

1. The AUDIT-C form will be completed via the today's medical visit and/or the returning medical visit forms by every client seeking medical services at the DWC.
2. The client's responses to the three questions will be reviewed and scored by the medical provider rendering care at each visit.
3. The responses will be scored as follows:
 - a. The AUDIT-C will be scored on a scale of 0-12.
 - b. Each AUDIT-C question will have five answer options. Points allotted will be as follows: A = 0 points, B = 1 point, C = 2 points, D = 3 points, E = 4 points.
 - c. In male clients, a score of 4 or more will be considered a positive finding, optimal for hazardous drinking or active alcohol use disorders
 - d. In women clients, a score of three or more will be considered positive for the same as above.
 - e. However, when the points are all from Question #1 alone (Question #2 and #3 are zero), it will be assumed that the client is drinking below the recommended limits and that the provider review the client's alcohol intake over the past few months to confirm accuracy (i.e., "Has this been your consistent pattern over the past 2-3 months?").
 - f. For clients who have never been in alcohol treatment, scores greater than or equal to an eight are associated with relatively high rates of dependence.
4. Client's alcohol use will additionally be scored against the recommended limits to further identify clients with hazardous drinking or active alcohol use disorders.
 - a. Recommended limits
 - i. Men: No more than 14 drinks a week, 4 drinks per occasion
 - ii. Women: No more than 7 drinks a week, 3 drinks per occasion

5. After review, the client's score and alcohol use in comparison with the recommended limit will then be discussed with him/her/them. Clients noted to have positive findings will be counseled on the risks associated with their behaviors and recommended the following options for further evaluation and management per the medical provider's discretion:
 - a. Student Clients
 - i. For women with Audit-C scores 3-7 and men with Audit-C scores 4-7 and no prior alcohol treatment, a brief intervention should be offered to them which might include:
 1. Expressing concern about the client's behavior, if drinking is above the recommended limit.
 2. Providing feedback linking the client's alcohol consumption to his or her health concerns, especially if the client is drinking above the recommended limit.
 - a. Clients with concerns for secondary health issues related to their alcohol consumption will be referred to an outside medical provider for further evaluation.
 3. Offering advice to the client to decrease their alcohol consumption to below the recommended limits, which might include the following:
 - a. Client's will be offered a list of resources that they could utilize on-campus and within the community for further assessment, treatment, and support
 - ii. Clients who score greater than or equal to an eight on the Audit-C who have never received any previous alcohol treatment will be advised to schedule an initial consult with a DWC counselor to discuss his or her substance use and abuse. If there are any client safety concerns, then the client will be urgently referred to a DWC counselor for an immediate evaluation.
 - b. Non-student Clients
 - i. For women with Audit-C scores ≥ 3 and men with Audit-C scores ≥ 4 , and no prior alcohol treatment, a brief intervention would occur which might include:
 1. Expressing concern about the client's behavior, if drinking is above the recommended limit.
 2. Providing feedback relating the client's alcohol consumption to his or her health concerns, especially if the client is drinking above the recommended limit.
 - a. Clients with concerns for secondary health issues related to their alcohol consumption will be referred to an outside medical provider for further.
 3. Offering advice to the client to decrease their alcohol consumption to below the recommended limits, which might include the following:
 - a. Clients will be offered a list of resources within the community, including Gateway Foundation Alcohol & Drug Treatment, Rosecrans, Linden Oaks, and CADC meetings, that they could utilize for further assessment and treatment

- b. Clients will also be referred to the Employee Assistance Program (EAP) at <https://www.perspectivesltd.com/> for further support.
6. The medical provider reviewing the today's medical visit form will note the client's Audit-C score and any treatment recommendations made at the initial appointment each academic year on the Problems List note.
 - a. With each subsequent medical appointment, the treating medical provider will review the Problems List and the returning medical visit form and will follow-up with the client if recommendations were made related to the Audit-C at any previous appointments and/or there are noted changes in the client's Audit-C score.
 - b. The medical provider will additionally update the Problems List with any further pertinent information and/or recommendations made at subsequent appointments regarding the client's alcohol use.

Medical & Counseling Policy	Created 09/19/2018 Updated 07/31/2019 Updated 6/29/2021 Updated 10/13/2022 Reviewed 08.04.2023
Title: AUDIT-C	

Purpose:

The Alcohol Use Disorders Identification Test-Consumption (AUDIT-C) screening tool incorporated within the Dyson Wellness Center (DWC) today's medical visit, returning medical visit form, and the initial consult form has been selected to assist with identifying clients with risky drinking behaviors and/or active alcohol disorders, including alcohol abuse or dependence. With utilization of the tool, the goal is to better identify, counsel, support, and refer clients at risk or who identify as having a substance disorder to prevent complications and improve outcomes.

Procedure:

1. The AUDIT-C form will be completed via the today's medical visit and/or the returning medical visit forms by every client seeking medical services at the DWC. It will also be completed at the time of the initial consult for counseling.
2. The client's responses to the three questions will be reviewed and scored by the medical provider rendering care at each of the named visits.
3. The responses will be scored as follows:
 - a. The AUDIT-C will be scored on a scale of 0-12.
 - b. Each AUDIT-C question will have five answer options. Points allotted will be as follows: A = 0 points, B = 1 point, C = 2 points, D = 3 points, E = 4 points.
 - c. In male clients, a score of 4 or more will be considered a positive finding, optimal for hazardous drinking or active alcohol use disorders
 - d. In women clients, a score of three or more will be considered positive for the same as above.

- e. However, when the points are all from Question #1 alone (Question #2 and #3 are zero), it will be assumed that the client is drinking below the recommended limits and that the provider review the client's alcohol intake over the past few months to confirm accuracy (i.e., "Has this been your consistent pattern over the past 2-3 months?").
 - f. For clients who have never been in alcohol treatment, scores greater than or equal to an eight are associated with relatively high rates of dependence.
- 4. Client's alcohol use will additionally be scored against the recommended limits to further identify clients with hazardous drinking or active alcohol use disorders.
 - a. Recommended limits
 - i. Men: No more than 14 drinks a week, 4 drinks per occasion
 - ii. Women: No more than 7 drinks a week, 3 drinks per occasion
- 5. After review, the client's score and alcohol use in comparison with the recommended limit will then be discussed with him/her/them. Clients noted to have positive findings will be counseled on the risks associated with their behaviors and recommended the following options for further evaluation and management:
 - a. Student Clients
 - i. For clients with Audit-C scores 4-7 and no prior alcohol treatment, a brief intervention should be offered to them which might include:
 - 1. Expressing concern about the client's behavior, if drinking is above the recommended limit.
 - 2. Providing feedback linking the client's alcohol consumption to his or her health concerns, especially if the client is drinking above the recommended limit.
 - a. Clients with concerns for secondary health issues related to their alcohol consumption will be referred to an outside medical provider for further evaluation.
 - 3. Offering advice to the client to decrease their alcohol consumption to below the recommended limits, which might include a list of resources that they could utilize on-campus and within the community for further assessment, treatment, and support
 - ii. Clients who score greater than or equal to an eight on the Audit-C who have never received any previous alcohol treatment will be advised to schedule an initial consult with a DWC counselor to discuss his or her substance use and abuse. If there are any client safety concerns, then the client will be urgently referred to a DWC counselor for an immediate evaluation.
 - b. Non-student Clients
 - i. For clients with Audit-C scores greater than a 4 and no prior alcohol treatment, a brief intervention would occur which might include:
 - 1. Expressing concern about the client's behavior, if drinking is above the recommended limit.
 - 2. Providing feedback relating the client's alcohol consumption to his or her health concerns, especially if the client is drinking above the recommended limit.

- a. Clients with concerns for secondary health issues related to their alcohol consumption will be referred to an outside medical provider for further evaluation.
 3. Offering advice to the client to decrease their alcohol consumption to below the recommended limits, which might include the following:
 - a. Clients will be offered a list of resources within the community, including Gateway Foundation Alcohol & Drug Treatment, Rosecrans, Linden Oaks, and AA meetings or other support groups, that they could utilize for further assessment and treatment
 - b. Clients will also be referred to the Employee Assistance Program (EAP) at <https://www.perspectivesltd.com/> for further support.
6. The medical provider reviewing the today's medical visit form will note the client's Audit-C score and any treatment recommendations made at the initial appointment each academic year on the Problems List note.
 - a. With each subsequent medical appointment, the treating medical provider will review the Problems List and the returning medical visit form and will follow-up with the client if recommendations were made related to the Audit-C at any previous appointments and/or there are noted changes in the client's Audit-C score.
 - b. The medical provider will additionally update the Problems List with any further pertinent information and/or recommendations made at subsequent appointments regarding the client's alcohol use.

Medical & Counseling Policy	Created 09/19/2018 Updated 07/31/2019 Updated 6/29/2021 Updated 10/13/2022 Reviewed 08.04.2023 Updated 7/16/2024
Title: AUDIT-C	

Purpose:

The Alcohol Use Disorders Identification Test-Consumption (AUDIT-C) screening tool incorporated within the Dyson Wellness Center (DWC) today's medical visit, returning medical visit form, and the initial consult form has been selected to assist with identifying clients with risky drinking behaviors and/or active alcohol disorders, including alcohol abuse or dependence. With utilization of the tool, the goal is to better identify, counsel, support, and refer clients at risk or who identify as having a substance disorder to prevent complications and improve outcomes.

Procedure:

1. The AUDIT-C form will be completed via the today's medical visit and/or the returning medical visit forms by every client seeking medical services at the DWC. It will also be completed at the time of the initial consult for counseling.
2. The client's responses to the three questions will be reviewed and scored by the medical provider rendering care at each of the named visits.
3. The responses will be scored as follows:
 - a. The AUDIT-C will be scored on a scale of 0-12.
 - b. Each AUDIT-C question will have five answer options. Points allotted will be as follows: A = 0 points, B = 1 point, C = 2 points, D = 3 points, E = 4 points.
 - c. In male clients, a score of 4 or more will be considered a positive finding, optimal for hazardous drinking or active alcohol use disorders
 - d. In women clients, a score of three or more will be considered positive for the same as above.
 - e. However, when the points are all from Question #1 alone (Question #2 and #3 are zero), it will be assumed that the client is drinking below the recommended limits and that the provider review the client's alcohol intake over the past few months to confirm accuracy (i.e., "Has this been your consistent pattern over the past 2-3 months?").
 - f. For clients who have never been in alcohol treatment, scores greater than or equal to an eight are associated with relatively high rates of dependence.
4. Client's alcohol use will additionally be scored against the recommended limits to further identify clients with hazardous drinking or active alcohol use disorders.
 - a. Recommended limits
 - i. Men: No more than 14 drinks a week, 4 drinks per occasion
 - ii. Women: No more than 7 drinks a week, 3 drinks per occasion
5. After review, the client's score and alcohol use in comparison with the recommended limit will then be discussed with him/her/them. Clients noted to have positive findings will be counseled on the risks associated with their behaviors and recommended the following options for further evaluation and management:
 - a. Student Clients
 - i. For clients with Audit-C scores 4-7 and no prior alcohol treatment, a brief intervention should be offered to them which might include:
 1. Expressing concern about the client's behavior, if drinking is above the recommended limit.
 2. Providing feedback linking the client's alcohol consumption to his or her health concerns, especially if the client is drinking above the recommended limit.
 - a. Clients with concerns for secondary health issues related to their alcohol consumption will be referred to an outside medical provider for further evaluation.
 3. Offering advice to the client to decrease their alcohol consumption to below the recommended limits, which might include a list of resources that they could utilize on-campus and within the community for further assessment, treatment, and support

- ii. Clients who score greater than or equal to an eight on the Audit-C who have never received any previous alcohol treatment will be advised to schedule an initial consult with a DWC counselor to discuss his or her substance use and abuse. If there are any client safety concerns, then the client will be urgently referred to a DWC counselor for an immediate evaluation. If the counselor assesses client's substance use may benefit from a higher level of care, they can offer Linden Oaks' expedited referral process to facilitate starting a more intensive program.
 - b. Non-student Clients
 - i. For clients with Audit-C scores greater than a 4 and no prior alcohol treatment, a brief intervention would occur which might include:
 - 1. Expressing concern about the client's behavior, if drinking is above the recommended limit.
 - 2. Providing feedback relating the client's alcohol consumption to his or her health concerns, especially if the client is drinking above the recommended limit.
 - a. Clients with concerns for secondary health issues related to their alcohol consumption will be referred to an outside medical provider for further evaluation.
 - 3. Offering advice to the client to decrease their alcohol consumption to below the recommended limits, which might include the following:
 - a. Clients will be offered a list of resources within the community, including Gateway Foundation Alcohol & Drug Treatment, Rosecrans, Linden Oaks, and AA meetings or other support groups, that they could utilize for further assessment and treatment
 - b. Clients will also be referred to the Employee Assistance Program (EAP) at <https://www.perspectivesltd.com/> for further support.
6. The medical provider reviewing the today's medical visit form will note the client's Audit-C score and any treatment recommendations made at the initial appointment each academic year on the Problems List note.
- a. With each subsequent medical appointment, the treating medical provider will review the Problems List and the returning medical visit form and will follow-up with the client if recommendations were made related to the Audit-C at any previous appointments and/or there are noted changes in the client's Audit-C score.
 - b. The medical provider will additionally update the Problems List with any further pertinent information and/or recommendations made at subsequent appointments regarding the client's alcohol use.

Counseling Policy	Created 1/04/2023
Title: Marijuana and other drugs screening protocol	

Purpose:

Screening for Marijuana use and other drug use will be done within the Dyson Wellness Center (DWC) today's counseling visit and returning counseling visit. This screening will assist counseling staff with identifying clients with possible risky drug use behaviors and/or active substance use disorders. With these screening questions, the goal is to better identify, counsel, support, and refer clients at risk or who identify as having a substance disorder to prevent complications and improve outcomes.

Procedure:

1. The screening questions will be completed via the Initial Consult form by every client seeking counseling services at the DWC.
2. The screening questions for marijuana use are as follows: (these questions were selected from the CUDIT-R questionnaire)
 - A. How often do you use marijuana?**
 - Never (0 points)
 - Monthly or less (1 point)
 - 2-4 times a month (2 points)
 - 2-3 times a week (3 points)
 - 4 or more times a week (4 points)
 - B. How often during the last 6 months did you fail to do what was normally expected from you because of using marijuana? Examples could be missing classes or academic work, commitments such as practices or relationship commitments.**
 - Never (0 points)
 - Less than monthly (1 point)
 - Monthly (2 points)
 - Weekly (3 points)
 - Daily or almost daily (4 points)
3. The screening question for use of other drugs is as follows: (this question is a modification of a pre-screening question recommended by SAMHSA)
 - A. How many times you used a recreational drug* or used a prescription medication for nonmedical reasons? *not including marijuana**
 - Never (0 points)
 - Monthly or less (1 point)
 - 2-4 times a month (2 points)
 - 2-3 times a week (3 points)
 - 4 or more times a week (4 points)

- B. How often during the last 6 months did you fail to do what was normally expected from you because of using marijuana? Examples could be missing classes or academic work, commitments such as practices or relationship commitments.**
- Never (0 points)
 - Less than monthly (1 point)
 - Monthly (2 points)
 - Weekly (3 points)
 - Daily or almost daily (4 points)
4. The client's responses to the questions will be reviewed and scored by the counseling provider rendering services at each visit.
 5. The provider will score the answers as follows: 2A +2B = marijuana score and 3A +3B = other drug score
 6. After review, the client's score for marijuana/drug of choice use will then be discussed with him/her/them. Clients noted to have positive findings will be counseled on the risks associated with their behaviors and recommended the following options for further evaluation and management per the counseling provider's discretion:
 - i. For clients with marijuana score of 1-3 AND/OR other drug score of 1-3, a brief intervention should be offer them which might include:
 1. Provide feedback linking the client's marijuana/drug consumption to his or her health concerns.
 - a. Clients with concerns for secondary health issues related to their marijuana/drug of choice use will be referred to DWC medical staff for further evaluation.
 - b. Approved educational handout regarding health consequences of marijuana/drug of choice use will be provided.
 - c. Clients can be given a paper copy of the DAST-10 assessment tool to use on their own if they wish.
 - ii. For clients with marijuana score of 4+ AND/OR other drug score of 4+:
 1. Express concern about the client's behavior**
 2. Provide feedback linking the client's marijuana/drug use to his or her health concerns.
 - a. Clients with concerns for secondary health issues related to their marijuana/drug of choice use will be referred to DWC medical staff for further evaluation.
 - b. Approved educational handout regarding health consequences of marijuana/drug of choice use will be provided.
 - c. Clients will be offered a list of resources within the community. Prepared folders are available in each counseling office. Digitally, the resources are available in Box → Programming → AOD Programming → Substance Abuse Resources List.
 - d. If the client was referred to DWC counseling provider by medical staff due to high score in the CUDIT-R questionnaire, the counselor will carefully review and explore the resources list with the client to identify the most appropriate services for the client.

- e. Clients can be given a paper copy of the DAST-10 assessment tool to use on their own if they wish.

3. If there are any safety concerns, the client should be assessed for potential risk of harm to self and/or others by the counselor immediately to determine the most appropriate level of care.

- 7. The counseling provider reviewing the initial consult form for counseling services will add the client's marijuana use or drug of choice score and any treatment recommendations to the Problems List note.
 - A. The counseling provider will additionally update the Problems List with any further pertinent information and/or recommendations made at subsequent appointments regarding the client's marijuana/drug use.

** Suggestions for dialog:

"Thank you so much for answering the social emotional question in the forms we sent you – I appreciate your honesty"

"How does your _____ use fit in with your goals?"

"Tell me some good things and not-so-good things about using _____?"

"How has your use been a problem for you? How has it been a problem for others?"

"What do you see your life to be like if you don't make changes and continue to use _____?"

"How do you think your life would be different if you did not use _____?"

"What do you see your life to be like if you don't make changes and continue to use _____?"

"I know how difficult it is to make changes"

"I don't know if that was difficult for you, but I appreciate you sharing with me."

Approved Marijuana and Other Drug educational handouts can be found at:
<https://www.sbirt.care/education.aspx>

Counseling Policy	Created 1/04/2023 Reviewed 08.04.2023
Title: Marijuana and other drugs screening protocol	

Purpose:

Screening for Marijuana use and other drug use will be done within the Dyson Wellness Center (DWC) today's counseling visit and returning counseling visit. This screening will assist counseling staff with identifying clients with possible risky drug use behaviors and/or active substance use disorders. With these screening questions, the goal is to better identify, counsel, support, and refer clients at risk or who identify as having a substance disorder to prevent complications and improve outcomes.

Procedure:

1. The screening questions will be completed via the Initial Consult form by every client seeking counseling services at the DWC.
2. The screening questions for marijuana use are as follows: (these questions were selected from the CUDIT-R questionnaire)
 - A. How often do you use marijuana?**
 - Never (0 points)
 - Monthly or less (1 point)
 - 2-4 times a month (2 points)
 - 2-3 times a week (3 points)
 - 4 or more times a week (4 points)
 - B. How often during the last 6 months did you fail to do what was normally expected from you because of using marijuana? Examples could be missing classes or academic work, commitments such as practices or relationship commitments.**
 - Never (0 points)
 - Less than monthly (1 point)
 - Monthly (2 points)
 - Weekly (3 points)
 - Daily or almost daily (4 points)
3. The screening question for use of other drugs is as follows: (this question is a modification of a pre-screening question recommended by SAMHSA)
 - A. How many times you used a recreational drug* or used a prescription medication for nonmedical reasons? *not including marijuana**
 - Never (0 points)
 - Monthly or less (1 point)
 - 2-4 times a month (2 points)
 - 2-3 times a week (3 points)
 - 4 or more times a week (4 points).

- B. How often during the last 6 months did you fail to do what was normally expected from you because of using marijuana? Examples could be missing classes or academic work, commitments such as practices or relationship commitments.**
- Never (0 points)
 - Less than monthly (1 point)
 - Monthly (2 points)
 - Weekly (3 points)
 - Daily or almost daily (4 points)
4. The client's responses to the questions will be reviewed and scored by the counseling provider rendering services at each visit.
5. The provider will score the answers as follows: 2A +2B = marijuana score and 3A +3B = other drug score
6. After review, the client's score for marijuana/drug of choice use will then be discussed with him/her/them. Clients noted to have positive findings will be counseled on the risks associated with their behaviors and recommended the following options for further evaluation and management per the counseling provider's discretion:
- i. For clients with marijuana score of 1-3 AND/OR other drug score of 1-3, a brief intervention should be offer them which might include:
 - 1. Provide feedback linking the client's marijuana/drug consumption to his or her health concerns.
 - a. Clients with concerns for secondary health issues related to their marijuana/drug of choice use will be referred to DWC medical staff for further evaluation.
 - b. Approved educational handout regarding health consequences of marijuana/drug of choice use will be provided.
 - c. Clients can be given a paper copy of the DAST-10 assessment tool to use on their own if they wish.
 - ii. For clients with marijuana score of 4+ AND/OR other drug score of 4+:
 - 1. Express concern about the client's behavior**
 - 2. Provide feedback linking the client's marijuana/drug use to his or her health concerns.
 - a. Clients with concerns for secondary health issues related to their marijuana/drug of choice use will be referred to DWC medical staff for further evaluation.
 - b. Approved educational handout regarding health consequences of marijuana/drug of choice use will be provided.
 - c. Clients will be offered a list of resources within the community. Prepared folders are available in each counseling office. Digitally, the resources are available in Box → Programming → AOD Programming → Substance Abuse Resources List.
 - d. If the client was referred to DWC counseling provider by medical staff due to high score in the CUDIT-R questionnaire, the counselor will carefully review and explore the resources list with the client to identify the most appropriate services for the client.

- e. Clients can be given a paper copy of the DAST-10 assessment tool to use on their own if they wish.

3. If there are any safety concerns, the client should be assessed for potential risk of harm to self and/or others by the counselor immediately to determine the most appropriate level of care.

- 7. The counseling provider reviewing the initial consult form for counseling services will add the client's marijuana use or drug of choice score and any treatment recommendations to the Problems List note.
 - A. The counseling provider will additionally update the Problems List with any further pertinent information and/or recommendations made at subsequent appointments regarding the client's marijuana/drug use.

** Suggestions for dialog:

"Thank you so much for answering the social emotional question in the forms we sent you – I appreciate your honesty"

"How does your _____ use fit in with your goals?"

"Tell me some good things and not-so-good things about using _____?"

"How has your use been a problem for you? How has it been a problem for others?"

"What do you see your life to be like if you don't make changes and continue to use _____?"

"How do you think your life would be different if you did not use _____?"

"What do you see your life to be like if you don't make changes and continue to use _____?"

"I know how difficult it is to make changes"

"I don't know if that was difficult for you, but I appreciate you sharing with me."

Approved Marijuana and Other Drug educational handouts can be found at:
<https://www.sbirt.care/education.aspx>

Counseling Policy	Created 1/04/2023 Reviewed 08.04.2023 Revised 07.10.2024
Title: Marijuana and other drugs screening protocol	

Purpose:

Screening for Marijuana use and other drug use will be done within the Dyson Wellness Center (DWC) today's counseling visit and returning counseling visit. This screening will assist counseling staff with identifying clients with possible risky drug use behaviors and/or active substance use disorders. With these screening questions, the goal is to better identify, counsel, support, and refer clients at risk or who identify as having a substance disorder to prevent complications and improve outcomes.

Procedure:

1. The screening questions will be completed via the Initial Consult form by every client seeking counseling services at the DWC.
2. The screening questions for marijuana use are as follows: (these questions were selected from the CUDIT-R questionnaire)
 - A. How often do you use marijuana?**
 - Never (0 points)
 - Monthly or less (1 point)
 - 2-4 times a month (2 points)
 - 2-3 times a week (3 points)
 - 4 or more times a week (4 points)
 - B. How often during the last 6 months did you fail to do what was normally expected from you because of using marijuana? Examples could be missing classes or academic work, commitments such as practices or relationship commitments.**
 - Never (0 points)
 - Less than monthly (1 point)
 - Monthly (2 points)
 - Weekly (3 points)
 - Daily or almost daily (4 points)
3. The screening question for use of other drugs is as follows: (this question is a modification of a pre-screening question recommended by SAMHSA)
 - A. How many times you used a recreational drug* or used a prescription medication for nonmedical reasons? *not including marijuana**
 - Never (0 points)
 - Monthly or less (1 point)
 - 2-4 times a month (2 points)
 - 2-3 times a week (3 points)
 - 4 or more times a week (4 points)

B. How often during the last 6 months did you fail to do what was normally expected from you because of using marijuana? Examples could be missing classes or academic work, commitments such as practices or relationship commitments.

- Never (0 points)
 - Less than monthly (1 point)
 - Monthly (2 points)
 - Weekly (3 points)
 - Daily or almost daily (4 points)
4. The client's responses to the questions will be reviewed and scored by the counseling provider rendering services at each visit.
 5. The provider will score the answers as follows: 2A +2B = marijuana score and 3A +3B = other drug score
 6. After review, the client's score for marijuana/drug of choice use will then be discussed with him/her/them. Clients noted to have positive findings will be counseled on the risks associated with their behaviors and recommended the following options for further evaluation and management per the counseling provider's discretion:
 - i. For clients with marijuana score of 2-3 AND/OR other drug score of 1-3, a brief intervention should be offer them which might include:
 1. Provide feedback linking the client's marijuana/drug consumption to his or her health concerns.
 - a. Clients with concerns for secondary health issues related to their marijuana/drug of choice use will be referred to DWC medical staff for further evaluation.
 - b. Approved educational handout regarding health consequences of marijuana/drug of choice use will be provided.
 - c. Clients can be given a paper copy of the DAST-10 assessment tool to use on their own if they wish.
 - ii. For clients with marijuana score of 4+ AND/OR other drug score of 4+:
 1. Express concern about the client's behavior**
 2. Provide feedback linking the client's marijuana/drug use to his or her health concerns.
 - a. Clients with concerns for secondary health issues related to their marijuana/drug of choice use will be referred to DWC medical staff for further evaluation.
 - b. Approved educational handout regarding health consequences of marijuana/drug of choice use will be provided.
 - c. Clients will be offered a list of resources within the community. Prepared folders are available in each counseling office. Digitally, the resources are available in Box → Programming → AOD Programming → Substance Abuse Resources List.
 - d. If the client was referred to DWC counseling provider by medical staff due to high score in the CUDIT-R questionnaire, the counselor will carefully review and explore the resources list with the client to identify the most appropriate services for the client.

- e. Clients can be given a paper copy of the DAST-10 assessment tool to use on their own if they wish.

3. If there are any safety concerns, the client should be assessed for potential risk of harm to self and/or others by the counselor immediately to determine the most appropriate level of care.

7. The counseling provider reviewing the initial consult form for counseling services will add the client's marijuana use or drug of choice score and any treatment recommendations to the Problems List note.
 - A. The counseling provider will additionally update the Problems List with any further pertinent information and/or recommendations made at subsequent appointments regarding the client's marijuana/drug use.

**** Suggestions for dialog:**

"Thank you so much for answering the social emotional question in the forms we sent you – I appreciate your honesty"

"How does your _____ use fit in with your goals?"

"Tell me some good things and not-so-good things about using _____?"

"How has your use been a problem for you? How has it been a problem for others?"

"What do you see your life to be like if you don't make changes and continue to use _____?"

"How do you think your life would be different if you did not use _____?"

"What do you see your life to be like if you don't make changes and continue to use _____?"

"I know how difficult it is to make changes"

"I don't know if that was difficult for you, but I appreciate you sharing with me."

Approved Marijuana and Other Drug educational handouts can be found at:

<https://www.sbirt.care/education.aspx>

Medical Policy	Created 12/9/2022
Title: Drug Screening for Student Athletes	

Purpose

The Dyson Wellness Center (DWC) medical provider will perform drug urine screenings for student clients when requested by a student client and either a North Central College (NCC) faculty/staff member or an outside medical or mental healthcare provider with the student client's consent.

Procedure

1. The DWC medical provider will perform a urine drug screening when requested by the student client and/or NCC faculty/staff member. Drug screenings will also be conducted when requested by an outside medical or mental healthcare provider with the student client's consent.
2. There are two possible testing procedures; either the student will provide point of care testing supplies for testing in DWC, or DWC medical staff will collect sample in DWC and send sample to outside lab for testing.
3. The DWC medical staff and student (and requesting party, if there is one) will meet to discuss and decide testing details.
4. The student client will consult with the DWC medical provider prior to the screening in order to be informed of the drug screening process and to sign appropriate release(s) of information (ROI) forms. Student clients requesting the screening must have an appropriate, designated outside provider with whom the results could be communicated to for follow-up if positive results are found.
5. The procedure for informing student of times of testing will be up to the discretion of the DWC medical staff, requesting party and/or the student.
6. The DWC student client will meet with the DWC medical provider at the time of his/her/their appointment. The DWC medical provider will review the procedure for reporting results with the student client prior to testing.
7. The student client will be provided with the specimen container and directed to the restroom.
8. The student client will give the specimen to the DWC medical provider for testing.
9. How and to whom the results of the test will be reported, will be decided by the DWC medical staff, requesting party and/or the student before testing begins – in Step 3.
10. The timeframe and frequency of testing is at the discretion of the DWC medical staff.

Medical Policy	Created 12/9/2022 Reviewed 4/24/2023
Title: Drug Screening for Student Athletes	

Purpose

The Dyson Wellness Center (DWC) medical provider will perform drug urine screenings for student clients when requested by a student client and either a North Central College (NCC) faculty/staff member or an outside medical or mental healthcare provider with the student client's consent.

Procedure

1. The DWC medical provider will perform a urine drug screening when requested by the student client and/or NCC faculty/staff member. Drug screenings will also be conducted when requested by an outside medical or mental healthcare provider with the student client's consent.
2. There are two possible testing procedures; either the student will provide point of care testing supplies for testing in DWC, or DWC medical staff will collect sample in DWC and send sample to outside lab for testing.
3. The DWC medical staff and student (and requesting party, if there is one) will meet to discuss and decide testing details.
4. The student client will consult with the DWC medical provider prior to the screening in order to be informed of the drug screening process and to sign appropriate release(s) of information (ROI) forms. Student clients requesting the screening must have an appropriate, designated outside provider with whom the results could be communicated to for follow-up if positive results are found.
5. The procedure for informing student of times of testing will be up to the discretion of the DWC medical staff, requesting party and/or the student.
6. The DWC student client will meet with the DWC medical provider at the time of his/her/their appointment. The DWC medical provider will review the procedure for reporting results with the student client prior to testing.
7. The student client will be provided with the specimen container and directed to the restroom.
8. The student client will give the specimen to the DWC medical provider for testing.
9. How and to whom the results of the test will be reported, will be decided by the DWC medical staff, requesting party and/or the student before testing begins – in Step 3.
10. The timeframe and frequency of testing is at the discretion of the DWC medical staff.

Medical Policy	Created 12/9/2022 Reviewed 5/8/2024
Title: Drug Screening for Student Athletes	

Purpose

The Dyson Wellness Center (DWC) medical provider will perform drug urine screenings for student clients when requested by a student client and either a North Central College (NCC) faculty/staff member or an outside medical or mental healthcare provider with the student client's consent.

Procedure

1. The DWC medical provider will perform a urine drug screening when requested by the student client and/or NCC faculty/staff member. Drug screenings will also be conducted when requested by an outside medical or mental healthcare provider with the student client's consent.
2. There are two possible testing procedures; either the student will provide point of care testing supplies for testing in DWC, or DWC medical staff will collect sample in DWC and send sample to outside lab for testing.
3. The DWC medical staff and student (and requesting party, if there is one) will meet to discuss and decide testing details.
4. The student client will consult with the DWC medical provider prior to the screening in order to be informed of the drug screening process and to sign appropriate release(s) of information (ROI) forms. Student clients requesting the screening must have an appropriate, designated outside provider with whom the results could be communicated to for follow-up if positive results are found.
5. The procedure for informing student of times of testing will be up to the discretion of the DWC medical staff, requesting party and/or the student.
6. The DWC student client will meet with the DWC medical provider at the time of his/her/their appointment. The DWC medical provider will review the procedure for reporting results with the student client prior to testing.
7. The student client will be provided with the specimen container and directed to the restroom.
8. The student client will give the specimen to the DWC medical provider for testing.
9. How and to whom the results of the test will be reported, will be decided by the DWC medical staff, requesting party and/or the student before testing begins – in Step 3.
10. The timeframe and frequency of testing is at the discretion of the DWC medical staff.

Medical Policy	Created 12/9/2022
Title: Marijuana and other drugs screening protocol	

Purpose:

Screening for Marijuana use and other drug use will be done within the Dyson Wellness Center (DWC) today's medical visit and returning medical visit. This screening will assist medical staff with identifying clients with possible risky drug use behaviors and/or active substance use disorders. With these screening questions, the goal is to better identify, counsel, support, and refer clients at risk or who identify as having a substance disorder to prevent complications and improve outcomes.

Procedure:

1. The screening questions will be completed via the Today's Medical Visit and/or the Returning Medical Visit forms by every client seeking medical services at the DWC.
2. The screening questions for marijuana use are as follows: (these questions were selected from the CUDIT-R questionnaire)
 - A. How often do you use marijuana?**
 - Never (0 points)
 - Monthly or less (1 point)
 - 2-4 times a month (2 points)
 - 2-3 times a week (3 points)
 - 4 or more times a week (4 points)
 - B. How often during the last 6 months did you fail to do what was normally expected from you because of using marijuana? Examples could be missing classes or academic work, commitments such as practices or relationship commitments.**
 - Never (0 points)
 - Less than monthly (1 point)
 - Monthly (2 points)
 - Weekly (3 points)
 - Daily or almost daily (4 points)
3. The screening question for use of other drugs is as follows: (this question is a modification of a pre-screening question recommended by SAMHSA)
 - A. How many times have you used a recreational drug* or used a prescription medication for nonmedical reasons? *not including marijuana**
 - Never (0 points)
 - Monthly or less (1 point)
 - 2-4 times a month (2 points)
 - 2-3 times a week (3 points)
 - 4 or more times a week (4 points)

B. How often during the last 6 months did you fail to do what was normally expected from you because of using a recreational drug* or used a prescription medication for nonmedical reasons? Examples could be missing classes or academic work, commitments such as practices or relationship commitments. * not including marijuana

- Never (0 points)
- Less than monthly (1 point)
- Monthly (2 points)
- Weekly (3 points)
- Daily or almost daily (4 points)

4. The client's responses to the questions will be reviewed and scored by the medical provider rendering care at each visit.
5. The provider will score the answers as follows: 2A +2B = marijuana score and 3A +3B = other drug score
6. After review, the client's score for marijuana/drug of choice use will then be discussed with him/her/them. Clients noted to have positive findings will be counseled on the risks associated with their behaviors and recommended the following options for further evaluation and management per the medical provider's discretion:

A. Student Clients

- i. For clients with marijuana score of 1-3 and no prior marijuana treatment OR other drug score of 1-3, a brief intervention should be offered to them which might include:
 1. Expressing concern about the client's behavior. **
 2. Providing feedback linking the client's marijuana/drug consumption to his or her health concerns.
 - a. Clients with concerns for secondary health issues related to their marijuana/drug of choice use will be referred to an outside medical provider for further evaluation.
 - b. Approved educational handout regarding health consequences of marijuana/drug of choice use will be provided.
 - c. Clients can be given a paper copy of the DAST-10 assessment tool to use on their own if they wish.
- ii. For clients with marijuana score of 4+ and no prior marijuana treatment OR other drug score of 4+:
 1. Expressing concern about the client's behavior**
 2. Providing feedback linking the client's marijuana/drug use to his or her health concerns.
 - a. Clients with concerns for secondary health issues related to their marijuana/drug of choice use will be referred to an outside medical provider for further evaluation.
 - b. Approved educational handout regarding health consequences of marijuana/drug of choice use will be provided.
 - c. The client will be advised to schedule an initial consult with a DWC counselor to discuss his or her substance use and abuse.

- d. Clients will be offered a list of resources within the community. Prepared folders are available in medical staff office. Digitally, the resources are available in Box → Programming → AOD Programming → Substance Abuse Resources List and there is a folder in the same location called “AOD folder information for clients” with DAST-10 and individual substance educational information.
- e. Clients will be given a paper copy of the DAST-10 assessment tool to use on their own if they wish.

3. If there are any safety concerns, the client will be urgently referred to a DWC counselor for immediate evaluation and/or emergency services contacted.

B. Non-student Clients

- i. For clients with marijuana score of 1-3 and no prior marijuana treatment OR other drug score of 1-3, a brief intervention should be offered to them which might include:
 - 1. Expressing concern about the client’s behavior. **
 - 2. Providing feedback linking the client’s marijuana/drug consumption to his or her health concerns.
 - a. Clients with concerns for secondary health issues related to their marijuana/drug of choice use will be referred to an outside medical provider for further evaluation.
 - b. Approved educational handout regarding health consequences of marijuana/drug of choice use will be provided.
 - c. Clients can be given a paper copy of the DAST-10 assessment tool to use on their own if they wish.
- ii. For clients with marijuana score of 4+ and no prior marijuana treatment OR other drug score of 4+:
 - 1. Expressing concern about the client’s behavior. **
 - 2. Providing feedback linking the client’s marijuana/drug consumption to his or her health concerns.
 - a. Clients with concerns for secondary health issues related to their marijuana/drug of choice use will be referred to an outside medical provider for further evaluation.
 - b. Approved educational handout regarding health consequences of marijuana/drug of choice use will be provided.
 - c. Clients will be given a paper copy of the DAST-10 assessment tool to use on their own if they wish.
 - d. Clients will be offered a list of resources within the community. Prepared folders are available in medical staff office. Digitally, the resources are available in Box → Programming → AOD Programming → Substance Abuse Resources List and there is a folder in the same location called “AOD folder information for clients” with DAST-10 and individual substance educational information.

- e. Clients will also be referred to the Employee Assistance Program (EAP) at <https://www.perspectivesltd.com/> for further support.
7. The medical provider reviewing the today's medical visit form will note the client's marijuana use or drug of choice score and any treatment recommendations made at the initial appointment each academic year on the Problems List note.
- A. With each subsequent medical appointment, the treating medical provider will review the Problems List and the returning medical visit form and will follow-up with the client if recommendations were made related to the marijuana and drug screening questions.
 - B. The medical provider will additionally update the Problems List with any further pertinent information and/or recommendations made at subsequent appointments regarding the client's marijuana/drug use.

**** Suggestions for dialog:**

"I know you came in for _____, but we want to look at you holistically. Thank you so much for answering the social emotional question in the forms we sent you – I appreciate your honesty"

"How does your _____ use fit in with your goals?"

"Tell me some good things and not-so-good things about using _____?"

"How has your use been a problem for you? How has it been a problem for others?"

"What do you see your life to be like if you don't make changes and continue to use _____?"

"How do you think your life would be different if you did not use _____?"

"What do you see your life to be like if you don't make changes and continue to use _____?"

"I know how difficult it is to make changes"

"I don't know if that was difficult for you, but I appreciate you sharing with me."

Approved Marijuana and Other Drug educational handouts can be found at:
<https://www.sbirt.care/education.aspx>

Medical Policy	Created 12/9/2022 Reviewed 4/24/2023
Title: Marijuana and other drugs screening protocol	

Purpose:

Screening for Marijuana use and other drug use will be done within the Dyson Wellness Center (DWC) today's medical visit and returning medical visit. This screening will assist medical staff with identifying clients with possible risky drug use behaviors and/or active substance use disorders. With these screening questions, the goal is to better identify, counsel, support, and refer clients at risk or who identify as having a substance disorder to prevent complications and improve outcomes.

Procedure:

1. The screening questions will be completed via the Today's Medical Visit and/or the Returning Medical Visit forms by every client seeking medical services at the DWC.
2. The screening questions for marijuana use are as follows: (these questions were selected from the CUDIT-R questionnaire)
 - A. How often do you use marijuana?**
 - Never (0 points)
 - Monthly or less (1 point)
 - 2-4 times a month (2 points)
 - 2-3 times a week (3 points)
 - 4 or more times a week (4 points)
 - B. How often during the last 6 months did you fail to do what was normally expected from you because of using marijuana? Examples could be missing classes or academic work, commitments such as practices or relationship commitments.**
 - Never (0 points)
 - Less than monthly (1 point)
 - Monthly (2 points)
 - Weekly (3 points)
 - Daily or almost daily (4 points)
3. The screening question for use of other drugs is as follows: (this question is a modification of a pre-screening question recommended by SAMHSA)
 - A. How many times have you used a recreational drug* or used a prescription medication for nonmedical reasons? *not including marijuana**
 - Never (0 points)
 - Monthly or less (1 point)
 - 2-4 times a month (2 points)
 - 2-3 times a week (3 points)
 - 4 or more times a week (4 points)

B. How often during the last 6 months did you fail to do what was normally expected from you because of using a recreational drug* or used a prescription medication for nonmedical reasons? Examples could be missing classes or academic work, commitments such as practices or relationship commitments. * not including marijuana

- Never (0 points)
- Less than monthly (1 point)
- Monthly (2 points)
- Weekly (3 points)
- Daily or almost daily (4 points)

4. The client's responses to the questions will be reviewed and scored by the medical provider rendering care at each visit.
5. The provider will score the answers as follows: $2A + 2B$ = marijuana score and $3A + 3B$ = other drug score
6. After review, the client's score for marijuana/drug of choice use will then be discussed with him/her/them. Clients noted to have positive findings will be counseled on the risks associated with their behaviors and recommended the following options for further evaluation and management per the medical provider's discretion:

A. Student Clients

- i. For clients with marijuana score of 1-3 and no prior marijuana treatment OR other drug score of 1-3, a brief intervention should be offered to them which might include:
 1. Expressing concern about the client's behavior. **
 2. Providing feedback linking the client's marijuana/drug consumption to his or her health concerns.
 - a. Clients with concerns for secondary health issues related to their marijuana/drug of choice use will be referred to an outside medical provider for further evaluation.
 - b. Approved educational handout regarding health consequences of marijuana/drug of choice use will be provided.
 - c. Clients can be given a paper copy of the DAST-10 assessment tool to use on their own if they wish.
- ii. For clients with marijuana score of 4+ and no prior marijuana treatment OR other drug score of 4+:
 1. Expressing concern about the client's behavior**
 2. Providing feedback linking the client's marijuana/drug use to his or her health concerns.
 - a. Clients with concerns for secondary health issues related to their marijuana/drug of choice use will be referred to an outside medical provider for further evaluation.
 - b. Approved educational handout regarding health consequences of marijuana/drug of choice use will be provided.
 - c. The client will be advised to schedule an initial consult with a DWC counselor to discuss his or her substance use and abuse.

- d. Clients will be offered a list of resources within the community. Prepared folders are available in medical staff office. Digitally, the resources are available in Box → Programming → AOD Programming → Substance Abuse Resources List and there is a folder in the same location called “AOD folder information for clients” with DAST-10 and individual substance educational information.
- e. Clients will be given a paper copy of the DAST-10 assessment tool to use on their own if they wish.

3. If there are any safety concerns, the client will be urgently referred to a DWC counselor for immediate evaluation and/or emergency services contacted.

B. Non-student Clients

- i. For clients with marijuana score of 1-3 and no prior marijuana treatment OR other drug score of 1-3, a brief intervention should be offered to them which might include:
 - 1. Expressing concern about the client’s behavior. **
 - 2. Providing feedback linking the client’s marijuana/drug consumption to his or her health concerns.
 - a. Clients with concerns for secondary health issues related to their marijuana/drug of choice use will be referred to an outside medical provider for further evaluation.
 - b. Approved educational handout regarding health consequences of marijuana/drug of choice use will be provided.
 - c. Clients can be given a paper copy of the DAST-10 assessment tool to use on their own if they wish.
- ii. For clients with marijuana score of 4+ and no prior marijuana treatment OR other drug score of 4+:
 - 1. Expressing concern about the client’s behavior. **
 - 2. Providing feedback linking the client’s marijuana/drug consumption to his or her health concerns.
 - a. Clients with concerns for secondary health issues related to their marijuana/drug of choice use will be referred to an outside medical provider for further evaluation.
 - b. Approved educational handout regarding health consequences of marijuana/drug of choice use will be provided.
 - c. Clients will be given a paper copy of the DAST-10 assessment tool to use on their own if they wish.
 - d. Clients will be offered a list of resources within the community. Prepared folders are available in medical staff office. Digitally, the resources are available in Box → Programming → AOD Programming → Substance Abuse Resources List and there is a folder in the same location called “AOD folder information for clients” with DAST-10 and individual substance educational information.

- e. Clients will also be referred to the Employee Assistance Program (EAP) at <https://www.perspectivesltd.com/> for further support.
7. The medical provider reviewing the today's medical visit form will note the client's marijuana use or drug of choice score and any treatment recommendations made at the initial appointment each academic year on the Problems List note.
- A. With each subsequent medical appointment, the treating medical provider will review the Problems List and the returning medical visit form and will follow-up with the client if recommendations were made related to the marijuana and drug screening questions.
 - B. The medical provider will additionally update the Problems List with any further pertinent information and/or recommendations made at subsequent appointments regarding the client's marijuana/drug use.

**** Suggestions for dialog:**

"I know you came in for _____, but we want to look at you holistically. Thank you so much for answering the social emotional question in the forms we sent you – I appreciate your honesty"

"How does your _____ use fit in with your goals?"

"Tell me some good things and not-so-good things about using _____?"

"How has your use been a problem for you? How has it been a problem for others?"

"What do you see your life to be like if you don't make changes and continue to use _____?"

"How do you think your life would be different if you did not use _____?"

"What do you see your life to be like if you don't make changes and continue to use _____?"

"I know how difficult it is to make changes"

"I don't know if that was difficult for you, but I appreciate you sharing with me."

Approved Marijuana and Other Drug educational handouts can be found at:
<https://www.sbirt.care/education.aspx>

Medical Policy	Created 12/9/2022 Reviewed 4/24/2023 Reviewed 5/10/24
Title: Marijuana and other drugs screening protocol	

Purpose:

Screening for Marijuana use and other drug use will be done within the Dyson Wellness Center (DWC) today's medical visit and returning medical visit. This screening will assist medical staff with identifying clients with possible risky drug use behaviors and/or active substance use disorders. With these screening questions, the goal is to better identify, counsel, support, and refer clients at risk or who identify as having a substance disorder to prevent complications and improve outcomes.

Procedure:

1. The screening questions will be completed via the Today's Medical Visit and/or the Returning Medical Visit forms by every client seeking medical services at the DWC.
2. The screening questions for marijuana use are as follows: (these questions were selected from the CUDIT-R questionnaire)
 - A. How often do you use marijuana?**
 - Never (0 points)
 - Monthly or less (1 point)
 - 2-4 times a month (2 points)
 - 2-3 times a week (3 points)
 - 4 or more times a week (4 points)
 - B. How often during the last 6 months did you fail to do what was normally expected from you because of using marijuana? Examples could be missing classes or academic work, commitments such as practices or relationship commitments.**
 - Never (0 points)
 - Less than monthly (1 point)
 - Monthly (2 points)
 - Weekly (3 points)
 - Daily or almost daily (4 points)
3. The screening question for use of other drugs is as follows: (this question is a modification of a pre-screening question recommended by SAMHSA)
 - A. How many times have you used a recreational drug* or used a prescription medication for nonmedical reasons? *not including marijuana**
 - Never (0 points)
 - Monthly or less (1 point)
 - 2-4 times a month (2 points)
 - 2-3 times a week (3 points)
 - 4 or more times a week (4 points)

B. How often during the last 6 months did you fail to do what was normally expected from you because of using a recreational drug* or used a prescription medication for nonmedical reasons? Examples could be missing classes or academic work, commitments such as practices or relationship commitments. * not including marijuana

- Never (0 points)
- Less than monthly (1 point)
- Monthly (2 points)
- Weekly (3 points)
- Daily or almost daily (4 points)

4. The client's responses to the questions will be reviewed and scored by the medical provider rendering care at each visit.
5. The provider will score the answers as follows: $2A + 2B$ = marijuana score and $3A + 3B$ = other drug score
6. After review, the client's score for marijuana/drug of choice use will then be discussed with him/her/them. Clients noted to have positive findings will be counseled on the risks associated with their behaviors and recommended the following options for further evaluation and management per the medical provider's discretion:

A. Student Clients

- i. For clients with marijuana score of 1-3 and no prior marijuana treatment OR other drug score of 1-3, a brief intervention should be offered to them which might include:
 1. Expressing concern about the client's behavior. **
 2. Providing feedback linking the client's marijuana/drug consumption to his or her health concerns.
 - a. Clients with concerns for secondary health issues related to their marijuana/drug of choice use will be referred to an outside medical provider for further evaluation.
 - b. Approved educational handout regarding health consequences of marijuana/drug of choice use will be provided.
 - c. Clients can be given a paper copy of the DAST-10 assessment tool to use on their own if they wish.
- ii. For clients with marijuana score of 4+ and no prior marijuana treatment OR other drug score of 4+:
 1. Expressing concern about the client's behavior**
 2. Providing feedback linking the client's marijuana/drug use to his or her health concerns.
 - a. Clients with concerns for secondary health issues related to their marijuana/drug of choice use will be referred to an outside medical provider for further evaluation.
 - b. Approved educational handout regarding health consequences of marijuana/drug of choice use will be provided.
 - c. The client will be advised to schedule an initial consult with a DWC counselor to discuss his or her substance use and abuse.

- d. Clients will be offered a list of resources within the community. Prepared folders are available in medical staff office. Digitally, the resources are available in Box → Programming → AOD Programming → Substance Abuse Resources List and there is a folder in the same location called “AOD folder information for clients” with DAST-10 and individual substance educational information.
- e. Clients will be given a paper copy of the DAST-10 assessment tool to use on their own if they wish.

3. If there are any safety concerns, the client will be urgently referred to a DWC counselor for immediate evaluation and/or emergency services contacted.

B. Non-student Clients

- i. For clients with marijuana score of 1-3 and no prior marijuana treatment OR other drug score of 1-3, a brief intervention should be offered to them which might include:
 - 1. Expressing concern about the client’s behavior. **
 - 2. Providing feedback linking the client’s marijuana/drug consumption to his or her health concerns.
 - a. Clients with concerns for secondary health issues related to their marijuana/drug of choice use will be referred to an outside medical provider for further evaluation.
 - b. Approved educational handout regarding health consequences of marijuana/drug of choice use will be provided.
 - c. Clients can be given a paper copy of the DAST-10 assessment tool to use on their own if they wish.
- ii. For clients with marijuana score of 4+ and no prior marijuana treatment OR other drug score of 4+:
 - 1. Expressing concern about the client’s behavior. **
 - 2. Providing feedback linking the client’s marijuana/drug consumption to his or her health concerns.
 - a. Clients with concerns for secondary health issues related to their marijuana/drug of choice use will be referred to an outside medical provider for further evaluation.
 - b. Approved educational handout regarding health consequences of marijuana/drug of choice use will be provided.
 - c. Clients will be given a paper copy of the DAST-10 assessment tool to use on their own if they wish.
 - d. Clients will be offered a list of resources within the community. Prepared folders are available in medical staff office. Digitally, the resources are available in Box → Programming → AOD Programming → Substance Abuse Resources List and there is a folder in the same location called “AOD folder information for clients” with DAST-10 and individual substance educational information.

- e. Clients will also be referred to the Employee Assistance Program (EAP) at <https://www.perspectivesltd.com/> for further support.
7. The medical provider reviewing the today's medical visit form will note the client's marijuana use or drug of choice score and any treatment recommendations made at the initial appointment each academic year on the Problems List note.
- A. With each subsequent medical appointment, the treating medical provider will review the Problems List and the returning medical visit form and will follow-up with the client if recommendations were made related to the marijuana and drug screening questions.
 - B. The medical provider will additionally update the Problems List with any further pertinent information and/or recommendations made at subsequent appointments regarding the client's marijuana/drug use.

**** Suggestions for dialog:**

"I know you came in for _____, but we want to look at you holistically. Thank you so much for answering the social emotional question in the forms we sent you – I appreciate your honesty"

"How does your _____ use fit in with your goals?"

"Tell me some good things and not-so-good things about using _____?"

"How has your use been a problem for you? How has it been a problem for others?"

"What do you see your life to be like if you don't make changes and continue to use _____?"

"How do you think your life would be different if you did not use _____?"

"What do you see your life to be like if you don't make changes and continue to use _____?"

"I know how difficult it is to make changes"

"I don't know if that was difficult for you, but I appreciate you sharing with me."

Approved Marijuana and Other Drug educational handouts can be found at:
<https://www.sbirt.care/education.aspx>

Medical Procedure	Developed 3/4/2024
Title: Narcan Use and Distribution Protocol	

Purpose

To provide naloxone (specifically nasal spray Narcan) use training to students, staff, and faculty and provide materials to those trained. Opioid overdose deaths in DuPage County are increasing every year. This training is in cooperation with the DuPage County Health Department with their DuPage Narcan Program (DNP) <https://www.hopedupage.org/212/School-Resources>. This program is specifically for high school and younger, but we follow the same procedures and we are permitted to also train students, per Mila Tsagalis at DCHD.

Procedure

1. Every medical staff member who will participate in teaching student, staff, or faculty in the use of nasal spray Narcan will watch the following video: <https://www.youtube.com/watch?v=e3LNRkNu9Tk>
2. After watching the video, fill out the attestation form: https://forms.office.com/pages/responsepage.aspx?id=aFBeKI6IsO6Ykmg8Yo2vWhBav71_IFlCmiaj5s3OLt9UMkM0WEJITkpMMkoyRjFGNFNHHMUZGOVpYNC4u

Appointments:

1. Any student, staff, or faculty member may make an appointment at DWC for Narcan training. This is a 30-minute appointment.
2. During this appointment, the staff will go over the Power Point slides provided by the DCHD DNP program. These are on the N Drive: <https://noctrl.app.box.com/file/1461893199764>
3. Embedded on page 6, slide 11 is a QR code for watching how to administer nasal spray Narcan. RN/NP will watch the video with the client.
4. Make sure client understands there is no harm to administering Narcan if the individual in question is NOT suffering from an opioid overdose.
5. Client should try to keep Narcan between 36F and 77F. Narcan does not help many people if it is sitting in their room on a bookshelf – carry it with them.
6. Give client:
 - Power Point slides
 - the Narcan information sheet: <https://noctrl.app.box.com/file/1461888546215>
 - Narcan nasal spray
7. Client may RTC for replacement Narcan if lost, expired, or used, no appointment is necessary.

Documentation:

1. Document in Ti that training was completed, copy of power point with resources given, Narcan provided along with Narcan information sheet.
2. Document in Box <https://noctrl.app.box.com/file/1458511412682>
 - Name, date, lot and expiration of Narcan provided
 - Remaining # of boxes and expiration date
3. If client has already been trained by DWC staff, they may request a replacement Narcan for any reason. Document in the same box folder.
4. Request resupply of Narcan from DCHD at: <https://form.jotform.com/51745770373965>
5. The DuPage County Health Department DNP Director may request:
 - a copy of the list of those trained
 - dates training provided
 - the list of responders who have been provided Narcan nasal spray
 - All Overdose Reversal and Naloxone Administration Forms completed
 - Inventory of overdose supplies
 - Any other information the Program Director requests that is relevant to the program.

Medical Procedure	Developed 3/4/2024 Reviewed 5/15/25
Title: Narcan Use and Distribution Protocol	

Purpose

To provide naloxone (specifically nasal spray Narcan) use training to students, staff, and faculty and provide materials to those trained. Opioid overdose deaths in DuPage County are increasing every year. This training is in cooperation with the DuPage County Health Department with their DuPage Narcan Program (DNP) <https://www.hopedupage.org/212/School-Resources>. This program is specifically for high school and younger, but we follow the same procedures and we are permitted to also train students, per Mila Tsagalis at DCHD.

Procedure

1. Every medical staff member who will participate in teaching student, staff, or faculty in the use of nasal spray Narcan will watch the following video: <https://www.youtube.com/watch?v=e3LNRkNu9Tk>
2. After watching the video, fill out the attestation form:
https://forms.office.com/pages/responsepage.aspx?id=aFBeKI6Is06Ykmg8Yo2vWhBav71_IFICmiaj5s3OLt9UMkM0WEJITkpMMkoyRjFGNFNHMUZGOVpYNC4u

Appointments:

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 - Inventory of overdose supplies
 - Any other information the Program Director requests that is relevant to the program.

ALCOHOL & DRUG ASSESSMENTS AT THE DYSON WELLNESS CENTER

Dyson Wellness Center Audit-C Medical & Counseling Statistics/Review

The AUDIT-C is a brief alcohol screen that reliably identifies clients who are hazardous drinkers or have active alcohol use disorders. The AUDIT-C is scored on a scale of 0-12.

Medical Statistics

Data is based on client's self-reporting on the Today's Medical Visit form which is completed per visit. Based on responses of 2187 data forms from 1190 unique clients.

Dates used for data below include January 1, 2023 through December 31, 2024

<i>Medical Services Alcohol & Drug Use Statistics</i>		
	2023-2024	
	Number	Percentage
ALCOHOL USE		
How often do you have a drink containing alcohol?		
Never	1003	45.9
Monthly or less	622	28.4
2-4 times a month	494	22.6
2-3 times a week	59	2.7
4 or more times a week	9	0.4
How many standard drinks containing alcohol do you have on a typical day?		
0, 1 or 2	2047	93.6
3-4	117	5.3
5-6	19	0.9
7-9	4	0.2
How often do you have six or more drinks on one occasion?		
Never	1672	76.5
Less than monthly	416	19.0
Monthly	89	4.1
Weekly	10	0.5
AUDIT – C Scores		
0	1062	48.2
1	421	19.1
2	323	14.7
3	238	10.8
4	96	4.4
5	40	1.8
6	11	0.5
7	5	0.2
8	2	0.1
9	3	0.1

10	1	0.1
Do you ever feel you should cut down on your drinking or drug use?		
No	2137	97.7
Yes	50	2.3
Has anyone ever told you that you should cut down on your drinking?		
No	2148	98.2
Yes	39	1.8
DRUG USE		
How often do you use marijuana?		
Never	1881	85.7
Monthly or less	204	9.3
2 to 4 times a month	64	2.9
2 to 3 times a week	29	1.3
4 or more times a week	18	0.8
How often during the past 6 months did you fail to do what was normally expected of you because of marijuana? Examples include missing classes or academic work, commitments such as practices or relationship commitments.		
Never	2172	99.0
Less Than Monthly	17	0.8
Monthly	3	0.1
Weekly	1	<0.1
How many times have you used a recreational drug, not including marijuana, or a prescription medication for non-medical reasons?		
Never	2155	98.5
Less than monthly	27	1.2
2 to 4 times a month	3	0.1
4 or more times a week	3	0.1
How often during the past 6 months did you fail to do what was normally expected of you because of recreational drug use, not including marijuana, or used a prescription medication for non-medical use? Examples include missing classes or academic work, commitments such as practices or relationship commitments.		
Never	2185	99.9
Less than monthly	1	<0.1
2 to 4 times a month	0	0
4 or more times a week	3	<0.1

Counseling Statistics

Self-reported data was collected from the 431 Initial Consult forms. This form is completed annually at the time of entering counseling services at DWC. Thirty-three clients completed the form a second time due to a significant need to update their information.

Dates used for data below include January 1, 2023 through December 31, 2024

Counseling Services Alcohol & Drug Use Statistics*

	2023-2024	
	Number	Percentage
ALCOHOL USE (AUDIT-C Questions, self-report)		
How often do you have a drink containing alcohol?		
No response	5	1.2%
Never	203	48.3%
Monthly or less	125	29.8%
2-4 times a month	79	18.8%
2-3 times a week	17	4.0%
4 or more times a week	2	0.5%
How many standard drinks containing alcohol do you have on a typical day?		
No response	7	1.7%
0, 1 or 2	387	92.1%
3-4	15	3.6%
5-6	10	2.4%
7-9	3	0.7%
10 or more	0	0.0%
How often do you have six or more drinks on one occasion?		
No response	8	1.9%
Never	320	76.2%
Less than monthly	77	18.3%
Monthly	19	4.5%
Weekly	5	1.2%
AUDIT-C Scoring		
0	212	52.2%
1	80	19.7%
2	44	10.8%
3	30	7.4%
4	22	5.4%
5	7	1.7%
6	8	2.0%
7	0	0.0%
8	2	0.5%
9	1	0.2%
DRUG USE		
How often do you use marijuana?		
Never	337	80.2%
Monthly or less	39	9.3%
2 to 4 times a month	17	4.0%
2 to 3 times a week	12	2.9%
4 or more times a week	20	4.8%

How often during the last 6 months did you fail to do what was normally expected of you because of using marijuana? Examples could include missing classes or academic work or commitments such as practices and relationship commitments.		
Never	400	95.2%
Less than monthly	16	3.8%
Monthly	4	1.0%
Weekly	4	1.0%
How many times have you used a recreational drug (not including marijuana) or used a prescription medication for non-medical reasons?		
Never	406	96.7%
Monthly or less	14	3.3%
2 to 4 times a month	1	0.2%
2 to 3 times a week	1	0.2%
Marijuana Score		
0	320	78.8%
1	34	8.4%
2	16	3.9%
3	10	2.5%
4	13	3.2%
5	3	0.7%
6	0	0.0%
7	3	0.7%
How often during the last 6 months did you fail to do what was normally expected of you because of using a recreational drug (not including marijuana) or used a prescription medication for non-medical reasons? Examples could include missing classes or academic work or commitments such as practices or relationship commitments.		
Never	414	98.6%
Less than monthly	6	1.4%
Other Drug Score		
0	386	95.1%
1	10	2.5%
2	1	0.2%
3	2	0.5%
Do you ever feel you should cut down on your drinking or drug use?		
Yes	371	88.3%
No	43	10.2%
Has anyone ever told you that you should cut down your drinking or drug use?		
Yes	394	93.8%
No	19	4.5%

CLINICIAN REPORT		
At the time of the client's Initial Consult, <u>one</u> of the client's primary concerns was alcohol-related	14	3.2%
At the time of the client's Initial Consult, <u>one</u> of the client's primary concerns was drug-related	12	2.7%
At the time of the client's Initial Consult, the client's primary concern was alcohol-related	1	0.2%
At the time of the client's Initial Consult, the client's primary concern was drug-related	4	0.9%

ALCOHOL AND OTHER DRUG Comprehensive Program Goals and Objectives for Biennium Period Being Reviewed

Alcohol & Drug Prevention Education Programming

Programs hosted by the Dyson Wellness Center and other departments on campus are offered on a regular basis to provide students with many opportunities for entertainment without alcohol or drugs. Student events such as senior soiree's once offered alcohol for those who were the legal drinking age, but that was terminated since 2023 to better support the health of the campus community. Residence Life staff bring residents to multiple campus events in order to help students feel connected to their community and find healthy coping behaviors that do not involve drug or alcohol overuse. Each semester, RAs select at least one wellness-based program to bring residents to. Many of these programs are created by the Dyson Wellness Center and address alcohol usage. At events hosted by the Dyson Wellness Center, alcohol education is regularly provided. This education may include resources available to students struggling with alcohol dependency, strategies for handling stress or being social without alcohol, and the effects of drinking alcohol.

Spring 2023

Date	Time	Location	Program	Detail	Description
1/18/2023	1:00 - 2:30PM	Teams	QPR Gatekeeper Training Online	Suicide Prevention	QPR is a training that provides suicide prevention skills. This training is open to the campus community and will be hosted on teams, link is provided in attached flyer.
1/27/2023	3:00 - 5:00PM	Oesterle Library	Hot Cocoa & Donuts	Recruitment	Come learn more about our team and how you can join while enjoying some hot cocoa and donuts!
1/30/2023	6:00 - 7:00PM	Stress Kits	Stress relief hidden opponent event	Stress Kits	-
1/31/2023	6:45 - 8:00PM	Res/Rec 3rd Floor	I Am a Stalker episode viewing	Stalking awareness	Join us in viewing a documentary about stalking and engage in meaningful discussion on the subject matter.
2/10/2023	1:00 - 3:00PM	WAC	Condoms & Candy	Healthy Relationship	Stop by this giveaway event for free Condoms and Candy.
2/13/2023	9:15 - 10:30AM 12:00 - 1:30PM 2:00 - 3:00PM	WSC, WAC, Lib	Cookies & Consent	Healthy Relationship	Enjoy cookies while engaging in meaningful discussion about consent!
2/14/2023	12:00 - 1:00PM	WAC	Flower Giveaway	Healthy Relationship	Valentine's Day flower giveaway.
2/15/2023	3:00 - 5:00PM	Concert Hall Lobby in Wentz Concert Hall	Relationships are Sweet Fair	Healthy Relationship	Relationships are Sweet, and they are part of our lives in so many ways! Please join the Dyson Wellness Center in Wentz Concert Hall for our first Relationship Fair encompassing relationships with roommates, teammates, partners, sexuality, and more. 3 lucky attendees will win a mystery prize after the fair!
2/16/2023	5:30 - 6:30PM	Upper WAC	Relationship Bingo	Healthy Relationship	Come play Bingo and win some amazing prizes while learning some good traits to look for in your relationships!

2/17/2023	9:00 - 10:30AM 11:30AM - 12:30PM	WSC, B&E	Boxers & Boundaries	Healthy Relationship	Decorate (and take home!) boxers while engaging in discussion about consent and boundaries!
2/26/2023	6:00 - 10:00PM	Res Rec Track	Drunk Goggle Free Throw	AOD programmin g with Intramurals Bball teams	Join the Res/Rec Sports and the Dyson Wellness Center as we host a Drunk-Google Free Throw contest!
2/27/2023	6:00 - 7:00PM	Res/Rec 3rd Floor	Stress relief hidden opponent event	Ted Talk and Pizza	-
3/8/2023	1:00 - 2:00PM	Boilerhouse	Spring Break Safe Break	AOD spring break program	Dyson Wellness Center will be hosting a pop-up trivia event featuring Sun Safety, AOD, and Sexual Education. There will be unique prizes like sunscreen, sunglasses, frisbees, and condoms.
3/1-3/31	Month Long	DWC WAC Lib	Jean Drive	Interperson al Violence	-
3/23/2023	11:30AM - 1:00PM	Res/Rec 3rd Floor Boardroom	QPR Gatekeeper Training	Suicide Prevention	QPR trains individuals to be Gatekeepers by teaching suicide prevention skills and empowering people to speak to others about suicide. This training is open to everyone at North Central College.
4/4/2023	11:30AM - 1:30PM	Jefferson Lawn	Decorating Denim	Sexual Assault Awareness	Join us in decorating denim in honor of Sexual Assault Awareness Month and Denim Day! These decorated jeans will serve as a reminder that no matter what you wear, consent is never implied.
4/12/2023	2:00 - 3:30PM	Smith Hall - Old Main	QPR Gatekeeper Training Student Paraprofessi onals	Suicide Prevention	QPR Training for Paraprofessionals.
4/14/2023	5:00 - 6:30PM	J-lawn --> Champion- ship Plaza	Walk A-Mile	Sexual Assault Awareness	Join us as we march across campus to raise awareness for sexual assault.

4/25/2023	11:45AM - 1:45PM	Res Rec Track	Dyson Dog Day	Mental Health	Come hang out with some furry friends to relieve some stress before finals! You can also visit our first Mental Health fair. Students from Abnormal Psychology will be presenting information on topics that commonly impact college students.
4/26/2023	1:00 - 3:30PM	Jefferson Lawn	Denim Day	Sexual Assault Awareness	Join us in decorating denim in honor of Sexual Assault Awareness Month and Denim Day! These decorated jeans will serve as a reminder that no matter what you wear, consent is never implied.

Fall 2023

Date	Time	Location	Program	Detail	Description
8/31/2023	11:30am - 1:30pm	Jefferson Lawn	TimelyCare Info Tabeling	Table event	-
9/6/2023	10:00am - 12:00pm	Jefferson Lawn	TimelyCare Info Tabeling	Table event	-
9/12/2023	11:00am - 12:30pm	Jefferson Lawn	Don't Blow it	Vaping	Take a breath and quit the vape. Learn about the dangerous effects of vaping at this event. All attendees get a \$5 Boilerhouse drink coupon. Turn in your vaping device to enter into a raffle for the chance to get 1 of the 25 Amazon gift cards available.
9/14/2023	—	Jefferson Lawn	TimelyCare Info Tabeling	Table event	-
9/16/2023	11:00am - 1:00pm	Champion- ship Plaza	Ingredients to a Healthy Relationship	Hot dogs and ingredients with healthy relationship traits	Hot Dogs with ingredients representing healthy relationships will be provided at a table on championship plaza. There will also be a suicide prevention information table.
9/16/2023	11:00am - 1:00pm	Champion- ship Plaza	Suicide Prevention	Table event	-

9/16/2023	9:00am - 10:45am	Jefferson lawn	Coffee & Chat	CS & DWC intro	Take a break and chat with Campus Safety Officers and the Dyson Wellness Center to learn how to utilize resources on campus.
9/19/2023	6:00pm - 7:30pm	Multi-Purpose Room New Hall	Self Defense	Campus Safety Self Defense Class	Come learn some self-defense techniques in this class taught by campus safety.
9/20/2023	3:30pm - 4:30pm	Jefferson Lawn/Spine	See you tomorrow	Suicide Prevention	The Dyson Wellness Center and Cardinal Strong will be hosting a walk to raise awareness for suicide prevention.
9/21/2023	7:00pm - 9:30pm	Stevenson Hall	Movies & Mocktails	AOD prevention	Come join DWC for Movies and Mocktails! We will be watching Neighbors.
9/22/2023	9:00am - 10:45am	Jefferson Lawn	Boxers & Boundaries	Consent	Come decorate a pair of boxers to keep with supportive messages about consent.
9/25/2023	2:30pm - 3:30pm	Campus Wide	Cardinal Cash Cab	AOD Trivia	Dyson's PHEs will be riding around in a golf cart to take students to and from class/wherever they're going. During the ride, we will be playing trivia games for prizes!
9/26/2023	11:45am - 1:15pm	Old Main/Smith	QPR	Suicide Prevention	Three steps anyone can take to save a life.
9/27/2023	10:30am - 11:30am	Campus Wide	Cardinal Cash Cab	Mental Health Trivia	Dyson's PHEs will be riding around in a golf cart to take students to and from class/wherever they're going. During the ride, we will be playing trivia games for prizes!
9/28/2023	12:00pm - 4:00pm	WAC, student Lounge	Covid/Flu clinic	Osco pharmacy admin vaccinations	Come get your flu and/or covid vaccine!

10/3/2023	10:30am - 1:30pm	Jefferson Lawn/ Spine	Chalk the Walk	DVAM chalk the walk	October is Domestic Violence Awareness Month. Chalk the Walk is an event organized by the Dyson Wellness Center in collaboration with Students Demand Action and Cardinal Strong to raise awareness about domestic violence. Join us at Jefferson Lawn, along the spine to write encouraging messages and remind ourselves that love should never hurt.
10/10/2023	11:30am - 1:30pm	Jefferson Lawn	IPV Trivia Table	Trivia	Dyson Wellness Center will have an interpersonal violence pop up trivia table on Jefferson lawn. Students can win prizes by correctly answering questions about interpersonal violence.
10/18/2023	10:30am - 11:30am	Campus Wide	Cardinal Cash Cab	IPV Trivia	Dyson's PHEs will be riding around in a golf cart to take students to and from class/wherever they're going. During the ride, we will be playing trivia games for prizes!
10/19/2023	7:45am - 9:15am	Campus Wide	Cardinal Cash Cab	IPV Trivia	Dyson's PHEs will be riding around in a golf cart to take students to and from class/wherever they're going. During the ride, we will be playing trivia games for prizes!
10/24/2023	11:00am - 12:30pm	Campus Wide	Self-Care Scavenger Hunt	Self-care tables across campus	Participate in a scavenger hunt centered around self-care. Various locations on campus will have different self-care activities. Visit all locations and enter to win an Amazon gift card.
10/30/2023	10:00am - 2:30pm	Stevenson	Covid/Flu clinic	Oscopharmacy admin vaccinations	Come and get your Flu shot and Covid vaccine!
10/31/2023	11:30am - 1:30pm	Jefferson Lawn	Halloween Trivia	AOD & IPV Halloween Trivia	Please join us for trivia on alcohol and drugs (AOD) and interpersonal violence (IPV) for the chance to win some cool prizes!

11/3/2023	10:30am - 12:00pm	Campus Wide	Cardinal Cash Cab	Trivia	Dyson's PHEs will be riding around in a golf cart to take students to and from class/wherever they're going. During the ride, we will be playing trivia games for prizes!
11/13/2023	11:00 - 1:00pm	Kaufman	Sexual Health Pop-Up	Sexual health	Come visit Dyson staff to learn about sexual health!
11/15/2023	10:30am - 12:00pm	Campus Wide	Cardinal Cash Cab	Trivia	Dyson's PHEs will be riding around in a golf cart to take students to and from class/wherever they're going. During the ride, we will be playing trivia games for prizes!
11/16/2023	2:00pm - 6:00pm	Dyson Wellness Center	Free HIV testing by DCHD	Free HIV testing by DCHD	DuPage County Health Department will be at the Dyson Wellness Center performing FREE HIV testing! NO APPOINTMENT NECESSARY.
11/29/2023	10:30am - 12:00pm	Campus Wide	Cardinal Cash Cab	Trivia	Dyson's PHEs will be riding around in a golf cart to take students to and from class/wherever they're going. During the ride, we will be playing trivia games for prizes!
11/30/2023	11:45am - 1:15pm	Old Main/Smith	QPR	Suicide Prevention	QPR is a suicide prevention training for participants to be able to recognize the warning signs of suicide and question, persuade, and refer people at risk for suicide for help. Enjoy some free cinnamon buns and hot chocolate during the training!
12/7/2023	11:00am - 12:30pm	LAC lobby/Auditorium	Dyson Dog Day	Mental Health	Join The Dyson Wellness Center, The Coffee Lab, and The Hidden Opponent for Dyson Dog Day! This is a fun and relaxing time for you to hang out with dogs and sip some coffee. Sweetgreen will also be provided for the first 60 students who come.

Spring 2024

Date	Time	Location	Program	Detail	Description
January	All month long	Social media	Dry January	-	
January	All month long	Campus Wide	Stalking A frames/ Pictures	-	
1/18/2024	11:00am - 12:30pm	Jefferson Lounge	Dyson Dog Days	Therapy dogs	Join us for Dyson Dog Day in Jefferson Lounge!
2/11/2024	5:00pm - 9:00pm	Stevenson Hall	Super Bowl Viewing Party	Super Bowl streaming educating students on ways to watch without alcohol.	Dyson is collaborating with RHA, FCA, and Cardinal Crew to have a Super Bowl viewing party, educating attendees on the premise that you can have a party or get-together without the need for alcoholic beverages or being intoxicated in any way.
2/13/2024	12:00pm - 1:30pm	WSC room 104	Healthy Relationship Bingo	Enjoy some bingo and learn about building healthy relationships	Join the Dyson Wellness Center to play a fun game of relationship bingo, and stand a chance at winning some amazing prizes. The goal of the event is to enlighten ourselves about the importance of fostering healthy relationships.
2/14/2024	11:00am - 1:00pm	Kaufman Dining Hall	Condoms and Candy	Sexual Health Pop-up like done in Nov 2023, jeopardy, condoms, coloring pages, hopefully have 2 students working with us	Dyson staff will be hanging out condoms and candy for Valentine's Day!
2/27/2024	5:30pm - 7:00pm	SBE Room 110	Eating Disorder Awareness	Discussion about eating disorder awareness	-
2/29/2024	11:00am - 12:30pm	LAC Lobby/ Auditorium	Dyson Dog Days	Therapy dogs	Relieve stress before midterms by playing with therapy dogs!

3/5/2024	11:30am - 1:30pm	Rolland Center Boiler-house Cafe	Spring Break, Safe Break	AOD Trivia	Visit our pop-up trivia event featuring sun safety, AOD, and sexual education. There will be fun prizes!
3/28/2024	11:00am - 3:00pm	DWC	Free HIV testing at DWC	DuPage County Health Department at DWC for free HIV testing.	DuPage County Health Department will be at the Dyson Wellness Center performing FREE HIV testing! NO APPOINTMENT NECESSARY.
4/17/2024	1:00 and 2:00 pm	LAC Heininger Auditorium	Meditation	-	-
4/19/2024	3:00pm - 5:00pm	Jefferson Lawn	Growing Healthy Relationships	Plant succulent or flower and learn about how to grow a healthy relationship	Come join us and relax on Jefferson Lawn! We will have tons of student organizations and departments with different activities as well as food, refreshments, and free plants you can take home!
4/24/2024	1:00pm - 3:30pm	Jefferson Lawn	Denim Day Decorating	Decorate a pair of jeans for Sexual Assault Awareness Month	Join us in decorating denim in honor of Sexual Assault Awareness Month and Denim Day! These decorated jeans will serve as a reminder that no matter what you wear, consent is never implied.
4/24/2024	4:00pm - 5:30pm	Jefferson Lawn to Championship Plaza	Walk A Mile	Walk for sexual assault awareness	Cardinals for Consent! Join the Dyson Wellness Center, Students Demand Action, and NOW as we march across campus to raise awareness for sexual assault.
4/25/2024	11:00am - 12:30pm	LAC Heininger Auditorium	Dyson Dog Days	Therapy dogs before finals	Relieve stress before finals by playing with therapy dogs!

Fall 2024

Date	Time (enter manually)	Program	Location	Detail	Description
8/12/2024	12:45 - 2:15PM	Football Workshop	Stevenson Hall	Intro to Sport Psych	-
8/13/2024	12:45 - 2:15PM	Football Workshop	Stevenson Hall	Intro to Sport Psych	-
August 27, 29 Sept 3, 5, 10, 12, 17, 19, 24, 26 Oct 1, 3, 8, 10, 17, 22, 24, 29, 31 Nov 5, 7, 12, 14, 19, 21 Dec 3, 5, 10, 12	4:00 - 5:15PM	Yoga	Res Rec, 3rd Floor	Yoga	Come and find your inner peace, calm, and flexibility! The City of Naperville is sponsoring yoga classes for the Fall Semester, every* Tuesday and Thursday. *except Fall break and Thanksgiving break.
9/12/2024	2:30 - 4:00PM	QPR Gate-keeper Training	Smith Hall	QPR	Three steps anyone can use to save a life.
9/12/2024	6:00 - 7:00PM	Empower Workshop #1	Student Lounge, 2nd Floor WAC	Mindful-ness	Licensed clinicians will guide students on a 5-week journey focusing on enhancing mental health and well-being, fostering resilience and developing effective stress management strategies. Participants will gain invaluable tools for navigating life's challenges. Come to one workshop or all! The City of Naperville is sponsoring the workshop series facilitated by Endeavor Health Linden Oaks Medical Group.

9/13/2024	10:00AM - 1:00PM	Mental Health screening by Linden Oaks	possibly WAC/ outside Old Main	MH screening by Linden Oaks, sponsored by City of Naperville grant	Join us for a free and brief mental health screening and conversation. Get advice and recommendations on how to best manage your personal concerns. Enter to win a raffle prize! The City of Naperville is sponsoring the screenings facilitated by mental health navigators from the Endeavor Health Linden Oaks Hospital.
9/13/2024	6:00 - 10:00PM	Feel Good Fest	Jefferson Lawn - Res Rec rain location approved	Come join the fun under the stars to play lawn games, have some treats, enjoy music, and bring along a blanket to watch Pixar's Inside Out 2!	IT'S A PARTY!! Join the fun under the stars with lawn games, music by WONC, snacks, and bring along a blanket to watch Inside Out 2!
9/17/2024	10:40AM - 1:30PM	"How to Play Your Part in Addressing Student Mental Health Situations" * For staff and Faculty ONLY	Stevenson Hall, WSC	Professional actors present several common distressed student scenarios involving mental health concerns. Scenarios are directly relevant to faculty and staff experiences with students and engage audience volunteers in live response. Both volunteers and audience members learn skills in	Professional actors present several common distressed student scenarios involving mental health concerns. Scenarios are directly relevant to faculty and staff experiences with students and engage audience volunteers in live response. Both volunteers and audience members learn skills in identifying concerns, de-escalation, and responding with help from campus resources.

				identifying concerns, de-escalation, and responding with help from campus resources.	
9/18/2024	5:00 - 9:00PM	BiPOC Youth Navigating Mental Health	Stevenson Hall, WSC	Panel Event	A panel event for young people that aims to create a positive and inclusive atmosphere for discussion, learning, and empowerment. This event is in partnership with ALMAS, or Alliance of Latinos Motivating Action in the Suburbs.
9/26/2024	6:00 - 7:00PM	Empower workshop #2	Student Lounge, 2nd Floor WAC	Emotional regulation	Licensed clinicians will guide students on a 5-week journey focusing on enhancing mental health and well-being, fostering resilience and developing effective stress management strategies. Participants will gain invaluable tools for navigating life's challenges. Come to one workshop or all! The City of Naperville is sponsoring the workshop series facilitated by Endeavor Health Linden Oaks Medical Group.
10/3/2024	10:00AM - 2:00PM	Flu/Covid Clinic	Multi-purpose hall - New Hall	Flu/Covid Clinic	No appointment necessary: walk-ins only for this clinic. Check with your insurance prior to clinic regarding coverage for vaccines. Bring your Cardinal ID and insurance card.
10/7/2024	11:00AM - 1:00PM	Sexual Health PopUp	Kaufman	Sexual Health	Come visit Dyson staff to learn about sexual health!
10/10/2024 - 10/24/2024	-	TimelyCare Registration Raffle	TimelyCare (virtual)	-	-

10/10/2024	11:30AM - 1:00PM	Dyson Dog Day	Res Rec	Mental Health	Students will get the opportunity to de-stress during midterms and pet some therapy dogs.
10/10/2024	6:00 - 7:00PM	Empower Workshop #3	Student Lounge, 2nd Floor WAC	Distress Tolerance	Licensed clinicians will guide students on a 5-week journey focusing on enhancing mental health and well-being, fostering resilience and developing effective stress management strategies. Participants will gain invaluable tools for navigating life's challenges. Come to one workshop or all! The City of Naperville is sponsoring the workshop series facilitated by Endeavor Health Linden Oaks Medical Group.
10/17/2024	-	Purple Day/DVA M	Campus Wide	DV Awareness	Join our 'Purple Day' on campus by wearing purple to show our support for those who have experience domestic violence and abuse and let them know that help is available for themselves and their families. Stop by Jefferson Lawn to get a purple ribbon and a brief explanation of what it symbolizes.
10/24/2024	11:00AM - 3:00PM	Free HIV testing by DCHD	DWC	Sexual Health	DuPage County Health Department will be performing the free HIV testing.
10/24/2024	6:00 - 7:00PM	Empower Workshop #4	Student Lounge, 2nd Floor WAC	Interpersonal Effectiveness	Licensed clinicians will guide students on a 5-week journey focusing on enhancing mental health and well-being, fostering resilience and developing effective stress management strategies. Participants will gain invaluable tools for navigating life's challenges. Come to one workshop or all! The City of Naperville is sponsoring the workshop series facilitated by Endeavor Health Linden Oaks Medical Group.

10/28/2024	10:00AM - 2:00PM	Flu/Covid Clinic, Cold/Flu table	Stevenson Hall	Vaccinations	No appointment necessary: walk-ins only for this clinic. Check with your insurance prior to clinic regarding coverage for vaccines. Bring your Cardinal ID and insurance card.
11/4/2024 - 11/8/2024	-	Stalking Awareness	Spine/Cha mpionship Plaza	Stalking	Stalking is often an underreported crime on college campuses. It is important to know how to identify stalking behavior to assure victims get the support they need. Signs will be posted at different locations across campus all week!
11/7/2024	6:00 - 7:00PM	Empower Workshop #5	Student Lounge, 2nd Floor WAC	Balancing Priorities and stress vs anxiety	Licensed clinicians will guide students on a 5-week journey focusing on enhancing mental health and well-being, fostering resilience and developing effective stress management strategies. Participants will gain invaluable tools for navigating life's challenges. Come to one workshop or all! The City of Naperville is sponsoring the workshop series facilitated by Endeavor Health Linden Oaks Medical Group.
11/11/2024	11:00AM - 1:00PM	Sexual Health PopUp	Kaufman	Sexual Health	Come visit Dyson staff to learn about sexual health!
11/13/2024	3:00 - 4:00PM	QPR Gate- keeper Training	Multipur- pose Room - New Hall	Mental Health	Three steps anyone can use to save a life.

11/21/2024	6:30 - 8:30PM	Critical Conversations	Pfeiffer Hall	Speaker	Captivating public speaker, Ivy Watts, a former All-American student-athlete, initially seemed to have it all together, graduating Summa Cum Laude and securing a spot as a top 30 finalist for the NCAA Woman of the Year Award. However, behind this façade of success, she grappled daily with anxiety, self-worth issues, and depression. After finally seeking help, Ivy has dedicated herself to promoting mental wellness and reducing the stigma surrounding mental health.
11/28/2024	4:00 - 5:00PM	Mental Health Abroad	Wentz Science Center	Mental Health	-
12/5/2024	11:30AM - 1:00PM	Dyson Dog Days	Res Rec	Mental Health	Come hang out with some furry friends before finals and relieve some stress!
10/11, 14, 25, 28 and 11/8, 11, 22, 25	8:00AM - 12:00PM and 1:00 - 5:00PM	Mental Health First Aid * For Staff, Faculty, and GAs only	New Hall Multipurpose Room	Mental Health	Be prepared to support students with mental health issues. Get certified in Mental Health First Aid.

The Office of Student Engagement and Belonging (OSEB) Prevention Events

Students attend multiple events hosted by the Office of Student Engagement and Belonging. These events are intended to create positive and healthy experiences for students to support their well-being, academic and life success. Below are events hosted by OSEB.

Fall 2024 Events

Premier Scholar Program

August 5 - August 14, 2024, Harold and Eva White Activities Center

The Premier Scholar Program supports diverse first-year students through a summer and academic year experience with mentorship, workshops, early move-in, and campus engagement opportunities with various offices and departments.

Shot of Reality

August 20, 2024 (10:00 am - 11:00 am), Pfeiffer Hall

A Shot of Reality is a dynamic alcohol awareness show that uses humor and research-based facts to educate students on responsible drinking. Performed by professional comedians, it covers important topics like the effects of alcohol, dangers of mixing substances, recognizing alcohol abuse, and empowering students to make informed, safe choices about alcohol.

Chalk it Up!

September 5, 2024 (11:30 am to 1:30 pm), Harold and Eva White Activities Center

This event aimed to kick off the school year with positivity. The Cardinal Community wrote encouraging affirmations to fellow faculty, staff, and students to create a sense of belonging.

Trick-Toks: Magic Show on the Go

September 5, 2024 (11:30 am to 1:30 pm), Harold and Eva White Activities Center, Oesterle Library, and Kaufman Dining Hall

This high-energy, interactive mobile magic experience brought students together through excitement while fostering a deeper connection to campus life. As students participated in engaging magic tricks, they also learned about the Office of Student Engagement and Belonging and the many inclusive events designed to build community and belonging.

Game Show

September 14, 2024 (6:30 pm to 8:00 pm), Larrance Academic Center

This event created a welcoming and lively space for students to connect, build community, and have fun through popular trivia and exciting prizes. Students were encouraged to team up and participate in interactive challenges that celebrated campus engagement and fostered a deeper sense of belonging.

Sí Significa Sí

September 19, 2024 (11:30 am to 1:30 pm), Stevenson Hall, Wentz Science Center

Sí Significa Sí, or “Yes means Yes, is a shared effort with Title IX to create an event that exposes students to the statistics around sexual assault and other crimes on college campuses. Students could engage in thoughtful dialogue with fellow campus community members and learn ways to maintain safe and healthy relationships.

Jammin’ on Jefferson

September 19, 2024 (4:00 pm to 7:00 pm), Jefferson Lawn

Jammin’ on Jefferson brought students together through music, food, and shared experiences, creating an inclusive space to celebrate community, build meaningful connections, and strengthen the sense of belonging across campus.

Comedy Show

September 21, 2024 (6:30 pm to 8:00 pm), Larrance Academic Center

The Hollywood Comedy Show featuring Derrick Knopsnyder provided students with an evening of laughter and entertainment. Attendees were invited to dress as their favorite celebrities and

had the opportunity to win prizes by participating in pop culture trivia, fostering both engagement and community through a fun and interactive experience.

Movie Night

September 27, 2024 (6:00 pm to 9:00 pm), Pfeiffer Hall

This event provided students with a fun and safe weekend experience, offering the opportunity to enjoy a current movie while connecting with peers. Through shared storytelling and meaningful conversations, students were able to build community, learn from one another, and strengthen their sense of belonging on campus.

Cider & Coffee Fall Fest

October 5, 2024 (7:00 pm to 9:00 pm), Larrance Academic Center

Cider and Coffee Fest created a warm, welcoming space for students to come together and celebrate the season through live music, spoken word, food, and fall-themed activities. The event fostered connection, encouraged self-expression, and strengthened a sense of community and belonging among students.

Cardinal Candyland

October 16, 2024 (6:00 pm to 8:00 pm), Jefferson Lawn

This event kicked off Homecoming weekend by bringing students together in a vibrant, CandyLand-themed celebration. Through interactive games and shared snacks, students connected with peers, built community, and experienced a fun, inclusive environment that fostered school spirit and a strong sense of belonging.

Gingerbread House Competition

December 4, 2024 (5:30 pm to 7:30 pm), Harold and Eva White Activities Center

This festive challenge invited students to team up and build their best gingerbread house, fostering collaboration, creativity, and connection. With fun treats, music, and shared laughter, students had the opportunity to build community, strengthen peer relationships, and celebrate the holiday season in an inclusive, engaging environment.

Spring 2024 Events

Snow Ball Soirée

January 20, 2024 (7:00 pm to 10:00 pm), Madden Theatre, Wentz Concert Hall

The Soirée is a formal event designed to celebrate student involvement on campus. It offers students an opportunity to come together and connect in a positive, substance-free setting. The Soirée models healthy celebration practices, reinforcing that major milestones and social gatherings can be meaningful without the use of alcohol or drugs.

Women of Color Empowerment Luncheon

March 5, 2024 (11:30 am to 1:30 pm), Stevenson Hall, Wentz Science Center

The Women of Color Empowerment Luncheon provides a safe, affirming space for women of color to celebrate their achievements, network, and engage in meaningful dialogue around empowerment, leadership, and wellness. By fostering a sense of belonging and building

resilience among women of color, the event promotes positive coping strategies and leadership development, reducing the risk factors associated with substance use.

Lavender Prom

April 19, 2024 (6:30 pm to 8:30 pm), Madden Theatre, Wentz Concert Hall

Lavender Prom is an inclusive dance and celebration for LGBTQIA+ students and allies, providing a supportive and affirming space where all students can express themselves freely and safely. By building affirming spaces and reducing experiences of isolation and discrimination, Lavender Prom lowers risk factors tied to substance misuse among LGBTQIA+ populations.

End of Year Celebration

April 25, 2024 (4:00 pm to 6:00 pm), Jefferson Lawn

This event celebrates the accomplishments of students, offering a fun, engaging, and substance-free environment to close out the academic year. The End of Year Celebration encourages healthy socialization, demonstrating that students can engage in joyful, memorable activities without the presence of drugs or alcohol.

Fall 2023 Events

Shot of Reality

August 22, 2023 (10:00 am - 11:00 am), Pfeiffer Hall

A Shot of Reality is a dynamic alcohol awareness show that uses humor and research-based facts to educate students on responsible drinking. Performed by professional comedians, it covers important topics like the effects of alcohol, dangers of mixing substances, and recognizing alcohol abuse. Popular at colleges nationwide, this engaging program empowers students to make informed, safe choices about alcohol.

Kickback

August 30, 2023 (4:30 pm to 6:30 pm), Jefferson Lawn

This event offers a fun, engaging, and substance-free environment to kick off the academic year. The Kickback welcomes students, staff, and faculty to come meet our office staff and one another, demonstrating that students can engage in social interaction without the presence of drugs or alcohol.

Latinx & Hispanic Heritage Month Kickoff

September 15, 2023 (4:00 pm to 7:00 pm), Stevenson Hall, Wentz Science Center

The Latinx & Hispanic Heritage Month kickoff was a vibrant celebration of Latinx culture, history, and unique stories. Attendees enjoyed playing dominos and lotería, dancing to lively Latin music, and tasting delicious snacks. The event also emphasized the importance of making healthy, drug- and alcohol-free choices while coming together to honor and uplift the community's rich traditions. It was a joyful and safe start to a month-long celebration!

Spring 2023 Events

Women of Color Empowerment Luncheon

March 2, 2023 (11:30 am to 1:30 pm), Stevenson Hall, Wentz Science Center

The Women of Color Empowerment Luncheon provides a safe, affirming space for women of color to celebrate their achievements, network, and engage in meaningful dialogue around empowerment, leadership, and wellness. By fostering a sense of belonging and building resilience among women of color, the event promotes positive coping strategies and leadership development, reducing the risk factors associated with substance use.

SGA Soirée

March 24, 2023 (6:00 pm - 11:00 pm), Madden Theatre, Wentz Concert Hall

The Soirée is a formal event designed to celebrate student involvement on campus. It offers students an opportunity to come together and connect in a positive, substance-free setting. The Soirée models healthy celebration practices, reinforcing that major milestones and social gatherings can be meaningful without the use of alcohol or drugs.

End of Year Celebration

April 27, 2023 (4:00 pm to 6:00 pm), Jefferson Lawn

This event celebrates the accomplishments of students, offering a fun, engaging, and substance-free environment to close out the academic year. The End of Year Celebration encourages healthy socialization, demonstrating that students can engage in joyful, memorable activities without the presence of drugs or alcohol.

Prevention Signage, Marketing and Event Material

The following signs were created by the Dyson Wellness Center staff and peer health educators and then distributed across campus. The first medical amnesty sign went to all the residence halls and was included as signage at Dyson Wellness Center events.

CALL 911
YOU MAY SAVE A LIFE



If I am under 21 and have been drinking or using drugs, will I get in trouble if I call 911 to get help for someone who is passed out from consuming too much alcohol?

NO

You will **NOT** face **COLLEGE CONDUCT ACTION** or **LEGAL ACTION** if you:

- Notify the proper authorities
- Provide your name
- Stay with the person until the authorities arrive



What if I am the person who needs help?
The law protects you too.

QR code to
Student
Handbook



AOD Trivia Questions (at Superbowl party)

True or False

- The first 6 weeks of freshman year are the most vulnerable time for heavy drinking and alcohol-related consequences because of social pressure and student expectations.
 - True
- Someone can give consent while they are drunk.
 - False - The influence of alcohol or other substances can never replace consent.
- Excessive drinking can weaken your immune system.
 - True
- Adding fruit juice or mixers to spirits reduces the effect of the alcohol.
 - False - Adding mixers will make the alcohol taste less strong and will give you a longer drink – but you'll still be drinking the same amount of alcohol. Having a longer drink should make the drink last longer though, so adding ice and plenty of mixer is a good move.

- People are more likely to take risks after drinking alcohol.
 - **True** - Alcohol affects judgment so after drinking alcohol, people tend to have fewer inhibitions and this can lead to risky behavior.
- A glass of wine, a glass of beer, and a shot of spirits all contain the same amount of pure alcohol?
 - **False** - It depends on the size of the glass, the strength of the drink (e.g. there are strong beers and weaker beers) and how full the glass is.
- Moderate use (2-3 drinks) can result a loss of motor coordination for up to 12 to 18 hours after drinking
 - **True**
- Alcohol is a nervous system stimulant.
 - **False** - Alcohol is a depressant.
- Individuals with the same weight but different muscle mass metabolize alcohol at different rates.
 - **True**
- Eating a big meal before you drink will keep you sober.
 - **False** - Drinking on a full stomach will only delay absorption of alcohol into the bloodstream, not prevent it.
- In a recent study, 31% of students met criteria for a diagnosis of alcohol abuse and 6% for alcohol dependence in the past 12 months.
 - **True**
- Alcohol is the 2nd most abused drug in the U.S.
 - **False** - It is the #1 most abused drug in the U.S.
- Grades and alcohol are inversely proportional. The higher the average number of drinks a student has per week, the lower the GPA.
 - **True**
- Marijuana can impair learning, memory, perception, and judgment.
 - **True**
- Marijuana is a depressant and can lead to dull emotions and a lack of enthusiasm.
 - **True**
- You cannot become addicted to marijuana?
 - **False** - Research shows that between 9-30% of users develop some degree of marijuana use disorder.

- Someone who has anxiety and/or stress feels less stressed the day after drinking.
 - **False** - Anxiety increases the day(s) after drinking alcohol as the brain chemistry is trying to return to balance and overcompensates for alcohol's depressant impact on the body/mind. It is really helpful to have many healthy mood-lifting options that are long-lasting like listening to music, snuggling with a pet or person, walking/exercise, talking with someone you trust, etc.
- Hangovers are caused by switching drinks
 - **False** - Hangovers are caused by the amount of alcohol consumed and the rate at which it is consumed, not by the kind of alcohol consumed.
- The best thing to do for someone who is drunk is to put him/her to bed and let them sleep it off.
 - **False** - Stay with the person; check their breathing and their skin temperature. They are in danger of choking, seizures, coma, and death. Alcohol poisoning can occur with even small amounts of alcohol. Even if you are not sure how much they have had, you should stay with the person to ensure their safety and call for medical help immediately.
- Someone who has depression will feel a long-lasting improved mood when drinking alcohol.
 - **False** - Alcohol is a depressant and trains the brain to seek the quick fix of alcohol to improve short-term mood. The brain is therefore NOT building neural pathways to joy and relaxation. It's critical to have many ways of improving mood so that you have many healthy options that are long-lasting mood lifts.
- Electronic cigarettes are just as addictive as traditional ones.
 - **True** - Electronic cigarettes and traditional cigarettes both contain nicotine, which is highly addictive. Electronic cigarette users can consume a higher concentration of nicotine than their combustible counterparts, making them more addictive.
- Teens are less vulnerable to developing a nicotine addiction.
 - **False** - Teens are more likely to develop an addiction to nicotine. Brain development is still occurring during an individual's mid-twenties. Introducing nicotine during this development hinders development and increases the need to consume more.
- Hanging around people vaping will not harm you.
 - **False** - Second-hand vaping is dangerous for individuals around others who vape. Exposure to the vapor secondhand can expose you to a plethora of chemicals including nicotine, Diacetyl, benzene, heavy metals such as nickel, tin, or lead, and ultrafine particles.

Multiple Choice

- Alcohol abuse is highest among which of these age groups?
 - A) 15 to 17 **B) 18 to 29** C) 30 to 54 D) 55 and older
- How much more likely are students who binge drink to have academic problems than students who do not?
- A) 2 times B) 4 times **C) 6 times** D) 8 times
- How many drinks can result in a loss of motor coordination for up to 12 to 18 hours after drinking?
 - A) 1 drink **B) 2-3 drinks** C) 4 drinks D) 5-6 drinks
- How many fatal traffic crashes are among those aged 18 to 24 are related to alcohol?
 - **A) 50%** B) 20% C) 5% D) 0%
- What is the alcohol content of a 12-ounce beer?
 - A) 2% **B) 5%** C) 8% D) 10%
- What is the alcohol content of one 1.5-ounce shot of hard liquor?
 - A) 10% B) 20% C) 30% **D) 40%**

Short Answer

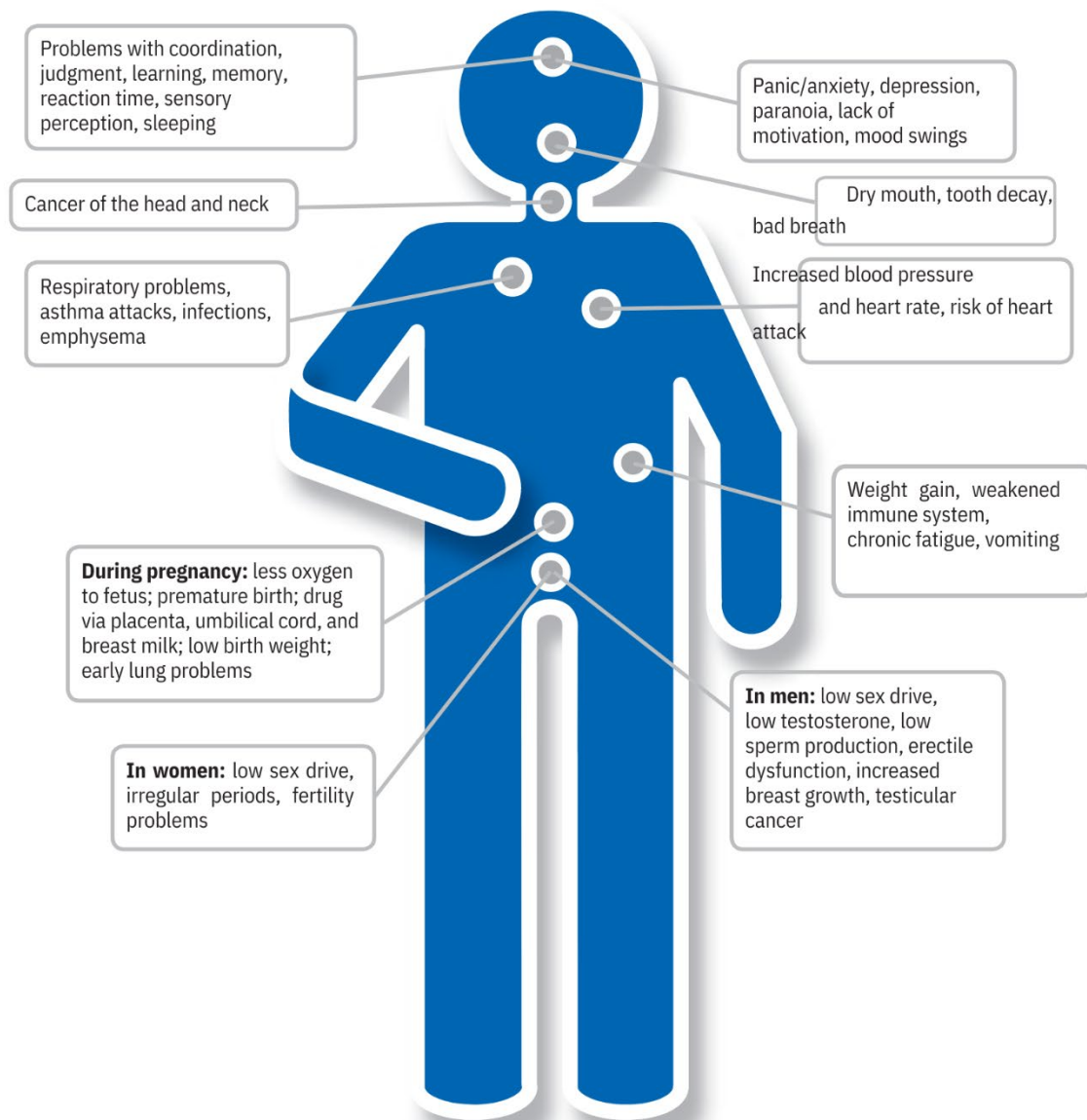
- Define binge drinking.
 - **Binge drinking is when a large amount of alcohol is consumed in a short amount of time.**
- Name 2 campus resources to help with substance abuse.
 - **Dyson Wellness Center, Campus Safety, TimelyCare, Early Alert**
- Name 3 physical effects of drinking alcohol.
 - **Slurred speech, vomiting, headache, loss of consciousness, loss of proper memory function**
- Name 3 safety tips for drinking.
 - **Know your limits, sip your drink/pace yourself, switch between alcoholic drinks and water, don't drink and drive, respect those who do not wish to drink, never accept drinks from strangers.**
- If I choose to drink alcohol, what are 3 things I can do to mitigate the impact?
 - **Drink water between drinks, pause/take break between drinks, eat/drink water prior to drinking, stop when I feel a tiny bit relaxed, add water to the alcohol/cup, drink juice/pop to appear as if you have an alcoholic drink, choose to be a designated driver.**
- What can you do if someone has overdosed?
 - **Call 911, try to wake them, administer naloxone, support their breathing.**

Pop Culture

- In the TV series "Euphoria," what is the name of the main character, played by Zendaya, who struggles with addiction and mental health issues?
 - **Rue or Rue Bennett**
- Which American rapper and songwriter overdosed on Percocet while attempting to hide them during a search of his plane in 2019?
 - **Juice Wrld**
- Which comedy film from 2009 features a character named Doug who goes missing after a bachelor party in Las Vegas?
 - **The Hangover**
- Which Kardashian sister was arrested for DUI but let go 3 hours later?
 - **Khloe Kardashian**
- Which British singer/songwriter died from fatal alcohol poisoning in 2011? Hint: They wrote the songs 'Rehab' and 'Back to Black'
 - **Amy Winehouse**

MARIJUANA

Effects on the Body



Mid-America (HHS Region 7)

ATTC

Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

This work is supported by grants T1025355, T1026442, and T1024226 from the Department of Health and Human Services, Substance Abuse and Mental Health Services Administration.



Visit www.sbirt.care for more resources!

Health risks of marijuana use



Use during pregnancy may
cause fetal growth restriction,
premature birth, still birth,
and problems with brain
development

Information from SAHMSA.gov accessed March 2023

Health risks of marijuana use



Use affects timing,
movement, and
coordination, which can
harm athletic
performance.

Information from SAHMSA.gov accessed March 2023

A New Weed of Choice



Health benefits of mint tea:

- Helps headaches
- Respiratory relief
- Encourages a healthy mouth



**Join us at Earthfest on 4/20 from
12:30 - 1:30 for a cup of mint tea and
plant your own mint plant!**

Health risks of marijuana use



Can cause **permanent**
IQ loss of up
to 8 points - even if you
quit using.

Information from SAHMSA.gov accessed March 2023

A New Weed of Choice



Health benefits of gardening:

- Build self-esteem
- Good for your heart
- Reduces stress



**Join us at Earthfest on 4/20 from
12:30 - 1:30 for a cup of mint tea and
plant your own mint plant!**

A New Weed of Choice



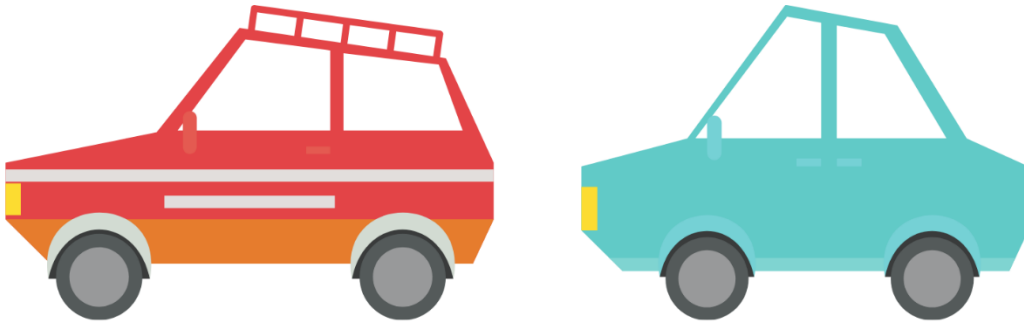
Health benefits of mint tea:

- Helps with digestion
- May improve focus
- May ease menstrual cramps



**Join us at Earthfest on 4/20 from
12:30 - 1:30 for a cup of mint tea and
plant your own mint plant!**

Health risks of marijuana use



Use while driving is dangerous: slower reactions, lane weaving, decreased coordination, difficulty reacting to sounds and signals

Information from SAHMSA.gov accessed March 2023

Health risks of marijuana use

Daily Life



Can affect how well people do in life. Research shows that people who use are more likely to have:

- **relationship problems,**
- **worse educational outcomes**
- **lower career achievement**
- **reduced life satisfaction**

Information from SAHMSA.gov accessed March 2023

Health risks of marijuana use



Studies show a clear link
between use and an
increased risk of an
aggressive form of
testicular cancer.

Information from NIDA.NIH.gov accessed March 2023

College Students report using marijuana to help with:



sleep



social anxiety



stress release

But did you know...

Health risks of marijuana use



Studies link use to depression, anxiety, suicide planning, and psychotic episodes. It is unknown if use is the *cause*.

Information from SAHMSA.gov accessed March 2023

Health risks of marijuana use



Approximately 1 in 10 adults who use marijuana will become addicted. If started before 18, chances of addiction are 1 in 6.

Information from SAHMSA.gov accessed March 2023



NORTH CENTRAL COLLEGE
Dyson Wellness Center

**DO YOU THINK YOU
SMOKE TOO MUCH?
You are not alone.**



SCAN HERE FOR HELP



NORTH CENTRAL COLLEGE
Dyson Wellness Center

**DO YOU THINK YOU
DRINK TOO MUCH?**
You are not alone.



SCAN HERE FOR HELP



NORTH CENTRAL COLLEGE
Dyson Wellness Center

**DO YOU THINK
ABOUT DECREASING
YOUR DRINKING?
You are not alone.**



SCAN HERE FOR HELP



NORTH CENTRAL COLLEGE
Dyson Wellness Center

**DO YOU THINK ABOUT
DECREASING YOUR
CANNABIS USE?**
You are not alone.



SCAN HERE FOR HELP



NORTH CENTRAL COLLEGE
Dyson Wellness Center

**WANT TO QUIT
VAPING?**

You are not alone.



SCAN HERE FOR HELP



NORTH CENTRAL COLLEGE
Dyson Wellness Center

**WANT TO QUIT
SMOKING?
You are not alone.**



SCAN HERE FOR HELP



NORTH CENTRAL COLLEGE
Dyson Wellness Center

**WORRIED ABOUT A
FRIEND WHO'S USING
TOO MUCH CANNABIS?
You are not alone.**



SCAN HERE FOR HELP



NORTH CENTRAL COLLEGE
Dyson Wellness Center

**WORRIED ABOUT A
FRIEND WHO'S
DRINKING TOO MUCH?
You are not alone.**



SCAN HERE FOR HELP

ALCOHOL AND OTHER DRUG Goal Achievement and Objective Achievement

- Campus Safety reinstated communication with students living together off campus regarding “good neighbor” etiquette and the student code of conduct, with an emphasis on substance abuse related laws ordinances, and policies.
- Medical amnesty information was included in health-related programming efforts to increase student outreach for assistance in alcohol and/or drug related incidents
- Signage was created and implemented that highlighted healthy behaviors at events to support attendees in engaging in events that did not involve alcohol and/or drugs. Additionally, decal stickers were placed along campus grounds’ walkways with a QR code to a link tree with several alcohol and drug prevention and support related resources. This was all a result of a review and assessment of substance misuse prevention education.
- Campus Safety included medical amnesty information in Welcome Week and Residence Life communication to resident students.
- Dyson Wellness Center integrated substance misuse information in existing campus events/programs/trainings.

ALCOHOL AND OTHER DRUG SWOT Analysis

Strengths

Achievements are listed above.

Weaknesses

The number of alcohol and cannabis related incidents increased over the review period. Conduct consequences did not impact behavior change.

Opportunities

Goals are listed below.

Threats

Alcohol and drugs are addictive and viewed more positively in the culture. Educational materials and methods must adjust appropriately to reach the campus population to assist in behavior change.

GOALS AND OBJECTIVES FOR 2026 BIENNIAL REVIEW

1. Office of Student Engagement and Belonging to include amnesty and other alcohol/drug prevention signage at most campus events, in addition to Dyson Wellness Center continuing to do so at Dyson events.
2. Dean of Students to send CORE survey to all students in 2025 or 2026
3. Campus Safety to continue to reinstate communication with students living together off campus regarding “good neighbor” etiquette and the student code of conduct, with an emphasis on substance abuse related laws ordinances, and policies

4. Strengthen conduct consequences of alcohol and drug related incidents
5. Research campus recovery options such as recovery groups, alcohol and drug free events and/or housing
6. Re-implement a campus bystander intervention program that includes alcohol and drug related scenarios

Conclusion

The data shows an increase in documented alcohol and cannabis related incidents on campus. In review of sanctions for conduct concerns, there appears to be room to improve the meaningfulness of the sanctions as well as the follow up on compliance with sanctions. The campus community would benefit from reviving a bystander intervention program that includes alcohol and drug related content. There are great programming and event efforts, and there is a need to have greater impact upon student learning if/when there are incidents. All in all, there are goals in place that should move us forward in higher impact on decreasing student misuse of substances.

Appendices

1. DAAPP PPA
2. Student Handbooks: 2022-2023, 2023-2024
3. Office of Athletics 2023-2024 conduct policies
4. Human Resources Policies: 2022-2023, 2023-2024
5. Mandatory New Student Health & Safety Letters: 1/2023 through 12/2024
6. Email & KnowB4 online Policy Notification Process to students, staff and faculty 1/2023 through 12/2024

DRUG & ALCOHOL ABUSE PREVENTION PROGRAM (DAAPP) PROGRAM PARTICIPATION AGREEMENT (PPA)

As required by the Drug-Free Schools and Communities Act Amendments of 1989, which added section 1213 to the Higher Education Act, and implemented at 34 C.F.R. Part 86, the undersigned institution certifies that it has adopted and implemented a drug prevention program for its students and employees that, at a minimum, includes –

1. The annual distribution to each employee, and to each student who is taking one or more classes of any kind of academic credit except for continuing education units, regardless of the length of the student's program of study, of:
 - a. **Standards of conduct that clearly prohibit, at a minimum, the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees on its property or as part of any of its activities**
 - i. For employees: North Central College Human Resources Policy, Policy 1.15 Drug Free Workplace *and* Policy 1.15b Alcohol on Campus.

- ii. For students: Student Handbook, p. 7 Alcohol Policy, p. 9 Drug Policy, p. 10 Consequences of Alcohol and Drug Violations, p. 12 Medical Amnesty, p. 12 Drug and Alcohol Use Education and Prevention.
- b. **A description of the applicable legal sanctions under local, State, or Federal law for the unlawful possession or distribution of illicit drugs and alcohol**
 - i. Federal: https://www.campusdrugprevention.gov/sites/default/files/2022-11/2022_DOA_eBook_File_Final.pdf
 - ii. Sample Illinois Sanctions for Violation Of Alcohol Control Statutes (See the [Illinois Compiled Statutes](#) for more specific information)

It is a Class A Misdemeanor:

 - A. to possess or sell alcohol if you are under 21;
 - B. for any person under 21 years of age to consume alcohol;
 - C. to alter, or deface an identification card; use the identification card of another; carry or use a false or forged identification card; or obtain an identification card by means of false information;
 - D. to sell, give, or deliver alcohol to individuals under 21 years of age.

Class A Misdemeanors are punishable with a fine of no less than \$75 and up to \$2,500 and less than one year in the county jail. Local ordinances may also be enforced.

Class A Misdemeanors are punishable with a fine of \$75 to \$2,500 and up to 1 year in the county jail.

Federal statutes and penalties are separate and different than State penalties.
 - iii. Sample Illinois Sanctions for Violation of Drug Control Statutes
(See [Illinois Compiled Statutes](#) for more specific information regarding civil and/or criminal penalties)

The possession and use of certain cannabis does remain a violation of Federal law.

Possession of Cannabis - Under 21 Years of Age

- A. It is a Civil Law Violation to possess from 0 to 9 grams of Cannabis. The civil law violation is punishable by a minimum fine of \$100 and a maximum fine of \$200.
- B. It is a Class B Misdemeanor to possess from 10 to 29 grams of Cannabis. For additional sanctions, please see below.

Possession of Cannabis – 21 Years of Age and Older

An Illinois resident (21 years old and older) may possess up to 30 grams of cannabis (about 1 ounce), 5 grams of cannabis concentrate or edibles containing up to 500 milligrams of THC. Non-residents (21 years old and older) may possess only half of these amounts.

- A. It is a Class A Misdemeanor to possess from 30 to 99 grams of Cannabis (first offense).
- B. It is a Class 4 Felony to possess from 30 to 99 grams of Cannabis (subsequent offense).
- C. It is a Class 4 Felony to possess 100 grams to 499 grams of Cannabis.
- D. It is a Class 3 Felony to possess 500 grams to 1,999 grams of Cannabis.
- E. It is a Class 2 Felony to possess 2,000 grams to 4,999 grams of Cannabis. It is a Class 1 Felony to possess more than 5,000 grams of Cannabis.

Possession of Cocaine:

- A. It is a Class 4 Felony to possess 0-14 grams
- B. It is a Class 1 Felony to possess 15-99 grams.
- C. It is a Class 1 Felony to possess 100-399 grams.
- D. It is a Class 1 Felony to possess 400-899 grams.
- E. It is a Class 1 Felony to possess 900+grams.

Possession of Heroin/LSD:

- A. It is a Class 4 Felony to possess 0-14 grams
- B. It is a Class 1 Felony to possess 15-99 grams.
- C. It is a Class 1 Felony to possess 100-399 grams.
- D. It is a Class 1 Felony to possess 400-899 grams.
- E. It is a Class 1 Felony to possess 900+grams.

Class 4 Felony sentence may be from 1 to 3 years in a state penitentiary. Class 3 Felony sentence may be from 2 to 5 years in a state penitentiary. Class 2 Felony sentence may be from 3 to 7 years in a state penitentiary. Class 1 Felony sentence may be from 4 to 15 years in a state penitentiary.

The fine for a Class 4 Felony Controlled Substance violation shall not be more than \$25,000.

The fine for a Class 1 Felony Controlled Substance violation shall not be more than \$200,000.

This is not an exhaustive list of narcotics and controlled substances that are subject to Illinois Compiled Statutes and which may have local, state, and/or federal sentencing guidelines.

c) A description of the health risks associated with the use of illicit drugs and the abuse of alcohol.

Detailed below:

[https://www.campusdrugprevention.gov/sites/default/files/2022-11/2022 DOA eBook File Final.pdf](https://www.campusdrugprevention.gov/sites/default/files/2022-11/2022%20DOA%20eBook%20File%20Final.pdf)

Health Risks of Commonly Abused Substances

Substance	Nicknames/ Slang Terms	Short Term Effects	Long Term Effects
Alcohol		slurred speech, drowsiness, headaches, impaired judgment, decreased perception and coordination, distorted vision and hearing, vomiting, breathing difficulties, unconsciousness, coma, blackouts	toxic psychosis, physical dependence, neurological and liver damage, fetal alcohol syndrome, vitamin B1 deficiency, sexual problems, cancer, physical dependence
Amphetamines	uppers, speed, meth, crack, crystal, ice, pep pills	increased heart rate, increased blood pressure, dry mouth, loss of appetite, restlessness, irritability, anxiety	delusions, hallucinations, heart problems, hypertension, irritability, insomnia, toxic psychosis, physical dependence
Barbiturates and Tranquilizers	barbs, bluebirds, blues, yellow jackets, red devils, roofies, rohypnol, ruffies, tranqs, mickey, flying v's	slurred speech, muscle relaxation, dizziness, decreased motor control	severe withdrawal symptoms, possible convulsions, toxic psychosis, depression, physical dependence
Cocaine	coke, cracks, snow, powder, blow, rock	loss of appetite increased blood pressure and heart rate, contracted blood vessels, nausea, hyper-stimulation, anxiety, paranoia, increased hostility Increased rate of breathing, muscle spasms and convulsions, dilated pupils, disturbed sleep	depression, weight loss, high blood pressure, seizure, heart attack, stroke, hypertension, hallucinations, psychosis, chronic cough, nasal passage injury, kidney, liver and lung damage

Substance	Nicknames/ Slang Terms	Short Term Effects	Long Term Effects
Gamma Hydroxy Butyrate	GHB, liquid B, liquid X, liquid ecstasy, G, georgia homeboy, grievous bodily harm	euphoria, decreased inhibitions, drowsiness, sleep, decreased body temperature, decreased heart rate, decreased blood pressure	memory loss, depression, severe withdrawal symptoms, physical dependence, psychological dependence
Heroin	H, junk, smack, horse, skag	euphoria, flushing of the skin, dry mouth, "heavy" arms and legs, slowed breathing, muscular weakness	constipation, loss of appetite, lethargy, weakening of the immune system, respiratory (breathing) illnesses, muscular weakness, partial paralysis, coma, physical dependence, psychological dependence
Ketamine	K, super K, special K	dream-like states, hallucinations, impaired attention and memory, delirium, impaired motor function, high blood pressure, depression	Urinary tract and bladder problems, abdominal pain, major convulsions, muscle rigidity, increased confusion, increased depression, physical dependence, psychological dependence
LSD	acid, stamps, dots, blotter, A- bombs	dilated pupils, change in body temperature, blood pressure and heart rate, sweating, chills, loss of appetite, decreased sleep, tremors, changes in visual acuity, mood changes	may intensify existing psychosis, panic reactions, can interfere with psychological adjustment and social functioning, insomnia, physical dependence, psychological dependence
MDMA	Molly, ecstasy, XTC, adam, X, rolls, pills	impaired judgment, confusion, blurred vision, teeth clenching, depression, anxiety, paranoia, sleep problems, muscle tension	same as LSD, sleeplessness, nausea, confusion, increased blood pressure, sweating, depression, anxiety, memory loss kidney failure, cardiovascular problems, convulsions death, physical dependence, psychological dependence

Substance	Nicknames/ Slang Terms	Short Term Effects	Long Term Effects
Marijuana/ Cannabis	pot, grass, dope, weed, joint, bud, reefer, doobie, roach	sensory distortion, poor coordination of movement slowed reaction time, panic, anxiety	bronchitis, conjunctivas, lethargy, shortened attention span, suppressed immune system, personality changes, cancer, psychological dependence, physical dependence possible for some
Mescaline	peyote cactus	nausea, vomiting, anxiety, delirium, hallucinations, increased heart rate, blood pressure, and body temperature	lasting physical and mental trauma, intensified existing psychosis, psychological dependence
Morphine/Op iates	M, morf, duramorph, Miss Emma, monkey, roxanol, white stuff	euphoria, increased body temperature, dry mouth, "heavy" feeling in arms and legs	constipation, loss of appetite, collapsed veins, heart infections, liver disease, depressed respiration, pneumonia and other pulmonary complications, physical dependence, psychological dependence
PCP	crystal, tea, angel dust, embalming fluid, killer weed, rocket fuel, supergrass, wack, ozone	shallow breathing, flushing, profuse sweating, numbness in arms and legs, decreased muscular coordination, nausea, vomiting, blurred vision, delusions, paranoia, disordered thinking	memory loss, difficulties with speech and thinking, depression, weight loss, psychotic behavior, violent acts, psychosis, physical dependence, psychological dependence
Psilocybin	mushrooms, magic mushrooms, shrooms, caps, psilocybin & psilocin	nausea, distorted perceptions, nervousness, paranoia,	confusion, memory loss, shortened attention span, flashbacks may intensify existing psychosis,

Substance	Nicknames/ Slang Terms	Short Term Effects	Long Term Effects
Steroids	roids, juice	increased lean muscle mass, increased strength, acne, oily skin, excess hair growth, high blood pressure	Cholesterol imbalance, anger management problems, masculinization or women, breast enlargement in men, premature fusion of long bones preventing attainment of normal height, atrophy of reproductive organs, impotence, reduced fertility, stroke, hypertension, congestive heart failure, liver damage, psychological dependence

d) A description of any drug and alcohol counseling, treatment or rehabilitation or re-entry programs that are available to employees or students.

For students: Short term alcohol and other drug counseling is available on campus to students through the [Dyson Wellness Center](#) (630-637-5550). Students may be referred through the Counseling Center to other treatment programs for more intensive treatment.

For employees: Through North Central College's Office of Human Resources, 1-800-456- 6327, www.perspectivesltd.com offers employees additional education and counseling, as well as appropriate referrals.

On-Campus Resources/Information

The Dyson Wellness Center (confidential medical, counseling & advocacy services)	630-637-5550, http://www.northcentralcollege.edu/dyson
Employee Assistance Program, Perspectives	1-800-456-6327, www.perspectivesltd.com
Dr. Jessica Brown, Vice President of Student Affairs and Dean of Students	630-637-5151
Sharon Merrill, Assistant Vice President for Human Resources	630-637-5757
Campus Safety	630-637-5911

Off-Campus Resources/Information

Local resources within and outside of Naperville and DuPage County, the following substance misuse counseling agencies exist. These agencies provide a variety of services which may include intake/evaluation, social setting detoxification, intensive residential program, chemical dependency programs, adolescent and adult outpatient services, DUI evaluations and remedial education. Interested individuals are encouraged to contact each agency for additional information regarding specific services and costs.

Naperville Police Department	911/ 630- 420- 6666
DuPage County Sheriff Department 501 N. County Farm Road Wheaton, IL 60187	911/630-682-7256

DuPage County Health Department 111 North County Farm Road Wheaton, IL 60187	630-627-1700 (24 hours), Crisis Line
DuPage Mental Health Services 1776 South Naperville Road, Building B, Suite 203 Wheaton, IL 60189	Phone: 630-690-2222
Linden Oaks Hospital at Edward 852 West Street Naperville, IL 60540	Phone: 630-305-5129 or 630-305-5500
Rosecrance 608 South Washington Street Naperville, IL 60540	630-849-4295 Financial Expectations: http://www.rosecrance.org/substanceabuse/financialexpectations/
Resurrection Behavioral Health – Addiction Services 2001 Butterfield Road, Suite 320 Downers Grove, IL 60515	Phone: 847-493-3600
Gateway Foundation Alcohol & Drug Treatment 8 locations	Phone: 877-321-7326 www.RecoverGateway.org
Timberline Knolls 40 Timberline Drive Lemont, IL 60439 *Residential treatment facility for adolescent girls and young women.	Phone: 630-343-2326

Alexian Brothers (Behavior Health Hospital) 1650 Moon Lake Blvd. Hoffman Estates, IL 60194	Phone: 847-882-1600
FAIR: Family & Adolescents in Recovery http://www.fairkids.com/index.php/fair-programs/yap-young-adult-program-iop/ 2010 East Algonquin Rd. Schaumburg, IL 60173 Insurance: Fair foundation helps to ensure that no one is turned away	847-359-5192
DuPage County State's Attorney's Office Judicial Office Facility - Annex 503 N. County Farm Road Wheaton, IL 60187	630-407-8000

- e) **A clear statement that the institution will impose disciplinary sanctions on students and employees (consistent with local, State and Federal law), and a description of those sanctions, up to and including expulsion or termination of employment and referral for prosecution, for violation of the standards of conduct. A disciplinary sanction may include the completion of an appropriate rehabilitation program.**

Students or employees who violate federal, state or local laws concerning drugs or alcohol are subject to criminal prosecution; those who violate North Central College policies may also be subject to institutional sanctions or dismissal.

- i. For employees: [North Central College Human Resources Policy](#), Policy 1.15 Drug Free Workplace and Policy 1.15b Alcohol on Campus. Ensure that the regulations note that “a disciplinary sanction may include the completion of an appropriate rehabilitation program.” If this exact language isn’t in the policy, it needs to be added.
- ii. For students: Alcohol and Drug related policies may be found in pages 7-14 of the [Student Handbook](#).

North Central College Alcohol Policy:

North Central College recognizes that personal choices involving the use of alcohol have an impact on both the individual and the community. The College’s alcohol policy, written in accordance with Illinois State law, supports the mission of the institution and its academic and student development goals.

North Central College students are subject to all Federal, State, and Local laws pertaining to alcohol. In the event a student becomes involved in legal trouble, and prosecution occurs outside the College, violators also may be

subject to the College's Student Conduct Process, which will occur independently of any pending legal proceeding. Additionally, North Central College, as an educational institution, sets supplementary community standards for its members that are over and above prescribed Federal, State, and Local laws.

North Central College Drug Policy

Students are prohibited from the unlawful use, possession, or distribution of any illegal drug or illegal drug paraphernalia, whether on or off campus. Students are also prohibited from being in the presence of illegal drugs or illegal drug paraphernalia. Presence is defined as being in the room, suite, vehicle, or other location proximal to the possession or use of illegal substances, activities or paraphernalia. Illegal drug and/or illegal drug paraphernalia may be subject to disposal.

The North Central College drug policy covers illegal and illicit use of controlled substances, including but not limited to marijuana, stimulants, depressants, hallucinogens, opiates/narcotics, inhalants, synthetic drugs, or any other intoxicating compound. The unauthorized possession or use of prescription drugs is also prohibited. If a significant quantity of drug, or items suggesting drug distribution are found (for example: scale, small self-sealing baggies, etc.), the College may refer the case directly to the hearing panel process to consider suspension or dismissal.

Consequences of Alcohol and Drug Violations

All incidents involving drugs and alcohol will be processed through the College's Student Conduct Process. Students found in violation of alcohol and/or drug policies may be subject to sanctions deemed appropriate by the College, such as counseling assessments, educational projects, fines, parental notification, community service, campus engagement, reprimand, restitution, residence hall removal, completion of an appropriate, rehabilitation program, suspension, probation, or dismissal. Law enforcement may be contacted for alcohol and drug violations. If a drug or alcohol offense occurs on campus and results in a legal proceeding, the College has the right to also process the matter through the Student Conduct procedure, separately from the legal proceeding.

2. A biennial review by the institution of its alcohol and other drug prevention comprehensive program to:
 - a. Determine effectiveness and implement changes to its comprehensive alcohol and other drug prevention programs, if they are needed.
 - b. Determine effectiveness and implement changes to its comprehensive alcohol and other drug policies, if they are needed.
 - c. Ensure that its disciplinary sanctions are consistently enforced.

*For a copy of the Biennial Review, contact the Office of Student Affairs at 630-637-5151.

North Central College
30 N. Brainard Street
Naperville, IL 60540
IRS Employer Identification #:36-2169157

Abiodun Goke-Pariola
President of North Central College
Phone number: 630-637-5356
Email address: agokepariola@noctrl.edu



Signature



Date

Student Handbooks 2022-2023 & 2023-2024

2022-2023 Student Handbook Alcohol and Drug Related Policies

Alcohol Policy

North Central College recognizes that personal choices involving the use of alcohol have an impact on both the individual and the community. The College's alcohol policy, written in accordance with Illinois State law, supports the mission of the institution and its academic and student development goals.

North Central College students are subject to all Federal, State, and Local laws pertaining to alcohol. In the event prosecution occurs outside the College, violators also may be subject to the College's Student Conduct Process. Additionally, North Central College, as an educational institution, sets supplementary community standards for its members that are over and above prescribed Federal, State, and Local laws.

North Central College alcohol policies include:

- A. Public Consumption: Consumption of alcohol on College property is prohibited – regardless of age – unless it is being offered as part of an official College program or event in a specially designated location. While alcohol may be safely consumed in residence hall rooms by students and guests who are 21 years of age or over, specific rules apply (see additional policies below). Note - Tailgating: Students, regardless of age, are prohibited from tailgating at sporting events or other functions on College property unless accompanied by a parent or guardian.
- B. Of-Age Alcohol Policy: Students who are 21 years of age or over may possess or consume alcohol in residence hall rooms provided that all other individuals in a room, suite, or apartment are of legal drinking age (see note below), and the door to the room is closed. Alcohol may not be consumed in residence hall balconies, lounges or public areas within the residence hall or apartment building. Please note, any alcohol present when College policies are being violated is subject to confiscation and immediate

disposal, even if one or more of the students involved in the incident is 21 years of age or older.

1. Students of the legal age of 21 are prohibited from being present where alcohol is being consumed by individuals under the age of 21. Presence is defined as being in the room, suite, vehicle or other location proximal to the possession or use of alcohol.
2. Students who are 21 years of age or older who wish to transport alcohol on campus may do so only if the alcohol is in an unopened, sealed container(s), and covered from open view.
3. The atmosphere of a room in which there is possession and/or consumption of alcohol must not create significant noise or disturbances, and the door of this room must be closed.
4. Students who live off-campus at a local residence are expected to abide by all local laws and ordinances related to alcohol. Of-age students who host underage students at an off-campus gathering where alcohol is present may be found in violation of this policy.

C. Underage Alcohol Policy:

1. Students under the age of 21 are prohibited from possessing, distributing, or consuming alcohol.
2. Students under the age of 21 are also prohibited from being present where alcohol is being consumed, even if the individual(s) possessing or consuming the alcohol are of the legal age of 21, and are following all other guidelines. Presence is defined as being in the room, suite, vehicle, or other location proximal to the possession or use of alcohol.
3. It is expected that underage students abide by local laws and ordinances related to alcohol, whether on or off campus. If it is determined that an underage student consumed alcohol at an off-campus location, the student may be found in violation of this policy.

Note: Presence of Underage Roommates. Underage students whose roommates, apartment mates or suitemates are 21 years of age or older may be present when alcohol is possessed or consumed in the student's residence hall room, suite, or apartment. However, underage roommates are not permitted to consume alcoholic beverages themselves. If guests who are under the age of 21 are found anywhere in a room, suite, or apartment where alcohol is being consumed, all of the individuals will be subject to disciplinary action regardless of age.

Note: College Sponsored Events. Alcohol is occasionally served as part of an official College program or event in a specifically designated location (for example: Homecoming in the Residence Hall/Recreation Center). In situations like this, underage students may be present where alcohol is being consumed by of-age students or guests, but may not consume alcohol themselves.

- D. Intoxication and Behavioral Responsibility: Students who choose to consume alcohol are expected to do so responsibly. Intoxication itself is a violation of the North Central College alcohol policy. In addition, students who are highly intoxicated, in the opinion of the College staff member present at the time, will be transported to the hospital via ambulance at cost to the student.

- E. Substance Free Halls: A substance-free designation is given to any living environment where alcohol and alcohol paraphernalia are prohibited. Any room in which all residents are under the age of 21, in addition to all rooms in Geiger Hall, Seager Hall, and Rall Hall, are substance-free.

Additionally, rooms or floors in other residence halls may be designated as substance-free by the Office of Residence Life.

F. Drinking Games

1. Games that are centered around alcohol, focused on drinking large quantities of alcohol, or promote unsafe consumption are prohibited.
2. Drinking games played with non-alcoholic beverages are also prohibited.
3. Being in the presence of, or being in possession of any device or paraphernalia commonly used to play drinking games is prohibited. These devices, including beer pong supplies and “Beirut” tables, are also subject to confiscation and/or disposal.

G. Alcohol Containers and Paraphernalia:

1. Alcohol containers, regardless of the content, are prohibited in substance-free residence halls and in rooms or suites where all roommates are underage.
2. Kegs and any other containers over two gallons in capacity – whether empty or full – are prohibited anywhere on campus, and are subject to confiscation and disposal, regardless of the age of the person(s) possessing them.
3. Alcohol paraphernalia including beer bong, funnels and beer boots are not permitted on campus and are subject to confiscation and disposal.

H. Powdered Alcohol:

The consumption, possession or distribution of any powder or crystalline substance containing alcohol, as defined by state/local law, is prohibited by College policy and Illinois state law.

Drug Policy

North Central College recognizes that personal choices involving the use of drugs have an impact on both the individual and the community. The College’s drug policy, written in accordance with Federal law, is more restrictive than State law while supporting the mission of the institution and its academic and student development goals.

Federal Law prohibits the possession and/or distribution of illegal drugs. Criminal controlled substances penalties include fines, imprisonment, and, in certain cases, the seizure and forfeiture of the violator’s property. Penalties are increased for second time offenses. In addition, financial aid (particularly Federal aid) may be forfeited. North Central College students are subject to all Federal, State, and Local laws pertaining to the use, possession, and presence of illegal drugs and controlled substances. The College cooperates fully with law enforcement officials in the prosecution of cases involving illegal drugs and controlled substances.

Additionally, North Central College sets additional and more restrictive rules regarding the use and possession of legal and illegal drugs and/or controlled substances on campus than prescribed by Federal, State, and/or Local laws. Violations of these policies may also subject the involved party to disciplinary action through the College’s Student Conduct Process.

North Central College Drug Policy:

Students are prohibited from the unlawful use, possession, or distribution of any illegal drug or illegal drug paraphernalia, whether on or off campus. Students are also prohibited from being in the presence of illegal drugs or illegal drug paraphernalia. Presence is defined as being in the room, suite, vehicle, or other location proximal to the possession or use of illegal substances, activities or paraphernalia. Illegal drug and/or illegal drug paraphernalia may be subject to confiscation and/or disposal.

The North Central College drug policy covers illegal and illicit use of controlled substances, including marijuana, stimulants, depressants, hallucinogens, opiates/narcotics, inhalants, synthetic drugs, or any other intoxicating compound. The unauthorized possession or use of prescription drugs is also prohibited. If a significant quantity of drugs, or items suggesting drug distribution are found (for example: scale, small self-sealing baggies, etc.), the College may refer the case directly to the hearing panel process to consider suspension or dismissal.

Recreational and Medical Marijuana:

North Central College prohibits the possession, use, or distribution of all cannabis, cannabis products, or any substances containing THC (tetrahydrocannabinol) on campus, or at any College sponsored event or activity off campus regardless of whether such use is allowed by law. The Cannabis Regulation and Tax Act and the Compassionate Care Act, are Illinois laws that permits the recreational and medical use of marijuana, respectively, and states: "Nothing in this Act shall prevent a university, college, or other institution of post-secondary education from restricting or prohibiting the use of medical or recreational cannabis on its property." The Cannabis Regulation and Tax Act states, "Nothing in this Act shall require an individual or business entity to violate the provisions of federal law, including colleges or universities that must abide by the Drug-Free Schools and Communities Act Amendments of 1989, that require campuses to be drug free." North Central College is required to certify that it complies with the Drug-Free Schools and Communities Act (20 U.S.C. 1145g part 86 of the Drug and Alcohol Abuse Prevention Regulations). The federal government regulates drugs through the Controlled Substances Act (21 U.S.C. A 811) which classifies marijuana as a Schedule I controlled substance. Thus to comply with the Federal Drug-Free School and Communities Act, North Central College prohibits all cannabis use, possession, manufacture or distribution.

Consequences of Alcohol and Drug Violations

All incidents involving drugs and alcohol will be processed through the College's Student Conduct Process. Students found in violation of alcohol and/or drug policies may be subject to sanctions deemed appropriate by the College, such as counseling assessments, educational projects, fines, parental notification, community service, campus engagement, reprimand, restitution, residence hall removal, suspension, probation, or dismissal. Standard sanctions include:

Sample Illinois Sanctions for Violation of Alcohol Control Statutes

(See Illinois Compiled Statutes for more specific information)

It is a Class A Misdemeanor:

- A. to possess or sell alcohol if you are under 21;
- B. for any person under 21 years of age to consume alcohol;
- C. to alter, or deface an identification card; use the identification card of another; carry or use a false or forged identification card; or obtain an identification card by means of false information;

D. to sell, give, or deliver alcohol to individuals under 21 years of age.

Class A Misdemeanors are punishable with a fine of no less than \$75 and up to \$2,500 and less than one year in the county jail. Local ordinances may also be enforced.

Class A Misdemeanors are punishable with a fine of \$75 to \$2,500 and up to 1 year in the county jail. Federal statutes and penalties are separate and different than State penalties. The possession and use of certain cannabis remains a violation of Federal law.

Sample Illinois Sanctions for Violation of Drug Control Statutes

(See Illinois Compiled Statutes for more specific information regarding civil and/or criminal penalties)

Possession of Cannabis - Under 21 Years of Age

- A. It is a Civil Law Violation to possess from 0 to 9 grams of Cannabis. The civil law violation is punishable by a minimum fine of \$100 and a maximum fine of \$200.
- B. It is a Class B Misdemeanor to possess from 10 to 29 grams of Cannabis. For additional sanctions, please see below.

Possession of Cannabis – 21 Years of Age and Older

An Illinois resident (21 years old and older) may possess up to 30 grams of cannabis, 5 grams of cannabis concentrate or edibles containing up to 500 milligrams of THC. Non-residents (21 years old and older) may possess only half of these amounts.

- A. It is a Class A Misdemeanor to possess from 30 to 99 grams of Cannabis (first offense).
- B. It is a Class 4 Felony to possess from 30 to 99 grams of Cannabis (subsequent offense).
- C. It is a Class 4 Felony to possess 100 grams to 499 grams of Cannabis.
- D. It is a Class 3 Felony to possess 500 grams to 1,999 grams of Cannabis.
- E. It is a Class 2 Felony to possess 2,000 grams to 4,999 grams of Cannabis.

It is a Class 1 Felony to possess more than 5,000 grams of Cannabis.

Possession of Cocaine:

- A. It is a Class 4 Felony to possess 0-14 grams
- B. It is a Class 1 Felony to possess 15-99 grams.
- C. It is a Class 1 Felony to possess 100-399 grams.
- D. It is a Class 1 Felony to possess 400-899 grams.
- E. It is a Class 1 Felony to possess 900+grams.

Possession of Heroin/LSD:

- A. It is a Class 4 Felony to possess 0-14 grams
- B. It is a Class 1 Felony to possess 15-99 grams.
- C. It is a Class 1 Felony to possess 100-399 grams.
- D. It is a Class 1 Felony to possess 400-899 grams.
- E. It is a Class 1 Felony to possess 900+grams.

Class 4 Felony sentence may be from 1 to 3 years in a state penitentiary.

Class 3 Felony sentence may be from 2 to 5 years in a state penitentiary.

Class 2 Felony sentence may be from 3 to 7 years in a state penitentiary.

Class 1 Felony sentence may be from 4 to 15 years in a state penitentiary.

The fine for a Class 4 Felony Controlled Substance violation shall not be more than \$25,000.

The fine for a Class 1 Felony Controlled Substance violation shall not be more than \$200,000.

This is not an exhaustive list of narcotics and controlled substances that are subject to Illinois Compiled

Statutes and which may have local, state, and/or federal sentencing guidelines.

Federal Drug Possession Penalties (21 USC 844)

Persons convicted on Federal charges of possessing any controlled substance face penalties of up to 1 year in prison and a mandatory fine of no less than \$1,000 up to a maximum of \$100,000. Second convictions are punishable by not less than 15 days but not more than 2 years in prison and a minimum fine of \$2,500. Subsequent convictions are punishable by not less than 90 days but not more than 3 years in prison and a minimum fine of \$5,000. Possession of drug paraphernalia is punishable by a minimum fine of \$750.

Special sentencing provisions for possession of crack cocaine impose a mandatory prison term of not less than 5 years but not more than 20 years and a fine up to \$250,000, or both if:

- A. It is a first conviction and the amount of crack possessed exceeds 5 grams;
- B. It is a second conviction and the amount of crack possessed exceeds 3 grams;
- C. It is a third or subsequent crack conviction and the amount exceeds 1 gram.

Civil penalties of up to \$10,000 may also be imposed for possession of small amounts of controlled substances, whether or not criminal prosecution is pursued.

Medical Amnesty

The safety and wellbeing of students is of primary importance to North Central College. Each student plays an important role in creating a safe, healthy and responsible community. The College understands that the potential for disciplinary action may be a deterrent to students who might seek emergency medical assistance for themselves or others or those involved in COVID-19 associated contact tracing.

Because the College wants students to seek assistance promptly in the event of a health or safety emergency involving alcohol or drug use and for students to be fully honest when participating in COVID-19 contact tracing, a policy of medical amnesty has been adopted as part of a comprehensive approach to reduce the harmful effects of substance use and to mitigate risk of COVID-19 to the campus community.

A. If a student seeks help in a medical emergency (by calling 911 or Campus Safety at 630-637-5911), the College will not take disciplinary action for possession, consumption, or being in the presence of alcohol or drugs against:

- ☐ A student who initiates a request for medical assistance for oneself;
- ☐ A student who initiates a request for medical assistance for another student; and/or
- ☐ The student for whom medical assistance is sought.

- B. If a student discloses, during the course of COVID-19 related contact tracing, that the student has participated in activity which may violate College policy, the College will not take disciplinary action for possession, consumption, or being in the presence of alcohol or drugs, or the presence of unauthorized guests or gatherings, against:
- ☐ A COVID-19 confirmed/presumed positive student;
 - ☐ A close, physical, or proximate contact of a COVID-19 confirmed/presumed positive student.
- C. Any student(s) afforded amnesty under this policy will be required to meet with staff from the Office of Student Affairs or the Office of Residence Life for a formal review of the incident. Failure to attend this required meeting will result in the revocation of the amnesty. The outcome of this meeting may be a counseling or health assessment, or other educationally appropriate interventions.
- D. While no formal disciplinary action will be taken in cases that meet the conditions of this policy, College staff will document the incident and follow up accordingly. Repeated incidents or intentional abuse of this policy may result in parental notification and/or disciplinary action.
- E. This policy does not preclude disciplinary action regarding other behaviors prohibited in the Student Handbook and/or deemed to have considerable negative community impact, including but not limited to sexual misconduct, hazing, conduct that endangers, damage, vandalism, and the unlawful provision or distribution of alcohol or drugs.

2023-2024 Student Handbook Alcohol and Drug Related Policies

Alcohol Policy

North Central College recognizes that personal choices involving the use of alcohol have an impact on both the individual and the community. The College's alcohol policy, written in accordance with Illinois State law, supports the mission of the institution and its academic and student development goals.

North Central College students are subject to all Federal, State, and Local laws pertaining to alcohol. In the event prosecution occurs outside the College, violators also may be subject to the College's Student Conduct Process. Additionally, North Central College, as an educational institution, sets supplementary community standards for its members that are over and above prescribed Federal, State, and Local laws.

North Central College alcohol policies include:

- A. Public Consumption: Public consumption of alcohol on College property is prohibited – regardless of age – unless it is being offered as part of an official College program or event in a specially designated location. While alcohol may be safely consumed in residence hall rooms by students and guests who are 21 years of age or over, specific rules apply (see additional policies below).

Note - Tailgating: Undergraduate students, regardless of age, are prohibited from tailgating at sporting events or other functions on College property unless accompanied by a parent or guardian.

B. Of-Age Alcohol Policy: Students who are 21 years of age or over may possess or consume alcohol in residence hall rooms provided that all other individuals in a room, suite, or apartment are of legal drinking age (see note below), and the door to the room is closed. Alcohol may not be consumed in residence hall balconies, lounges or public areas within the residence hall or apartment building. Please note, any alcohol present when College policies are being violated is subject to confiscation and immediate disposal, even if one or more of the students involved in the incident is 21 years of age or older.

1. Students of the legal age of 21 are prohibited from being present where alcohol is being consumed by individuals under the age of 21. Presence is defined as being in the room, suite, vehicle or other location proximal to the possession or use of alcohol.
2. Students who are 21 years of age or older who wish to transport alcohol on campus may do so only if the alcohol is in an unopened, sealed container(s), and covered from open view.
3. The atmosphere of a room in which there is possession and/or consumption of alcohol must not create significant noise or disturbances, and the door of this room must be closed.
4. Students who live off-campus at a local residence are expected to abide by all local laws and ordinances related to alcohol. Of-age students who host underage students at an off-campus gathering where alcohol is present may be found in violation of this policy.

C. Underage Alcohol Policy:

1. Students under the age of 21 are prohibited from possessing, distributing, or consuming alcohol.
2. Students under the age of 21 are also prohibited from being present where alcohol is being consumed, even if the individual(s) possessing or consuming the alcohol are of the legal age of 21, and are following all other guidelines. Presence is defined as being in the room, suite, vehicle, or other location proximal to the possession or use of alcohol.
3. It is expected that underage students abide by local laws and ordinances related to alcohol, whether on or off campus. If it is determined that an underage student consumed alcohol at an off-campus location, the student may be found in violation of this policy.

Note: Presence of Underage Roommates. Underage students whose roommates, apartment mates or suitemates are 21 years of age or older may be present when alcohol is possessed or consumed in the student's residence hall room, suite, or apartment. However, underage roommates are not permitted to consume alcoholic beverages themselves. If guests who are under the age of 21 are found anywhere in a room, suite, or apartment where alcohol is being consumed, all of the individuals will be subject to disciplinary action regardless of age.

Note: College Sponsored Events. Alcohol is occasionally served as part of an official College program or event in a specifically designated location (for example: Homecoming in the Residence Hall/Recreation Center). In situations like this, underage students may be present where alcohol is being consumed by of-age students or guests, but may not consume alcohol themselves.

- D. Intoxication and Behavioral Responsibility: Students who choose to consume alcohol are expected to do so responsibly. Intoxication itself is a violation of the North Central College alcohol policy. In addition, students who are highly intoxicated, in the opinion of the College staff member present at the time, will be transported to the hospital via ambulance at cost to the student.
- E. Substance Free Halls: A substance-free designation is given to any living environment where alcohol and alcohol paraphernalia are prohibited. Any room in which all residents are under the age of 21, in addition to all rooms in Geiger Hall, Seager Hall, and Rall Hall, are substance-free.

Additionally, rooms or floors in other residence halls may be designated as substance-free by the Office of Residence Life.

F. Drinking Games

1. Games that are centered around alcohol, focused on drinking large quantities of alcohol, or promote unsafe consumption are prohibited.
2. Drinking games played with non-alcoholic beverages are also prohibited.
3. Being in the presence of, or being in possession of any device or paraphernalia commonly used to play drinking games is prohibited. These devices, including beer pong supplies and “Beirut” tables, are also subject to confiscation and/or disposal.

G. Alcohol Containers and Paraphernalia:

1. Alcohol containers, regardless of the content, are prohibited in substance-free residence halls and in rooms or suites where all roommates are underage.
2. Kegs and any other containers over two gallons in capacity – whether empty or full – are prohibited anywhere on campus, and are subject to confiscation and disposal, regardless of the age of the person(s) possessing them.
3. Alcohol paraphernalia including beer bong, funnels and beer boots are not permitted on campus and are subject to confiscation and disposal.

H. Powdered Alcohol:

The consumption, possession or distribution of any powder or crystalline substance containing alcohol, as defined by state/local law, is prohibited by College policy and Illinois state law.

Drug Policy

North Central College recognizes that personal choices involving the use of drugs have an impact on both the individual and the community. The College's drug policy, written in accordance with Federal law, is more restrictive than State law while supporting the mission of the institution and its academic and student development goals.

Federal Law prohibits the possession and/or distribution of illegal drugs. Criminal controlled substances penalties include fines, imprisonment, and, in certain cases, the seizure and forfeiture of the violator's property. Penalties are increased for second time offenses. In addition, financial aid (particularly Federal aid) may be forfeited. North Central College students are subject to all Federal, State, and Local laws pertaining to the use, possession, and presence of illegal drugs and controlled substances. The College cooperates fully with law enforcement officials in the prosecution of cases involving illegal drugs and controlled substances.

Additionally, North Central College sets additional and more restrictive rules regarding the use and possession of legal and illegal drugs and/or controlled substances on campus than prescribed by Federal, State, and/or Local laws. Violations of these policies may also subject the involved party to disciplinary action through the College's Student Conduct Process.

North Central College Drug Policy:

Students are prohibited from the unlawful use, possession, or distribution of any illegal drug or illegal drug paraphernalia, whether on or off campus. Students are also prohibited from being in the presence of illegal drugs or illegal drug paraphernalia. Presence is defined as being in the room, suite, vehicle, or other location proximal to the possession or use of illegal substances, activities or paraphernalia. Illegal drug and/or illegal drug paraphernalia may be subject to confiscation and/or disposal.

The North Central College drug policy covers illegal and illicit use of controlled substances, including marijuana, stimulants, depressants, hallucinogens, opiates/narcotics, inhalants, synthetic drugs, or any other intoxicating compound. The unauthorized possession or use of prescription drugs is also prohibited. If a significant quantity of drugs, or items suggesting drug distribution are found (for example: scale, small self-sealing baggies, etc.), the College may refer the case directly to the hearing panel process to consider suspension or dismissal.

Recreational and Medical Marijuana:

North Central College prohibits the possession, use, or distribution of all cannabis, cannabis products, or any substances containing THC (tetrahydrocannabinol) on campus, or at any College sponsored event or activity off campus regardless of whether such use is allowed by law. The Cannabis Regulation and Tax Act and the Compassionate Care Act, are Illinois laws that permits the recreational and medical use of marijuana, respectively, and states: "Nothing in this Act shall prevent a university, college, or other institution of post-secondary education from restricting or prohibiting the use of medical or recreational cannabis on its property." The Cannabis Regulation and Tax Act states, "Nothing in this Act shall require an individual or business entity to violate the provisions of federal law, including colleges or universities that must abide by the Drug-Free Schools and Communities Act Amendments of 1989, that require campuses to be drug free." North Central College is required to certify that it complies with the Drug-Free Schools and Communities Act (20 U.S.C. 1145g part 86 of the Drug and Alcohol Abuse Prevention Regulations). The federal government regulates drugs through the Controlled Substances Act (21 U.S.C. A 811) which classifies marijuana as a Schedule I controlled substance. Thus, to comply with the Federal Drug-Free School and Communities Act, North Central College prohibits all cannabis use, possession, manufacture or distribution.

Consequences of Alcohol and Drug Violations

All incidents involving drugs and alcohol will be processed through the College's Student Conduct Process. Students found in violation of alcohol and/or drug policies may be subject to sanctions deemed appropriate by the College, such as counseling assessments, educational projects, fines, parental notification, community service, campus engagement, reprimand, restitution, residence hall removal, suspension, probation, or dismissal. Standard sanctions include:

Sample Illinois Sanctions for Violation of Alcohol Control Statutes

(See Illinois Compiled Statutes for more specific information)

It is a Class A Misdemeanor:

- A. to possess or sell alcohol if you are under 21;
- B. for any person under 21 years of age to consume alcohol;
- C. to alter, or deface an identification card; use the identification card of another; carry or use a false or forged identification card; or obtain an identification card by means of false information;
- D. to sell, give, or deliver alcohol to individuals under 21 years of age.

Class A Misdemeanors are punishable with a fine of no less than \$75 and up to \$2,500 and less than one year in the county jail. Local ordinances may also be enforced.

Class A Misdemeanors are punishable with a fine of \$75 to \$2,500 and up to 1 year in the county jail. Federal statutes and penalties are separate and different than State penalties. The possession and use of certain cannabis remains a violation of Federal law.

Sample Illinois Sanctions for Violation of Drug Control Statutes

(See Illinois Compiled Statutes for more specific information regarding civil and/or criminal penalties)

Possession of Cannabis - Under 21 Years of Age

- A. It is a Civil Law Violation to possess from 0 to 9 grams of Cannabis. The civil law violation is punishable by a minimum fine of \$100 and a maximum fine of \$200.
- B. It is a Class B Misdemeanor to possess from 10 to 29 grams of Cannabis. For additional sanctions, please see below.

Possession of Cannabis – 21 Years of Age and Older

An Illinois resident (21 years old and older) may possess up to 30 grams of cannabis, 5 grams of cannabis concentrate or edibles containing up to 500 milligrams of THC. Non-residents (21 years old and older) may possess only half of these amounts.

- A. It is a Class A Misdemeanor to possess from 30 to 99 grams of Cannabis (first offense).
- B. It is a Class 4 Felony to possess from 30 to 99 grams of Cannabis (subsequent offense).
- C. It is a Class 4 Felony to possess 100 grams to 499 grams of Cannabis.
- D. It is a Class 3 Felony to possess 500 grams to 1,999 grams of Cannabis.
- E. It is a Class 2 Felony to possess 2,000 grams to 4,999 grams of Cannabis.

It is a Class 1 Felony to possess more than 5,000 grams of Cannabis.

Possession of Cocaine:

- A. It is a Class 4 Felony to possess 0-14 grams
- B. It is a Class 1 Felony to possess 15-99 grams.
- C. It is a Class 1 Felony to possess 100-399 grams.
- D. It is a Class 1 Felony to possess 400-899 grams.
- E. It is a Class 1 Felony to possess 900+grams.

Possession of Heroin/LSD:

- A. It is a Class 4 Felony to possess 0-14 grams
- B. It is a Class 1 Felony to possess 15-99 grams.
- C. It is a Class 1 Felony to possess 100-399 grams.
- D. It is a Class 1 Felony to possess 400-899 grams.
- E. It is a Class 1 Felony to possess 900+grams.

Class 4 Felony sentence may be from 1 to 3 years in a state penitentiary.

Class 3 Felony sentence may be from 2 to 5 years in a state penitentiary.

Class 2 Felony sentence may be from 3 to 7 years in a state penitentiary.

Class 1 Felony sentence may be from 4 to 15 years in a state penitentiary.

The fine for a Class 4 Felony Controlled Substance violation shall not be more than \$25,000.

The fine for a Class 1 Felony Controlled Substance violation shall not be more than \$200,000.

This is not an exhaustive list of narcotics and controlled substances that are subject to Illinois Compiled Statutes and which may have local, state, and/or federal sentencing guidelines.

Federal Drug Possession Penalties (21 USC 844)

Persons convicted on Federal charges of possessing any controlled substance face penalties of up to 1 year in prison and a mandatory fine of no less than \$1,000 up to a maximum of \$100,000. Second convictions are punishable by not less than 15 days but not more than 2 years in prison and a minimum fine of \$2,500. Subsequent convictions are punishable by not less than 90 days but not more than 3 years in prison and a minimum fine of \$5,000. Possession of drug paraphernalia is punishable by a minimum fine of \$750.

Special sentencing provisions for possession of crack cocaine impose a mandatory prison term of not less than 5 years but not more than 20 years and a fine up to \$250,000, or both if:

- A. It is a first conviction and the amount of crack possessed exceeds 5 grams;
- B. It is a second conviction and the amount of crack possessed exceeds 3 grams;
- C. It is a third or subsequent crack conviction and the amount exceeds 1 gram.

Civil penalties of up to \$10,000 may also be imposed for possession of small amounts of controlled substances, whether or not criminal prosecution is pursued.

Medical Amnesty

The safety and wellbeing of students is of primary importance to North Central College. Each student plays an important role in creating a safe, healthy and responsible community. The College understands that the potential for disciplinary action may be a deterrent to students who might seek emergency medical assistance for themselves or others.

Because the College wants students to seek assistance promptly in the event of a health or safety emergency involving alcohol or drug use, a policy of medical amnesty has been adopted as part of a comprehensive approach to reduce the harmful effects of substance use.

- A. If a student seeks help in a medical emergency (by calling 911 or Campus Safety at 630-637- 5911), the College will not take disciplinary action for possession, consumption, or being in the presence of alcohol or drugs against:
- A student who initiates a request for medical assistance for oneself;
 - A student who initiates a request for medical assistance for another student; and/or
 - The student for whom medical assistance is sought.
- B. Any student(s) afforded amnesty under this policy will be required to meet with staff from the Office of Student Affairs or the Office of Residence Life for a formal review of the incident. Failure to attend this required meeting will result in the revocation of the amnesty. The outcome of this meeting may be a counseling or health assessment, or other educationally appropriate interventions.
- C. While no formal disciplinary action will be taken in cases that meet the conditions of this policy, College staff will document the incident and follow up accordingly. Repeated incidents or intentional abuse of this policy may result in parental notification and/or disciplinary action.
- D. This policy does not preclude disciplinary action regarding other behaviors prohibited in the Student Handbook and/or deemed to have considerable negative community impact, including but not limited to sexual misconduct, hazing, conduct that endangers, damage, vandalism, and the unlawful provision or distribution of alcohol or drugs

Student-Athlete Conduct Disciplinary Policy Academic Year 2023-24

Purpose: Our Student-Athlete Conduct Policy outlines the expectations and standards of behavior for student athletes participating in the athletic programs of North Central College. Possessing an understanding of these conduct policies while agreeing to adhere to them is critical to the development of responsible and well-rounded student-athletes and teams. When necessary, disciplinary actions are warranted to ensure these standards are met and the campus community is a safe, inclusive, and positive environment.

Disciplinary Actions: Student-athletes who are found in violation of the Student-Athlete Conduct Policy may have a variety of consequences due to the findings.

Verbal Warning: A student-athlete may receive a verbal warning for first-time or minor infractions. The student-athlete will be reminded of the policy and expected behavior. This will be issued by the coach and/or athletic administrator. The meeting will be documented for future reference.

Probation: In cases of repeated minor violations or certain first-time major infractions, the student-athlete may be placed on probation. During this period, the athlete will be closely monitored, and any further violations may result in additional/more severe consequences.

Suspension from Athletic Activities: For serious violations of the conduct policy or repeated offenses, a student-athlete may be suspended from participating in athletic activities for a specified period. During the suspension, the athlete will be ineligible to compete, practice, or represent the college.

Loss of Playing Time: For certain misconduct that occurs during the course of a game or event, the student athlete may face the loss of playing time or exclusion from future games as a consequence.

Mandatory Counseling or Education: In some cases, student-athletes may be required to attend counseling sessions or educational programs related to the violation to address the behavior and promote personal growth.

Community Service: There may be times when student-athletes may be required to engage in community service activities to give back to the college or local community.

Temporary or Permanent Dismissal: For severe or repeated violations, the student-athlete may face temporary or permanent dismissal from the athletic program or the college. This decision will be made by the coaching staff, athletic administrators, and college officials after careful review of the circumstances.

Reporting to the CCIW, NCAA, and Other Authorities: In cases of significant violations of NCAA rules or the law, the student-athlete may be reported to the NCAA and other appropriate authorities for further investigation and potential consequences.

Summary: It is essential to note that the severity of the disciplinary consequences will be determined based on the nature of the violation, its impact on the team and university, and the student-athlete's disciplinary history. The purpose of these consequences is to foster a culture of accountability, responsibility, and integrity within the athletic program while ensuring the well-being and development of the student-athletes.

Human Resources Handbook 2022-2023 & 2023-2024

SUBJECT: DRUG FREE WORKPLACE

POLICY NUMBER: I.15

DATE ISSUED: July 1, 1989

APPLICABILITY: Non-exempt Staff, Non-academic Administrative and Supervisory Personnel, Faculty

I. GENERAL POLICY AND PURPOSE

To maintain a drug free workplace on campus in accordance with the Drug Free Workplace Act of 1988.

II. APPLICATION

This policy applies to all employees of North Central College.

III. THE LAW AND POLICY

The unlawful manufacture, distribution, dispensing, possession or use of a controlled substance is prohibited on any property or in any North Central College workplace.

All employees shall abide by this law as a condition of employment. In the event that an employee is convicted of any criminal drug statute violation occurring in the workplace, the employee will notify the Office of Human Resources within 5 days of such conviction. Such report will be held in confidence, except that within 10 days after receiving such notice, or otherwise receiving actual notice of such a conviction, the Office of Human Resources may be required by law to notify the U.S. Department of Education and/or other appropriate agencies of the conviction as prescribed by the Drug Free Workplace Act of 1988.

IV. SANCTIONS

Violation of this policy will be dealt with in any one or more of the following ways:

1. Disciplinary action as described in Policy Number II.4.
2. Termination of Employment as described in Policy Number II.5.
3. Requirement of the employee to participate satisfactorily in a drug abuse assistance or rehabilitation program approved for such purposes by a federal, state or local health, law enforcement or other appropriate agency.

SUBJECT: ALCOHOL ON CAMPUS

POLICY NUMBER: I.15b

DATE ISSUED: October 1, 2020

APPLICABILITY: Non-exempt Staff, Non-academic Administrative and Supervisory Personnel, Faculty

I. GENERAL POLICY AND PURPOSE

The purpose of this policy is to set forth the College's commitment to providing a workplace and educational environment which seeks to enhance the quality of life for all members of the College community and society

II. APPLICATION

This policy applies to all employees of North Central College.

III. POLICY STATEMENT

North Central College policy prohibits the consumption of alcoholic beverages on college owned property unless sanctioned by the President, Provost and Vice President for Academic Affairs, or other member of cabinet. The President has delegated approval authority for the sale of alcoholic beverages to the Vice President for Institutional Advancement during any campus event. Current city ordinances and state law prohibit the possession, consumption or distribution of any alcoholic beverages by any individual under the age of 21. Therefore, employees under the age of 21 are prohibited by municipal ordinance, by state law and by the College regulation from possessing, distributing or consuming any alcoholic beverages under any circumstances at any College-sponsored activity.

The College does not condone the violation of law concerning the use of alcoholic beverages nor does it condone the use of alcoholic beverages under any circumstances when such use impairs personal health, work performance, academic achievement or the best interest of the North Central College community.

It is emphasized that when alcoholic beverages are used at all, they should be used in moderation and that the conduct of employees on the North Central College campus shall at no time be disorderly or otherwise offensive due to immoderate use of alcohol or for any other reason.

IV. SANCTIONS

Violation of this policy will be dealt with in any one or more of the following ways:

1. Disciplinary action as described in Policy Number II.4.
2. Termination of Employment as described in Policy Number II.5.
3. Requirement of the employee to participate satisfactorily in an alcohol abuse assistance or rehabilitation program approved for such purposes by a federal, state or local health, law enforcement or other appropriate agency.

For immediate aid without being subject to disciplinary sanctions, employees experiencing difficulties with alcohol or drug use may contact the Office of Human Resources for assistance in seeking professional help and/or counseling.

I.15 DRUG FREE WORKPLACE

DATE REVISED: November 1, 2024

APPLICABILITY: Non-exempt Staff, Non-academic Administrative and Supervisory Personnel, Faculty

I. GENERAL POLICY AND PURPOSE

The purpose of this policy is to set forth the College's commitment to providing a drug-free workplace. Consistent with this commitment and the requirements of the Drug-Free Workplace Act of 1988 and the Drug-Free School and Communities Act of 1989, North Central College will comply with applicable federal and state laws pertaining to establishing and maintaining a drug-free workplace.

II. APPLICATION

This policy applies to all employees of North Central College.

III. POLICY STATEMENT

It is the policy of North Central College to maintain a drug-free workplace. Faculty, staff, volunteers, and students are prohibited from engaging the unlawful manufacture, distribution, dispensation, possession, and/or use of a controlled substance, as well as the possession, use, or distribution of all cannabis, cannabis products, or any substances containing THC (tetrahydrocannabinol) on any North Central College property or workplace. All employees shall abide by this policy as a condition of employment. If an employee is convicted of any criminal drug statute violation in the workplace, the employee will notify the Office of Human Resources within 5 days of such conviction. Such report will be held in confidence, except that within 10 days after receiving such notice, or otherwise receiving actual notice of such a conviction, the Office of Human Resources may be required by law to notify the U.S. Department of Education and/or other appropriate agencies of the conviction as prescribed by the Drug-Free Workplace Act of 1988 and the School Reporting of Drug Violations Act.

IV. HEALTH RISK OF COMMONLY ABUSED SUBSTANCES

To access a description of the health risks associated with the use of illicit drugs and the abuse of alcohol access the link below:

[DRUGS OF ABUSE: A DEA RESOURCE GUIDE](#)

V. SANCTIONS

The College will take appropriate action against any employee who violates this policy. Such action may include the requirement of satisfactory participation in a drug abuse assistance or rehabilitation program and/or disciplinary action up to and including termination of employment.

For immediate aid without being subject to disciplinary sanctions, employees experiencing difficulties with alcohol or drug use may contact the Office of Human Resources for assistance in seeking professional help and/or counseling.

Mandatory New Student Online Trainings and Health & Safety

Vector Course List for AOD Biennial Review for 2023SP, 2023FA, 2024SP, 2024FA



Alcohol and Other Drugs

Full Course

Mandatory Training



CannabisEDU

Full Course

Mandatory Training



Sexual Violence Prevention for Undergraduate Students (Primary)

Full Course

Mandatory Training



Sexual Violence Prevention for Graduate Students (Primary)

Full Course

Mandatory Training



Title IX Essentials for International Students

Full Course

Mandatory Training

Fall 2023 Semester Health & Safety Requirements

Subject: IMPORTANT: Health & Safety Requirements for All New Students

On behalf of the Office of Student Affairs, welcome to North Central College!

Our Cardinal community is committed to helping you exceed your personal best—in the classroom, in your career and in life. As you begin your transition to North Central, we ask you to review and respond to a series of important health and safety requirements. It is expected that all incoming students complete these requirements prior to their first day of classes. Not doing so may result in a **hold on your account—restricting your ability to edit your class schedule or register for future courses**. We encourage you to allow enough time to complete these requirements prior to the start of classes.

These requirements can be accessed and completed through **The Hub**, the College's internal website. You will need your North Central username and password to log in to The Hub. Shared below are brief descriptions of these requirements.

Immunization, TB Screening Compliance & Documentation

Illinois State Law mandates that all students, born after 1956, entering a post-secondary institution, provide proof of required immunizations.

Health & Safety Online Requirements

Under the requirement of the Violence Against Women Reauthorization Act of 2013, all colleges and universities that participate in federal student aid programs must provide prevention education related to sexual assault, dating/domestic violence and stalking. Additionally, under the requirements of the federal Drug-Free Schools and Campuses Act, all students must receive alcohol and other drug prevention information annually. We are committed to creating a healthy, inclusive and welcoming campus environment. As part of this commitment, all students are required to complete online modules that cover a variety of topics including mental well-being, unconscious bias and avoiding stereotypes and microaggressions.

These requirements must be completed between April 1st and the first day of classes for the semester.

We also encourage you to familiarize yourself with the College's non-discrimination policy which can be found at www.northcentralcollege.edu/transparency/title-ix-sexual-misconduct

While completing these online education programs is required, our goal as a College goes far beyond compliance. As a new student, you are joining a community that does not tolerate interpersonal violence of any kind, promotes inclusion and supports the health and wellbeing of all students. We look forward to your support and personal contributions toward maintaining a safe and healthy community.

Sincerely,



Steve Weaver
Dean of Students



2023 Spring Semester Health & Safety Requirements

Subject: IMPORTANT: Requirements for All New Students

On behalf of the Office of Student Affairs, welcome to North Central College!

Our Cardinal community is committed to helping you exceed your personal best—in the classroom, in your career and in life. As you begin your transition to North Central, I ask you to review and respond to a series of important health and safety requirements. It is expected that all incoming students complete these health and safety requirements prior to their first day of classes. Neglecting to do so may result in a **hold on your account—thus restricting your ability to edit your class schedule or register for future courses.** I encourage you to allow enough time to complete these requirements prior to the start of classes.

To complete these requirements, please visit [The Hub](#). You will need your North Central username and password to access and complete the programs. Shared below are brief descriptions of these requirements.

Immunization, TB Screening Compliance & Documentation

Illinois State Law mandates that all students entering a post-secondary institution, born after 1956 provide proof of required immunizations.

Violence Prevention Education, Alcohol & Cannabis Awareness

Under the requirement of the Violence Against Women Reauthorization Act of 2013, all colleges and universities that participate in federal student aid programs must provide prevention education related to sexual assault, dating/domestic violence and stalking. Under the requirements of the federal Drug-Free Schools and Campuses Act, all students must receive alcohol and other drug prevention information annually.

Diversity, Equity and Inclusion Awareness Education

We are committed to creating an inclusive and welcoming campus environment. As part of this commitment, all students are required to complete the *Personal Skills for a Diverse Campus* course. This online module covers a variety of topics including unconscious bias and avoiding stereotypes and microaggressions.

These requirements need to be completed sometime between October 1st and the first day of classes for the semester.

The College's non-discrimination policy is located on our website at <https://www.northcentralcollege.edu/transparency/title-ix-sexual-misconduct>

While completing these online education programs is required, our goal as a College goes far beyond compliance. As a new student, you are joining a community that does not tolerate interpersonal violence of any kind, promotes inclusion and supports the health of our students. We look forward to your support and personal contributions in maintaining a safe and healthy community.

Sincerely,



Steve Weaver
Dean of Students



Dorothy Pleas
Associate Dean of Students
For Multicultural Affairs



**NORTH CENTRAL
COLLEGE 1861**

2024 Spring Semester Health & Safety Requirements

Subject: IMPORTANT: Health & Safety Requirements for All New Students

Don't forget to complete all the Health & Safety Requirements for new students BEFORE the first day of classes for the semester. These requirements can be accessed and completed through The Hub, the College's internal website. You will need your North Central username and password to log in to The Hub. Shared below are brief descriptions of these requirements.

Our Cardinal community is committed to helping you exceed your personal best—in the classroom, in your career and in life. As you begin your transition to North Central, we ask you to review and respond to a series of important health and safety requirements. It is expected that all incoming students complete these requirements prior to their first day of classes. Not doing so may result in a [hold on your account—restricting your ability to edit your class schedule or register for future courses](#). We encourage you to allow enough time to complete these requirements prior to the start of classes.

Immunization, TB Screening Compliance & Documentation

Illinois State Law mandates that all students, born after 1956, entering a post-secondary institution, provide proof of required immunizations.

Health & Safety Online Requirements

Under the requirement of the Violence Against Women Reauthorization Act of 2013, all colleges and universities that participate in federal student aid programs must provide prevention education related to sexual assault, dating/domestic violence and stalking. Additionally, under the requirements of the federal Drug-Free Schools and Campuses Act, all students must receive alcohol and other drug prevention information annually. We are committed to creating a healthy, inclusive and welcoming campus environment. As part of this commitment, all students are required to complete online modules that cover a variety of topics including mental well-being, unconscious bias and avoiding stereotypes and microaggressions.

[These requirements must be completed before the first day of classes for the semester.](#)

We also encourage you to familiarize yourself with the College's non-discrimination policy which can be found at www.northcentralcollege.edu/transparency/title-ix-sexual-misconduct

While completing these online education programs is required, our goal as a College goes far beyond compliance. As a new student, you are joining a community that does not tolerate interpersonal violence of any kind, promotes inclusion and supports the health and wellbeing of all students. We look forward to your support and personal contributions toward maintaining a safe and healthy community.

Sincerely,



Steve Weaver
Dean of Students



2024 Fall Semester Health & Safety Requirements

SUBJECT: IMPORTANT: Requirements for All New Students

On behalf of the Division of Student Affairs and Athletics, welcome to North Central College!

Our Cardinal community is committed to helping you succeed—in the classroom, in your career and in life. As you begin your transition to North Central, we ask you to review and respond to a series of important health and safety requirements. It is expected that all incoming students complete these requirements prior to their first day of classes. Not doing so may result in a [hold on your account—restricting your ability to edit your class schedule or register for future courses](#). We encourage you to allow enough time to complete these requirements prior to the start of classes.

These requirements can be accessed and completed through the Orientation course found in [Canvas](#). You will need your North Central username and password to log in to Canvas. Click on Modules to find the New Student Checklist. Shared below are brief descriptions of these requirements.

Immunization, TB Screening Compliance & Documentation

Illinois State Law mandates that all students, born after 1956, entering a post-secondary institution, provide proof of required immunizations.

Vector Health & Safety Online Requirements

Under the requirement of the Violence Against Women Reauthorization Act of 2013, all colleges and universities that participate in federal student aid programs must provide prevention education related to sexual assault, dating/domestic violence and stalking. Additionally, under the requirements of the federal Drug-Free Schools and Campuses Act, all students must receive alcohol and other drug prevention information annually. We are committed to creating a healthy, inclusive and welcoming campus environment. As part of this commitment, all students are required to complete online modules that cover a variety of topics including mental well-being, unconscious bias and avoiding stereotypes and microaggressions.

[These requirements must be completed between April 1st and the first day of classes for the semester.](#)

We also encourage you to familiarize yourself with the College's non-discrimination policy which can be found at www.northcentralcollege.edu/transparency/title-ix-sexual-misconduct

While completing these online education programs is required, our goal as a College goes far beyond compliance. As a new student, you are joining a community that does not tolerate interpersonal violence of any kind, promotes inclusion and supports the health and wellbeing of all students. We look forward to your support and personal contributions toward maintaining a safe and healthy community.

Sincerely,



Steve Weaver
Dean of Students





New Student Health and Safety Requirement

From Date: **01/01/2021** To Date: **10/19/2022** Members: **Active as of From Date**









Click on the individual items below to see more detail.

Role	Location	Course	Due Date	# Completed	# Not Completed	% Compliant
North Central College Students Health and Safety	2020SU	 Alcohol and Other Drugs (Mandatory Training)	2020-09-08	22	1	95.65%
North Central College Students Health and Safety	2020FA	 Alcohol and Other Drugs (Mandatory Training)	2020-09-08	790	111	87.68%
North Central College Students Health and Safety	2020SU	 Cannabis: What You Should Know (Mandatory Training)	2020-09-08	21	2	91.30%
North Central College Students Health and Safety	2020FA	 Cannabis: What You Should Know (Mandatory Training)	2020-09-08	800	101	88.79%









Feedback Received:

Emily Popp (1356638) says this about Cannabis: What You Should Know: 2022-08-22 22:32:53
The question about which is NOT a myth is worded extremely unclear and needs reconsideration





Employee Online Training: Alcohol and Drug Free (Prevention) Workplace – Annual and upon hire

Content Title	Content Type	Status	Date Added	Duration	Actions
Drug-Free Workplace for Managers	 Training Module	Published	08/22/2023	25 minutes	  
Drug-Free Workplace for Employees	 Training Module	Published	08/22/2023	25 minutes	  






















Illinois Sexual Harassment – Annual and upon hire

Content Title	Content Type	Status	Date Added	Duration	Actions
Illinois Sexual Harassment Prevention for Managers	 Training Module	Published	09/12/2023	65 minutes	  
Illinois Sexual Harassment Prevention for Employees	 Training Module	Published	09/12/2023	65 minutes	  

Illinois – Mandated Reporter - Annual and upon hire

Content Title	Content Type	Status	Date Added	Duration	Actions
Mandated Reporter	 Training Module	Published	09/11/2023	15 minutes	  

Title IX – Annual and upon hire

Content Title	Content Type	Status	Date Added	Duration	Actions
Title IX for Higher Education (Part 2): Types of Misconduct	 Training Module	Published	12/02/2024	10 minutes	  
Title IX for Higher Education (Part 3): Reporting and Response Guidance	 Training Module	Published	12/02/2024	9 minutes	  
Title IX for Higher Education (Part 1): Overview	 Training Module	Published	10/07/2024	10 minutes	  
Title IX for Higher Education: Reporting and Response	 Training Module	Published	09/11/2023	14 minutes	  
Title IX for Higher Education: Recognizing Misconduct	 Training Module	Published	09/11/2023	11 minutes	  
Title IX for Higher Education: Requirements and Responsibilities	 Training Module	Published	09/11/2023	8 minutes	